



*"All things in this world are gifts of God, created for us, to be the means by which we can come to know him better, love him more surely and serve him more faithfully." St. Ignatius of Loyola*

### **INVITATION - Holy Spirit Men's Lenten Retreat at Loyola on the Potomac - March 3-5**

#### **What:**

- The Ignatian guided retreat begins on Friday evening with a crab cake dinner and concludes with a celebration of Mass at noon. Eucharistic Adoration and Confession offered.
- The retreat is a time to come away from our ordinary activities, to rest, pray, and invite the Lord to renew our spirits. It is an opportunity to gain perspective and to find new meaning for our lives.

#### **What do retreatants say?**

- *"I have been coming to Loyola retreats for most of the last 29 years. It has been an incredible blessing for my spiritual and personal life. Two of my sons have also attended with me. I wish more people could experience the peace of these retreats."*
- *"The content of this retreat was perfectly targeted and divided into digestible chunks that allowed me to "use" it, explore it, and consider it during my personal prayer time. The facilitators were excellent and I appreciated their self-disclosure making them human, but also very knowledgeable of the material they were presenting."*

**When/Where:** This year's retreat will take place March 3th-5th (Fri. evening to Sun. noon). The retreat house is located in Faulkner, MD which is only a short 1 hour 15 minute drive from Holy Spirit.

**Cost:** \$245 includes private room, meals, snacks (\$195 if you are a first timer or under 35). Financial help is available upon request. Handicap rooms and carpooling options available.

**Registration & Deposit Deadline:** Friday, February 24th & deposit is \$115

- 1) Confirm attendance by emailing [SeanRoberts911@gmail.com](mailto:SeanRoberts911@gmail.com) or call 703-640-4157
- 2) Register online...<https://loyolaontheptomac.com/registration-16/ignatian/>
- 3) Pay with credit card or mail check made payable to 'Loyola on the Potomac' to:
  - o Sean Roberts, c/o Loyola, 5416 Panola Court, Springfield, VA 22151