

September 14, 2023



## **Holy Spirit School** *Inspiring Minds/Igniting Hearts* **2023/2024** **"Faithfulness"**

### **Check those flyers!**

One quick note and then I am really hoping to draw your attention to several pieces that are included in all of the flyers below.

First, please note that for those whose children are in Grades 3-8, you have access to the Parent Portal in PowerSchool in order to see your child's grades. Some are looking for up-to-date grades in Schoology - please use the Parent Portal. The two platforms do not have a "seamless" connection and do not completely "talk" to one another.

We have partnered with Milestone Masters Pediatric Speech Therapy to allow the group to provide in-school therapy sessions for our students. Contractual relationships will be between the group and the family directly (not with the school). See the information below.

The PTO has several ongoing and upcoming fundraising events including a night at Chipotle in Fairfax, a used uniform sale, and sponsorship opportunities associated with Boosterthon.

**The PTO Spirit Gear sale runs until September 17th.**

There are flyers in the "Parish" section below with information about parent meetings for those who have children in the 2nd grade making their First Communion this year and for parents of 7th graders who will begin to prepare for Confirmation. All Sacraments that the children receive are done in coordination with the Religious Education Office, so please put those dates on your calendar.

The USCCB reminds us that part of living virtuous lives is responsible citizenship which

includes a moral obligation to participate in political life. Information is in the Parish section below with a letter co-authored by Bishop Burbidge about upcoming elections as well as other information about registering to vote.

If you have not availed yourself of the resource FORMED, I highly encourage you to do so. Think Catholic Netflix! During this time when it is becoming even more important for parents to monitor what children are seeing and being exposed to, this is a great resource for well-gounded, morally sound content.

**The Parish Pancake Breakfast that is scheduled for this Sunday has been advertized for a few weeks now. One more plug for that as all proceeds are going to the school.**



Did you create your own Holy Moment this week? What a beautifully giving challenge this week - ask someone if he/she needs special prayers and then intentionally pray for that person and his/her concerns. Many of us are familiar with Pope Francis's 5 Finger Prayer (pray first for the ones we love; then for those who teach us and heal us; follow that with those in positions of civic responsibility; then those who are sick and the weakest; and then lastly for ourselves).

By embracing this challenge we are able to help elevate the the prayers of those who maybe are putting their own needs last.

As mentioned, each Thursday this note will contain the Matthew Kelly, Holy Moments videos that he recorded during Lent of 2023. These relate to the Holy Moments book.





## Board Game Club is coming to Holy Spirit!

Attention 1<sup>st</sup> & 2<sup>nd</sup> grade students,  
Come play fun board games with friends and  
Miss Cahill, Mrs. Coney and Mrs. Marino!

When: October 11, October 18, October 25, November 1, November 8 & November 15

Time: 3:15 to 4:00 p.m.

Where: Room 14

The club will meet every Wednesdays from October 11 to November 15. Students may bring a favorite board game or use the available club board games. Parents, please send in a healthy snack for your child to eat.

Please note: Room 14 is a Nut Free zone.

We will only be able to accept 20 students into this club. To sign up please go to:

<https://www.signupgenius.com/go/10C0C48A5AC2DA0F58-board1>

If you have any questions please contact us by email ([ccahill@holyspiritflames.org](mailto:ccahill@holyspiritflames.org)  
[econey@holyspiritflames.org](mailto:econey@holyspiritflames.org) or [orgjmarino@holyspiritflames.org](mailto:orgjmarino@holyspiritflames.org))



**Art Club Holy Spirit!**

**Attention 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> grade students,  
Come and take your Art skills to the next level with your  
classmates and Mrs. Liss!**

**When:** October 10th, October 17th, November 7th, November 28th,  
December 12th, December 19th, January 9th, January 23rd, February 13th,  
February 27th, March 12<sup>th</sup>, March 26<sup>th</sup>, April 16<sup>th</sup>, April 30<sup>th</sup>, May 21st, May  
28<sup>th</sup>.

