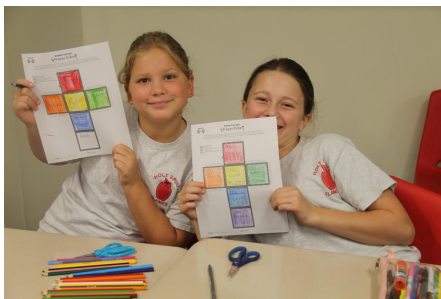


October 5, 2023



Holy Spirit School *Inspiring Minds/Igniting Hearts* 2023/2024 "Faithfulness"

What A Day!



On Tuesday we had our first Nothing But Faith Day for this academic year. We concentrated on types of prayer and made use of the acronym ACTS. Be sure to ask your child(ren) what those letters stand for and what the lessons and activities were that they participated in throughout the morning.

We were blessed to have Deacon Grodek begin the day with us and set the stage for what we would be learning throughout the day.

After lunch, we spent time with Father Willard up at the church as he spoke to the children about the significance of certain vessels within the setting of the Mass. He told the children

how amazing he thinks it is that they had the opportunity to "geek out" for an entire day about their Faith.

We closed our day together by reflecting on music as prayer. It is a beautiful moment when we sing and pray together as a community.

Thank you to all of the parents who came in to cover the lunch hour in the classrooms so that the teachers could get a bit of a break!

Have you registered yet for Boosterthon? Our goal is to have a minimum of 95% of our school community register on the Booster site. If we reach that goal, a special "thank you" is in store.

This year, the PTO is challenging our school families to raise \$40,000.00 - a lofty goal that is so very achievable for our community. Be sure to look at the PTO section below for more information!

A reminder that tomorrow, Friday, October 6th is a half day of school (Extended Day is open) and Monday, October 9th is a student holiday in honor of Columbus Day.

Interims for grades 3-7 will go home on Friday, October 6th for those students in need of those.

Watch for upcoming information from the Student Council on Spirit Week and our annual Ton of Love food drive!



Did you create your own Holy Moment this week? Did you create a gratitude list? Hopefully at the top of that list was praise and thanksgiving for the relationship that you are blessed to have with our loving God. We all have so very much for which we can and should be grateful. I am hoping that during the week that you had conversations with your children about recognizing the blessings in their lives both big and small.

As mentioned, each Thursday this note will contain the Matthew Kelly, Holy Moments videos that he recorded during Lent of 2023. These relate to the Holy Moments book.



The NJHS honors the active, retired and deceased members of out Armed Forces in advance of Veterans Day.

See the complete document and instructions via the "button below" to see how your family can help with our Wall of Heroes.

MY HERO IS:

WHO served the United States of America

in: _____

Place a picture here. Please not an original but a copy.

CALLING ALL HEROES:

1. People who have served our country as a member of the Armed Forces. This includes active, retired or deceased members of the Armed Forces.
2. People who have served our country as first responders. This includes active, retired or deceased.
3. We will accept pictures now and all the way through **November 3**.

PLEASE SEND A PICTURE OF YOUR HERO SO THAT OUR SCHOOL COMMUNITY CAN PAY TRIBUTE TO THEIR SERVICE AND SACRIFICE.

Please write a short biography of your hero.

Name: _____ Grade: _____

Wall of Heroes information



**The Art Room is in need of
cardboard tubes.**

**Donations can be sent directly to
the Art Room.**

Thank you!

Thoughtful Moments

St. John XXIII
 Angelo Giuseppe Roncalli was born to a poor farming family in Bergamo, Italy. His ordination as a priest in 1908 began a lifetime serving the Church as the bishop's secretary, a military chaplain, cardinal patriarch of Venice, and finally, as "Good Pope John." He often visited the poor, the sick and prisoners. He worked to uphold their dignity and improved relations with the Eastern Church. He is remembered for opening the Second Vatican Council. He died in 1963.

The Guardian Angels
 Guardian angels are "angels assigned to protect and intercede for each person" (Catechism of the Catholic Church, #336). The intervention of the angels on our behalf is one way God takes care of us. Pray the Guardian Angel prayer with children often.

