



Special Religious Development (SPRED) is a program designed to support and serve children and adults with developmental disabilities and will be offered again at Holy Spirit Parish for the

1. We have need for catechists to work one-on- one with our “friends with disabilities.” In addition to meeting for the 12 Saturday integrated sessions a year, the catechists also meet the prior Monday or Tuesday evening for about one hour. No experience is required to be a catechist.

2. We have one age group, adults 22 and over, and have been at Holy spirit for 30 plus years. Persons with Down Syndrome, Autism, and Learning Disabilities are welcome to join this group! The ability to read is not a requirement as all projects and activities are designed to meet the needs of our “friends” at various levels of achievement. The program meets for 12 sessions on Saturday mornings throughout the

If you are interested working with our “friends” as a catechist or would like to enroll a friend or relative in our adult SPRED group please contact Dick Cecka at (rcecka@aol.com) or 703-978-8435. Thank you