**Time:** 3:30 to 4:30

**Where:** Art Room

**Fee:** \$85

**Please make check out to Mrs. Liss. I will be purchasing the Art Materials for  
Art Club.**

**Students are encouraged to bring a healthy snack to eat after school.  
Please note: Art Room is a Nut Free room.**

**We will only be able to accept 15 students into this club. Please bring this form to Mrs. Liss  
signed by you and your parent/guardian.**

**Student** \_\_\_\_\_

**Parent/Guardian** \_\_\_\_\_

**Parent/Guardian email address** \_\_\_\_\_

**If you have any questions please contact us by email ([lliss@holyspiritflames.org](mailto:lliss@holyspiritflames.org))**



## ABOUT US

Our purpose is to guide, inform, and educate in a nurturing environment to support each child's unique abilities throughout their developmental milestone journey while empowering caregivers to further cultivate growth and development of skills.



**NO  
WAITLIST!**

All services are available  
1:1 at our location in  
Annandale, VA or via  
telehealth.



**MILESTONE  
MASTERS**

PEDIATRIC SPEECH  
THERAPY



Check us out online:



## Our Services



### Why Choose Us?

At Milestone Masters, our commitment and passion lead the way in providing the highest quality of therapeutic intervention.



**SPEECH THERAPY**  
Receptive language, expressive language, pragmatic/social language, articulation, fluency, and oral motor planning.



**FEEDING THERAPY**  
Oral motor feeding, limited diet, bottle feeding, and feeding transitions.



**PARENT COACHING**  
Ongoing parent education for a designated period to cultivate and nurture speech, language, and/or feeding development within the home.



Concerns about your child's speech or feeding skills? Contact us today for a free phone consultation!

703-509-6109

Office@milestonemasterspediatrictherapy.com

## Letter from Milestone Masters

## Partners in FAITH™

Helping our children grow in their Catholic faith.

September 2023

Holy Spirit School

### Thoughtful Moments

#### St. Padre Pio

Born to farmers in 1887 in Italy, Francesco Forgione joined the Capuchin Friars in 1918. Fr. "Pio" received the five wounds of Our Lord's Passion (stigmata) in his body. Renowned for his preaching, holiness, and charity, thousands sought him for Confession and spiritual guidance. His famous advice: "Frags, hope, and don't worry," consoles and inspires many today. Even in his sufferings, he cared for others' spiritual and physical well-being, founding a hospital that continues to operate today.

**Raising good stewards**  
Stewardship means demonstrating that all we have and all we are belong to God. Children can be given opportunities to practice stewardship by participating in service projects, giving away excess possessions, and especially by giving to the Church. Our offerings enable our parishes to provide ministry to us and our communities.

*"I will instruct you and teach you the way you should go; I will counsel you with my eye upon you."* (Psalm 124:8)



### Four healthy habits for a new school year

As people of faith, we know that our lasting happiness is found in a relationship with God. Help children develop these four soul healthy habits in the new school year as a key to finding lifelong joy and lasting fulfillment in God-filled lives.

**Prudence** is a virtue that helps us consider decisions from a practical and Catholic viewpoint - choosing friendships, activities, and entertainment that flow from our Catholic values.

**Justice** encourages us to give others what they're owed. Attending Sunday Mass is just because we owe God our worship. Others deserve respect because all are made in God's image. Treat everyone with respect, honor, and charity, and children will follow your example.

**Fortitude** strengthens us to follow Christ faithfully. Model fortitude for your children by offering many saints as role models, helping children spot how God works in your lives, praying aloud together in good times and bad, consulting Scripture prior to acting.

**Temperance** properly prioritizes our desires. Good food, fashionable clothes, the latest technology are all blessings, but can't be a focus. As an antidote, reserve a day each week for penance.

**Frugality**, from tradition - to help increase appreciation for those blessings. Spend extra time in family prayer, set limits for screens, abstain from meat or favorite foods. We deny ourselves small pleasures, so we can appreciate the greatest Gift.

### Why Do Catholics Do That?

#### Why do Catholics bless themselves with holy water?

Blessing ourselves with holy water before entering a Catholic church recalls the washing rituals of the Old Testament Jews who cleansed themselves by bathing before entering the holy temple. In addition, when we bless



ourselves with holy water, we recall our baptism and renew our promises to God to live our faith. Because holy water is a sacramental, we receive graces when we use it with the right disposition, such as strengthening us against temptation and removing venial (small) sins.

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## Substitute Teachers Needed

Are you interested in being on the Substitute Teacher list?  
Contact Mrs. Evans for information and paperwork

[nevans@holyspiritflames.org](mailto:nevans@holyspiritflames.org)

Thank you!

