



# Choose Life

October is Respect Life Month!  
Celebrate the gift of life today and every day.

*"I call heaven and earth to witness against you this day, that I have set before you life and death, blessing and curse; therefore choose life, that you and your descendants may live."*

— DEUTERONOMY 30:19

1. **DONATE** to help moms and unborn children in need.
2. **REMEMBER** our veterans and military personnel.
3. **SUPPORT** those who are disabled.
4. **CARE** for those who are sick, needy, and older than you.
5. **LEARN** more about Catholic moral and social teaching in the *Catechism of the Catholic Church*.



*Jesus, said, "I came that they may have life, and have it abundantly. I am the good shepherd. The good shepherd lays down his life for the sheep."*

— JOHN 10:10-11

For more information, contact  
the Respect Life group:  
[respectlife@holyspiritchurch.us](mailto:respectlife@holyspiritchurch.us)