"Jesus reveals the nature of God as that of a Father who never gives up until he has forgiven the wrong and overcome rejection with compassion and mercy." Pope Francis



Fall saints for a good school year

The saints in heaven help us on Earth with their prayers. We can also follow their examples to heaven. Through the autumn months, these saints can be sources of light for children:

St. Thomas Aquinas is the patron of students. Brilliant but humble, he became one of the greatest minds of the Church, studying, teaching, and defending the faith. He began study with a prayer: "Point out the beginning, direct the progress, and help in completion. Through Christ our Lord. Amen."

St. Sebastian, named patron of athletes, bravely endured suffering for the Faith. Young athletes can ask him to inspire their strength, good sportsmanship, and self-discipline in

their faith and on the field. St. John Paul II, patron of World Youth Day and Catholic Sports, was born Karol Wojtyła in Poland. He lost his mother, father, and older brother before his 21st birthday.

His promising academic career was cut short by the outbreak of World War II. After enrolling in a secret seminary in Krakow, he was ordained a priest in 1946 and eventually became one of the longest serving popes in Church history.

St. Philip Neri is patron of holy friendships. A valuable part of our school experience is learning to make friends. Call on the intercession of St. Philip Neri when navigating friendship challenges and to find holy friends.

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Why Do Catholics Do That?

Traditionally attributed to the Dominican Order, the Rosary is a set of prayers that focuses on the mysterious events in the lives of Jesus and Mary. Several Marian apparitions and countless saints and popes have

Why do Catholics pray the Rosary?

recommended the Rosary as the "powerhouse" of devotion. Many mistake it as Marian devotion, but the prayer is actually a meditation on Jesus' life through Mary's eyes. Meditating on the prayers and mysteries of our faith opens us to graces that make us more Christ-like.



-Maureen Ashby

Principal

Holy Spirit School PTO



Upcoming PTO Events

Monday, October 16th – Friday, October 20th

Boosterthon Week

Tuesday, October 17th

PTO Meeting 6:30pm – 8:30pm (2-4 PSSC points for attending)

See Volunteer Opportunities below for more information.

Friday, October 27th

Trunk or Treat

Stay tuned for more info.

Volunteer Opportunities

SONShine Committee Chair (40 PSSC points)

Would you like to volunteer as our SONShine Committee Chair? This is an on-call committee that helps provide discreet assistance to school families due to a family circumstance: new baby, illness, death, etc. This includes, but is not limited to, providing meals, cleaning services, or babysitting. The chairpersons work closely with the PTO Board and the Principal to identify families in need. Volunteers must be available on short notice to provide all kinds of assistance. This committee is run by one individual or a family and is worth 40 points.

Questions? Contact Lauren Schmidt PTOVPMembership@holyspiritflames.org

October PTO Meeting (2-4 PSSC points for attending)

Join us in person in the school on October 17th and hear from your PTO president, Mrs. Ploschke, your principal, Mrs. Ashby, and various committees about what is going on at Holy Spirit School this year. Have an idea to share? Want to provide feedback on events? This is a great opportunity for new, as well as returning families, to share your thoughts, stay up to date and connect with other parents and the PTO board. Can't make it in person? Join us via [Zoom](#) so you don't miss anything! Be sure to sign up in [Connect1](#) for meeting details and to earn PSSC points for attending.

Questions? Contact Kristyn Poreba PTOSecretary@holyspiritflames.org

Reminders

Connect1

If you haven't set up your account, please register [here](#) and follow the instructions in the flier below.

Questions? Contact Tom Fields ptopssc@holyspiritflames.org

In order to volunteer with any youth in the Arlington Diocese, you must be [Child Protection Compliant](#).

[Recess Duty](#) volunteers are still needed for the remainder of the school year. Families who have completed their required commitment of one day are eligible for 4 PSSC points for each additional day served.



Holy Spirit School families,

It's open! It's open! You can now register for our Holy Spirit School Fun Run!

As faithful stewards of Catholic education both now and in the future, we are raising \$40,000 for campus improvements and direct educational services to students and teachers.