-Maureen Ashby

# Principal

## Holy Spirit School PTO



### Upcoming PTO Events

#### September 8<sup>th</sup> – 17<sup>th</sup>

Spirit Gear Sale - [Place your order here!](#)

See flier below for more information

#### Wednesday, September 19<sup>th</sup>

Chipotle Fundraiser 4:00pm – 8:00pm 9506 Main Street, Fairfax

See flier below for more information

#### Tuesday, September 19<sup>th</sup>

PTO Meeting 6:30pm – 8:30pm via [Zoom](#) (2-4 PSSC points for attending)

Meeting ID: 895 9844 5225; Passcode: 268985

#### Wednesday, October 4<sup>th</sup>

Volunteer Fair 6:30pm – 7:30pm in the school gym (2 PSSC point for attending)

See Volunteer Opportunities below for more information

#### Wednesday, October 4<sup>th</sup>

Used Uniform Sale 6:30pm – 7:30pm in the school gym

### Volunteer Opportunities

#### [Volunteer Fair](#) (2 PSSC points for attending)

The Volunteer Fair showcases PSSC volunteer and donation opportunities available during the school year. Our PTO Committee chairs will be available to answer questions and match your interests with an event or activity. You can sign up to volunteer at the event or via Connect 1 and plan out your family's PSSC hours commitment. Please sign up in [Connect1](#) if you plan to attend and refer to the [PSSC Handbook](#) for a list of committees. We hope to see you there!

Questions? Contact Lauren Schmidt [PTOVPMembership@holyspiritflames.org](mailto:PTOVPMembership@holyspiritflames.org)

#### [Homeroom Parents](#) (40 PSSC points)

If you would like to be a Homeroom Parent for your child's classroom this year, the signup has been posted to Connect1. We are still in need of homeroom parents for the following classes:

4<sup>th</sup> Grade Mrs. B (1)

6<sup>th</sup> Grade Mrs. Black (1)

7<sup>th</sup> Grade Mr. DC (1)

8<sup>th</sup> Grade Mr. Thieman (1)

Questions? Contact Val Overstreet [ptohomeroomcoordinator@holyspiritflames.org](mailto:ptohomeroomcoordinator@holyspiritflames.org)

## Reminders

### Connect1

We appreciate your efforts to get signed up in Connect1. Connect1 is easy to use on a computer and smartphone.

The application does three main things for our community:

1. A prayer board
2. Volunteer Sign-ups [Connect One \(connect1.io\)](https://connect1.io)
3. Community Directory

You will notice an addition to your last name in Connect1. We are adding your family numbers to Connect1. You will see "-###" i.e. Lastname-85. If you want to update your information in Connect1 that would be helpful. Please don't remove the numbers. This will help track events and PSSC hours.

If you haven't set up your account, please register [here](#) and follow the instructions in the flier below. If you need help there are some [training opportunities](#) in Connect1.

Questions? Contact Tom Fields [ptopssc@holyspiritflames.org](mailto:ptopssc@holyspiritflames.org)

In order to volunteer with any youth in the Arlington Diocese, you must be [Child Protection Compliant](#).

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**Spirit Gear Online Sale**  
**Begins Today &**  
**Ends Sunday, September 17th**  
Click on the link below to place your order.  
<https://holyspiritfall23spiritwear.itemorder.com/shop/home/>  
"PTO Spirit Gear Ordering Deadline - September 17th!  
Why should you think about ordering Spirit Gear?  
First, it supports the PTO and all of the great programming that is planned for the year and thus YOUR STUDENTS! Second, having Spirit Gear allows your student to participate in monthly dress down days. Typically held on the third Thursday of each month (beginning in October), students may dress down IF they are dressed in PTO Spirit Gear purchased either this year or in past years. Be sure to check the school calendar for dates."

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# DO GOOD WITH CHIPOTLE



## CHIPOTLE FUNDRAISER FOR HOLY SPIRIT SCHOOL PTO

33% OF EVENT SALES GET DONATED TO THE CAUSE

MONDAY, SEPTEMBER 18TH | 4-8PM  
9506 MAIN ST NO 22B, FAIRFAX, VA, 22031

ORDER ONLINE FOR PICKUP USING CODE **RZKTAFB**  
OR SHOW THIS FLYER IN RESTAURANT



For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.

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# Used Uniform Sale – October 4!!!



