

2020 · Year of Saint Joseph · 2021

Plenary Indulgences

A plenary indulgence (the remission of temporal punishment due to sin) is granted to the faithful who, with a spirit detached from any sin, fulfill the usual conditions of sacramental confession, Eucharistic Communion, and prayer for the Pope's intentions and who, during the Year of Saint Joseph...

- † Meditate for at least 30 minutes on the Lord's Prayer, or take part in a Spiritual Retreat of at least one day that includes a meditation on St. Joseph.
- † Following St. Joseph's example, perform a spiritual work of mercy or corporal work of mercy.
- † Recite the Holy Rosary as a family or as an engaged couple.
- † Entrust your daily activity to the protection of St. Joseph and invoke the intercession of St. Joseph so that those seeking work can find dignifying work.
- † Recite the Litany to St. Joseph for the persecuted Church *ad intra* and *ad extra* and for the relief of all Christians suffering all forms of persecution.
- † Recite any legitimately approved prayer or act of piety in honor of St. Joseph on the Feast of the Holy Family, on March 19th, on May 1st, on the 19th of each month and every Wednesday.

For the Sick, Hospitalized, and Homebound

Amid the ongoing Covid-19 health crisis, the gift of the plenary indulgence is also extended to the sick, the elderly, the dying and all those who for legitimate reasons are unable to leave their homes. They too can obtain the plenary indulgences if they are detached from any sin and have the intention of fulfilling, as soon as possible, the three usual conditions and recite an act of piety in honor of St. Joseph, offering to God the pains and hardships of their lives.

Litany of Saint Joseph

Lord, have mercy	R/. Lord, have mercy.
Christ, have mercy	R/. Christ, have mercy.
Lord, have mercy	R/. Lord, have mercy.

God our Father in heaven	R/. Have mercy on us.
God the Son, Redeemer of the world	

	R/. Have mercy on us.
God the Holy Spirit	R/. Have mercy on us.
Holy Trinity, one God	R/. Have mercy on us.

Holy Mary	R/. Pray for us.
Saint Joseph	R/. Pray for us.
Noble son of the House of David	R/. Pray for us.
Light of patriarchs	R/. Pray for us.
Husband of the Mother of God	R/. Pray for us.
Guardian of the Virgin	R/. Pray for us.
Foster father of the Son of God	R/. Pray for us.
Faithful guardian of Christ	R/. Pray for us.
Head of the holy family	R/. Pray for us.
Joseph, chaste and just	R/. Pray for us.
Joseph, prudent and brave	R/. Pray for us.
Joseph, obedient and loyal	R/. Pray for us.
Pattern of patience	R/. Pray for us.
Lover of poverty	R/. Pray for us.
Model of workers	R/. Pray for us.
Example to parents	R/. Pray for us.
Guardian of virgins	R/. Pray for us.
Pillar of family life	R/. Pray for us.
Comfort of the troubled	R/. Pray for us.
Hope of the sick	R/. Pray for us.
Patron of the dying	R/. Pray for us.
Terror of evil spirits	R/. Pray for us.
Protector of the Church	R/. Pray for us.

Lamb of God, you take away the sins of the world
R/. Spare us O Lord.

Lamb of God, you take away the sins of the world
R/. Hear us O Lord.

Lamb of God, you take away the sins of the world
R/. Have mercy on us.

Let us pray. God, in your infinite wisdom and love you chose Joseph to be the husband of Mary, the mother of your Son. May we have the help of his prayers in heaven and enjoy his protection on earth. We ask this through Christ our Lord. Amen.

For more ways to observe the Year of Saint Joseph, including prayers, devotions, and additional resources, visit www.arlingtondiocese.org/YearofStJoseph.