



SOCCER CAMP

LOCATION:

4651 25th St N, Arlington, VA 22207

QUESTIONS?

www.kharystocktonacademy.org info@kharystocktonacademy.org | 703-662-1506

REGISTER ONLINE AT: WWW.KHARYSTOCKTONACADEMY.ORG

CAMP INFORMATION

Age group: 4yrs-14yrs

HALF DAY- MORNING

Time: 9am to 2pm

9:00-9:45 Group Warm-Up w/o Ball Group Conditioning Exercises 9:45-11:00 Skills Circuit: (Dribbling, Shooting, Passing, Receiving) 11:00- 12 Noon Large Group Soccer Games. Noon -Half-Day Campers Are Dismissed. Noon-1:15 Lunch, Fun Games and Movies.

HALF DAY- AFTERNOON

Time: 1pm to 4pm 1:15-2:15 Tactical theme 2:15-4:00 Small-Sided Soccer Games.

WHAT TO WEAR:

Athletic Clothing: soccer cleats, flat-soled shoes

WHAT TO BRING:

snacks, lunch, soccer ball

SOCCER BALL TO BRING:

8 yrs & under: size 3 9 yrs -12 yrs: size 4 13yrs-14yrs: size 5

CAMP FEES & DATES

Fee: \$275

Before and After care additional fees

On each day, camp schedule is same. Camp includes indoor swimming every day at Marymount University. Camp will be divided into a Morning and afternoon section where you can join any or all of the Time for each day is same as above. Schedule subject to changes. Before and after care for each day is available and can be choosen as per requirements.

DATES

March 23-27 April 6-10

April 13-17 June 8-12

June 15-19

June 22-26

June 29-July 3

July 6-10

July 13-17

July 20-24

July 27-31

August 3-7 August 10-14

August 17-21 August 24-28