Sale Date- **Wednesday, October 4 from 6:30-7:30**

Where: Holy Spirit School - Volunteer Fair in the Gymnasium

Cost: \$5 per item (\$1 for socks/tights)

How to Pay: Cash or Check (made out to the Holy Spirit PTO)

**ADDITIONALLY, PLEASE HELP STOCK the SALE!!!**

**DONATE ANY USED UNIFORMS, SCHOOL SHOES, OR SPIRIT WEAR THAT ARE NO LONGER NEEDED, TO THE OFFICE OR EMAIL - [MelanieAnneBennett@gmail.com](mailto:MelanieAnneBennett@gmail.com) TO ARRANGE FOR CONVENIENT PICKUP/DROP OFF OF DONATIONS**

#### Important Details-

- Coming Soon: please see Connect 1 to volunteer
- Enter and exit through the gymnasium
- Plan ahead - bring a list of items and sizes needed

**Support this PTO Fundraiser While Getting a Great Deal!**

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# **BOOSTER** **THON**

**Consider being a Boosterthon Sponsor!!**

# LAST CALL FOR FUN RUN SHIRTS!



## NEW THIS YEAR! ADVERTISE YOUR FAMILY NAME

- Have your Family Last Name on the backs of the shirts for only \$50!
- Money goes 100% to the school and supports our fundraising goal!
- Great for your 8th grader to remember their last Fun Run at Holy Spirit!



Email [shelley.schaad@gmail.com](mailto:shelley.schaad@gmail.com) to claim your spot by 9/15!

### Ordering is SIMPLE!

**We're FUNDRAISING with Mabel's Labels**

Custom name labels for the stuff kids love

1. Go to [campaigns.mabelslabels.com](https://campaigns.mabelslabels.com) and search for our organization! Holy Spirit Catholic School / Anninville
2. Shop your personalized labels! (so many cute designs to choose from!)
3. Your labels will ship directly to you. **FOR FREE!** We receive 20% in funds from your order.

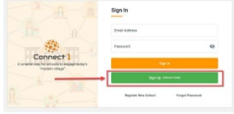
**YOU get labels WE get funds**

QUESTIONS? Email [info@mabelslabels.com](mailto:info@mabelslabels.com) or call 1-866-305-2235

### Registering for Connect 1 at Holy Spirit School

How to sign up for an account on Connect1:

1. On your computer, go to <https://app.connect1.io>
2. Click the green bar that says "Sign up (School Code)".



3. Enter your email address. Enter our school code, which is L41V66. (Are you both a teacher and a parent at the school? You'll need to set up two accounts. One using your "holyspiritflames.org" email account for your role as a teacher, and your personal one for your role as a parent!)
4. This will open a new page where you enter your name, role and password. For Role, select "Parent/Community Member". (Unless you are a teacher creating your account with your "holyspiritflames.org" account. In that case, please select "Faculty/School Employee".) Click Submit when you are done.
5. A new page opens. A Confirmation Code will be sent to your email. Copy that confirmation code and paste it into this page. Click Confirm.
6. This brings you back to the Sign in page. Enter your email address and newly created password to open the app.



**RECESS DUTY SIGN UP in Connect 1 is ready**

**Access your Connect 1 account to sign up!**

[Recess Duty in Connect 1](#)

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**PTO Board 2023 - 2024**

President - Christine Ploschke - [PTOPresident@holyspiritflames.org](mailto:PTOPresident@holyspiritflames.org)

Vice President - Robert Wu - [PTOVp@holyspiritflames.org](mailto:PTOVp@holyspiritflames.org)

Treasurer - Karin Floyd - [PTOTreasurer@holyspiritflames.org](mailto:PTOTreasurer@holyspiritflames.org)

Secretary - Kristyn Poreba - [PTOSecretary@holyspiritflames.org](mailto:PTOSecretary@holyspiritflames.org)

Volunteer Coordinator - Lauren Schmidt - [PTOVPMembership@holyspiritflames.org](mailto:PTOVPMembership@holyspiritflames.org)

Fundraising Coordinator - Toni O'Neill - [PTOVpDevelopment@holyspiritflames.org](mailto:PTOVpDevelopment@holyspiritflames.org)

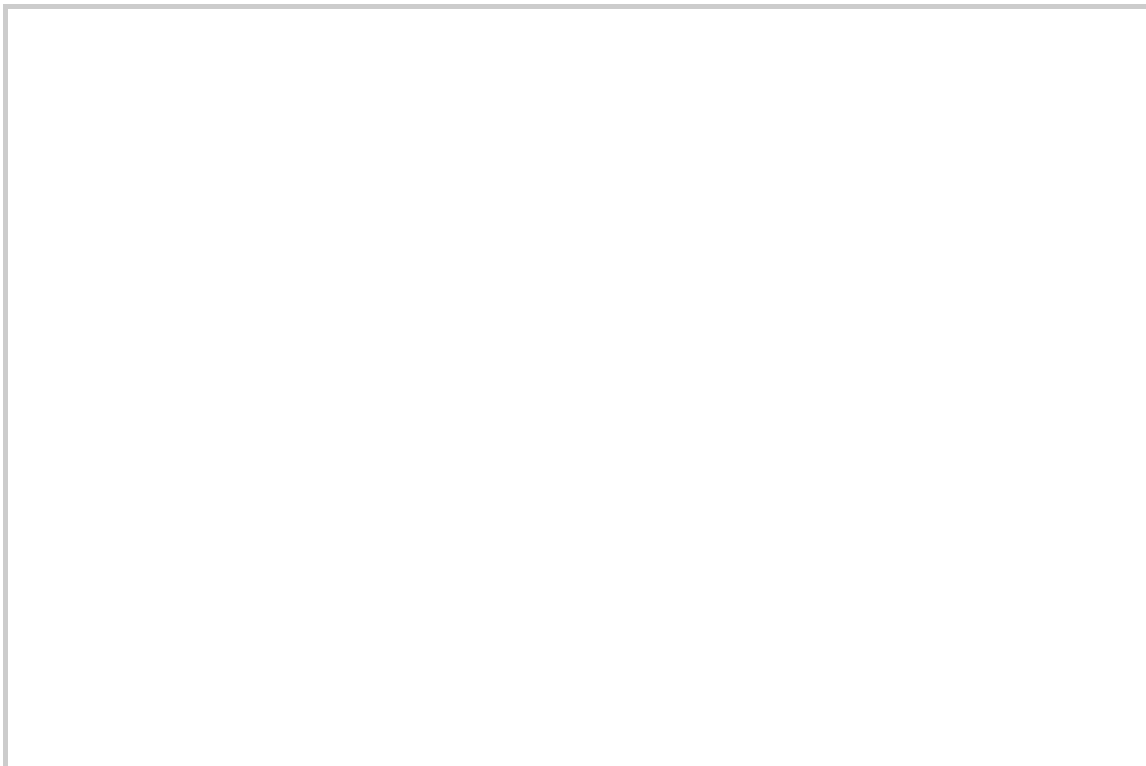
Homeroom Parent Coordinator - Valerie Overstreet - [PTOHomeroomCoordinator@holyspiritflames.org](mailto:PTOHomeroomCoordinator@holyspiritflames.org)

**Volunteering**

**Please remember that you must be fully compliant with the Child Protection policies of the Diocese in order to perform recess duty and to volunteer for activities where students are present.**

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## **Parish Happenings!**



# PANCAKE BREAKFAST

All proceeds go to the school

Hosted  
by the



## Sunday Sept. 17<sup>th</sup>

In the school cafeteria after the  
7:30, 9:00 & 10:30 AM Masses

Breakfast includes pancakes, sausage, fruit,  
orange juice, coffee, and more!



Adults \$6, Children \$3  
Families \$20

## Altar Server Training



All boys in grades 3-12

Saturday, September 23rd

New server training: 10:30-11:30 AM

Current server refresher training: 11-11:30 AM

Lunch and Laser Tag to follow, ending at 2 PM



For more information, contact Alicia Steger at

[altarservers@holyspiritchurch.us](mailto:altarservers@holyspiritchurch.us)






























**FIRST HOLY COMMUNION PARENTS MEETING**

**October 3, 2023 7 PM - 8 PM**

**Holy Spirit School - Meeting Room 1**

Meeting of all 2nd grade parents presenting their children to receive First Holy Communion in May 2024.

(703) 978 - 8925  
REStaff@holyspiritchurch.us






























**Confirmation Parents Meeting**

Meeting of all 7th grade parents presenting their children to receive Confirmation in 2024.

October 5, 2023  
7 PM - 8 PM

Holy Spirit School Meeting Room 1

(703) 978 - 8925  
REStaff@holyspiritchurch.us



**Preparing and Voting as Virginia Catholics**

*September 2023*

This year, voters will elect members to all 140 seats in the Virginia General Assembly – 40 in the Senate and 100 in the House of Delegates – as well as other offices in some localities. Early voting begins September 22. Election Day is November 7.

Much is at stake, and it is the sacred duty of each voter to form his or her conscience and participate in these critical decisions. To prepare:

First, register to vote if you are not registered already. A Virginia Catholic Conference bulletin insert explains how to register, eligibility and key dates. Registration ends October 16.

Second, locate your new districts. New General Assembly district maps are in effect for this year's elections. A VCC bulletin insert explains how to find your new state Senate and House of Delegates districts and who the candidates are.

Third, prayerfully form your conscience. The VCC's *Four Principles of Catholic Social Teaching* bulletin insert provides a helpful overview for reflection, in an easy-to-read format.

Visit [www.vacatholic.org](http://www.vacatholic.org) to view these materials.

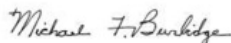
As we have stated in previous pre-election letters, three foundational principles are essential to forming consciences and evaluating candidates:

- Many issues are important.
- Not all issues have equal moral weight.
- Protecting life is paramount.

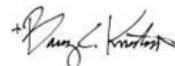
Addressing the tragedy of abortion is the "preeminent priority because it directly attacks life itself, because it takes place within the sanctuary of the family, and because of the number of lives destroyed" (United States Conference of Catholic Bishops, *Forming Consciences for Faithful Citizenship*, Introductory Letter).

As a Catholic and a voter in Virginia, please respond to the call of faithful citizenship. Prepare and engage in these vitally important elections. Protect life to the fullest extent possible.

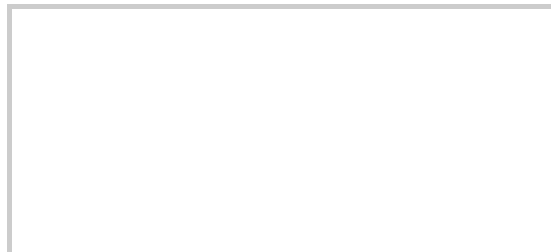
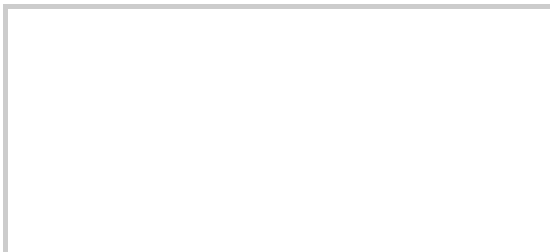
Faithfully yours in Christ,



Most Reverend Michael F. Burbidge  
Bishop of Arlington



Most Reverend Barry C. Knestout  
Bishop of Richmond





# REGISTER TO VOTE!



This fall, voters will elect Virginia General Assembly candidates — and in some areas — “down-ballot” offices. The deadline to register is **Monday, Oct. 16.**

### Who is eligible to register?

- Must be a U.S. citizen.
- Must be a resident of Virginia.
- Must be 18 on or before the next election (e.g., 17-year-olds born on or before Nov. 7, 2005 can register today).
- Not be registered and plan to vote in another state.

### How to register:

- You can register online, by mail, or at your local registrar's office, among other locations. Visit [vote.elections.virginia.gov](http://vote.elections.virginia.gov) or scan the QR code to:
- Register to vote online.
  - Check registration status.
  - Find your polling place.
  - Apply to vote absentee by mail.

FOR MORE ELECTION RESOURCES FROM THE VIRGINIA CATHOLIC CONFERENCE VISIT: [vacatholic.org/Election2023](http://vacatholic.org/Election2023)

EARLY VOTING BEGINS SEPT. 22. **REGISTRATION ENDS OCT. 16.** ELECTION DAY IS NOV. 7.



## Four Principles of Catholic Social Teaching\*

The central and enduring themes of Catholic social teaching are organized under four principles that provide a moral framework for decisions in public life.

### The Dignity of the Human Person

Human life is sacred. The dignity of the human person is the foundation of a moral vision for society. Direct attacks on innocent persons are never morally acceptable. In our society, the gravest example is abortion. Euthanasia, assisted suicide, human cloning, and the destruction of embryos for research are others. Protecting the dignity of life also includes overcoming poverty, ending use of the death penalty, and opposing racism, torture, unjust war, human trafficking and all activities that contribute to the “throwaway culture” identified by Pope Francis.

### The Common Good

The common good is achieved when social conditions allow people to reach their fulfillment more fully and easily. It upholds the fundamental right to life, which makes all other rights possible. It asserts the right to food, shelter, education, employment, health care, housing, freedom of religion and conscience, and family life. It requires an economy that serves people, not the other way around. It calls on employers to uphold the dignity and rights of workers by offering productive work, decent and just wages, adequate security in their old age, the choice of whether to organize and join unions and the opportunity for legal status for immigrant workers. Workers should contribute a fair day's work for a fair day's pay, treat employers and co-workers with respect and contribute to the common good. This principle requires we protect and care for all of God's creation, especially the most vulnerable among us, and the earth, our common home.

### Subsidiarity

The human person is social. The family is the fundamental building block of society, based on marriage between a man and a woman, a sanctuary for creation and nurturing of children. Policies and programs should defend, strengthen and respect this foundational unit and uphold parents' rights and responsibilities to care for and educate their children. Further, every person and association has a right and duty to actively shape society and promote the well-being of all, especially the poor and vulnerable. Subsidiarity means that society's larger institutions should not overwhelm or interfere with smaller or local ones. These larger institutions are obliged, however, to protect human dignity and meet human needs when smaller institutions cannot adequately do so.

### Solidarity

We are one human family, despite our national, racial, ethnic, economic and ideological differences, called to love our neighbor as ourselves. We must work to eradicate poverty, disease and racism, and welcome immigrants, refugees and asylum seekers who are seeking employment, safety, education and a better life for their families. Solidarity requires preferential concern for the poor. A basic moral test of any society is how it treats those who are most vulnerable. This preferential option for the poor and vulnerable includes all who are marginalized — unborn children, persons with disabilities, the elderly and terminally ill, victims of injustice and oppression and immigrants.

\*Adapted from *Forming Consciences for Faithful Citizenship*, No. 44-56, U.S. Conference of Catholic Bishops, 2015.



## SOCCER CHALLENGE

Combined Council & District #14 Competition



**When:** Saturday, October 14, 2023  
Anytime between 9 a.m. – 2 p.m.

**Where:** Field behind Holy Spirit School

**Who:** Individual Boys & Girls 9-14 years old

**How:** Individuals kick soccer penalty kicks (12 yards) with scores for shot location in goal. 3 warm-up kicks. 25 kicks for record.

More rule info at: <https://www.kofc.org/resources/faith-in-action/programs/community/soccer-challenge/2023-soccer-challenge-playbook.pdf>

Questions? Contact Mike Proumde 703-425-6769 or email [proumde@prodigy.net](mailto:proumde@prodigy.net)

## New Monthly Healing Service at Holy Spirit

After the 12:00 Noon Mass on the first Sunday of each month - begins Sunday, October 1<sup>st</sup> -

One of our priests will lead a short prayer service for all with *serious* needs who seek from the Lord healing of mind or body.

For those with specific needs, the Sacrament of The Anointing of the Sick will be offered.

(This does not include Confession, which can be celebrated at another time.)

*Is anyone among you sick? He should summon the priests of the church, and they should pray over him and anoint him with oil in the name of the Lord.*

James 5:14



**YOU'RE INVITED!**

**LUKE**

The Gospel of Mercy

Discover God's Mercy through His Own Words...

## Bible Study with Fr John O'Donohue

Returns on a new Day and Time

Tuesday Evenings, September 12 – May 18

With no classes on select dates

7 pm to 8 pm

Parish Center (livestream option available)

Introducing the new

**FORMED**

The Catholic Faith. On Demand.

Diving into the beauty of the Faith has never been easier: at home, on the go, or from any internet connected device.

Discover thousands of books, audio talks, movies, documentaries, and studies... there is something for every member of the family to help them grow closer to Christ and His Church.



Over 4,000 titles - now available on almost any device!



Dozens of new features - all to help you enjoy the best in Catholic content

### Already have a FORMED Account?

1. Visit [FORMED.org](http://FORMED.org)
2. Click Sign In
3. Enter your email
4. Click the link in your email
5. You're in! No more passwords!

### Registering on FORMED is easier than ever!

1. Go to [FORMED.org/signup](http://FORMED.org/signup)
2. Enter your parish zip code or name to select your parish
3. Enter your name and email

Visit [FORMED.org](http://FORMED.org) or search for "Formed" on your favorite app store

Join Us

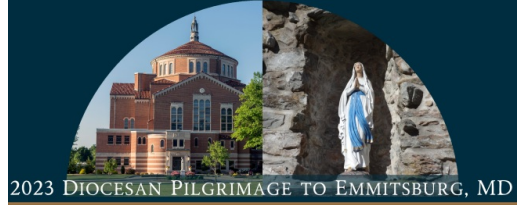
for an Illuminated Rosary for Life, Marriage and Family

7 PM | Monday, October 9 (Columbus Day)

On the grounds between the church and school.

HOLY SPIRIT Catholic Church

KNIGHTS OF COLUMBUS



2023 DIOCESAN PILGRIMAGE TO EMMITSBURG, MD

Join Bishop Michael F. Burbidge on a pilgrimage to the National Shrine of Saint Elizabeth Ann Seton and the National Shrine Grotto of Our Lady of Lourdes  
**Saturday, October 7, 2023**

SCHEDULE OF EVENTS:

<p><b>NATIONAL SHRINE OF SAINT ELIZABETH ANN SETON</b>          9 a.m. Presentation on Mother Seton and veneration of her relics          9:45 a.m. Mass with Bishop Michael F. Burbidge          10:30 a.m. Visit Mother Seton museum and gift shop</p>	<p style="text-align: right;">12 p.m. Outdoor picnic lunch at the Seton Shrine or Mount Saint Mary's Seminary (Limited restaurant options available, visitors encouraged to pack bag lunch. Note: transportation between locations not provided.)</p> <p><b>NATIONAL SHRINE GROTTTO OF OUR LADY OF LOURDES</b>          1:30 p.m. Eucharistic Adoration and recitation of the Holy Rosary          3:30 p.m. Depart</p>
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For more information, please visit: <https://www.dioceandoc.org/pilgrimage/emmitsburg/> or scan the QR code

The two shrines within this pilgrimage are at separate locations and require a 6-minute drive. Transportation to Emmitsburg is not provided, but some parishes are coordinating buses. Please contact your parish for possible travel arrangements.

# Community Happenings!

**SCOUTING Family FUN NIGHT**

COME HAVE FUN WITH US!

**SEPTEMBER 14, 6PM**  
**HOLY SPIRIT CATHOLIC SCHOOL**

PLAY GAMES, HAVE FUN AND LEARN ABOUT SCOUTING!  
 BRING YOUR FAMILY AND FRIENDS!

<https://holyspiritchurch.us/scouts/>

**Walk 4Life & family fun day**  
 2023

November 4th, 2023  
 Lake Accotink Park  
 9am-12pm

**Come Support Sanctity of Life Ministries and Help us continue to Save Lives!**  
**With each step, you help save a life!**

**Ways you can get involved:**

- Be your church team captain! Sign up via QR code attached
- Sponsor a Walker
- Become a Corporate Sponsor
- Volunteer or Donate

**Register here!**

[slmgetinvolved.org](http://slmgetinvolved.org)



## FAMILY FOLDER

The following flyers may be found in the folder labeled "September 14, 2023" on the website. For your convenience, some flyers are repeated.

Family Folder

#### School Flyers:

1. Board Game Club flyer
2. MS Art Club flyer
3. Milestone Masters flyer and letter
4. Partners in Faith (September) newsletter

#### PTO Flyers:

1. PTO Chipotle Fundraiser
2. Boosterthon Sponsorship Information
3. Boosterthon Sponsorship Form
4. Mabel's Labels flyer
5. Used Uniform flyer
6. Connect 1 Registration Instructions

#### Parish Flyers:

1. Pancake Breakfast
2. Diocesan Pilgrimage to Emmitsburg
3. Parent Meeting for 1st Communicants
4. Parent Meeting for 7th grade parents regarding Confirmation
5. Altar Server training
6. Voting materials - letter from Bishop Burbidge
7. Register to Vote
8. Principles of Catholic Social Teaching
9. K of C Youth Soccer Challenge
10. Healing Services
11. Bible Study - Gospel of Luke
12. FORMED
13. Illuminated Rosary

#### Community Flyers:

1. Scouting Family Fun Night flyer
2. Walk 4 Life flyer

Holy Spirit School | 8802 Braddock Rd., Annandale, VA 22003

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