Registering is easy and free!

Register Now On Register Now On [MYBOOSTER.COM](https://www.mybooster.com)

Be sure to check out the easy sharing functions on MYBOOSTER.COM to let others know how they can help support our school.

Thank you for working with us to make our school stronger. We are grateful for your support!

GET READY!!!

TRUNK OR TREAT

Decorate your booth and fill it with candy!

Admission:
Bag of Halloween
candy



FRIDAY, OCTOBER 27
6:30 - 8:30 PM
On the School Grounds

Limited spaces available. For info and to reserve a spot, check out
Connect! Questions? Email
PTOtrunkortreat@holyspiritflames.org
(More than one family can share a spot.)

PTO Board 2023 - 2024

President - Christine Ploschke - PTOPresident@holyspiritflames.org

Vice President - Robert Wu - PTOVp@holyspiritflames.org

Treasurer - Karin Floyd - PTOTreasurer@holyspiritflames.org

Secretary - Kristyn Poreba - PTOSecretary@holyspiritflames.org

Volunteer Coordinator - Lauren Schmidt - PTOVPMembership@holyspiritflames.org

Fundraising Coordinator - Toni O'Neill - PTOVpDevelopment@holyspiritflames.org

Homeroom Parent Coordinator - Valerie Overstreet - PTOHomeroomCoordinator@holyspiritflames.org

Volunteering

Please remember that you must be fully compliant with the Child Protection policies of the Diocese in order to perform recess duty and to volunteer for activities where students are present.

Parish Happenings!



Mass for People with Disabilities Sunday, October 8, 2023

Porto Charities, Inc. extends a very warm invitation to all to join Bishop Michael Burbidge at the Mass for People with Disabilities on Sunday, October 8, at 10:30 a.m. at Holy Spirit Catholic Church, 5121 Woodland Way, Annandale. A reception will be held immediately after Mass.

This yearly event celebrates disability awareness for people with intellectual and developmental disabilities and the need for us to provide opportunities for them to reach their full potential through inclusive education and meaningful employment throughout the Catholic Diocese of Arlington.

When:
Sunday, Oct. 8
10:30 a.m.

Where:
Holy Spirit Catholic Church
8800 Braddock Rd
Annandale, VA 22003

MILITIA IMMACULATA

Grades 1 to 8

Tuesdays
3:15-4:15pm
in the
Youth Ministry Room

Starts
September 26
Snacks and social
time included

Register online
www.holyspiritchurch.us/youth

YOUTH MINISTRY

"Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity." - 1 Timothy 4:12

HIGH SCHOOL
Youth ministry for high school helps teens solidify their faith, rooted in Jesus Christ, as they journey toward adulthood. Our Sunday Evening Gatherings are large group meetings held twice monthly where teens can join us for a meal, a fun activity, and faith formation. Beginning September 24.

FIAT / Band of Brothers
"FIAT" for girls and "Band of Brothers" for guys are our small group formation for high school students. At these meetings held twice monthly, teenagers delve deeper into topics relevant to the Catholic faith in the modern world. Beginning October 19.

MIDDLE SCHOOL
Youth ministry for middle school helps youth in grades 6-8 identify their active role in the Catholic Church as baptized children of God. Our Friday Evening Gatherings are large group meetings held twice monthly where they gather for bite-sized tidbits of faith formation, a fun and active game, and conclude with a shared meal and prayer. Beginning October 13.

Cor Unum
Cor Unum (Latin for "One Heart") is our small group formation for middle school students held twice monthly. The purpose is to ignite the fire of God's love within their hearts through small group activities and discussion. Beginning October 20.

MILITIA IMMACULATA
Begun by St. Maximilian Kolbe, youth from grades 1-8 gather weekly to pray the Holy Rosary, asking intercessions from the Blessed Virgin Mary for themselves, their families, and any special intentions held in their hearts. One of our most popular ministries with the children. Beginning September 26.

CYO SPORTS
Making all things new in Christ, the ministry of the Church extends to the most popular arena of youth life today - sports! Registration for fall sports begins this week.


Director of Youth Ministry

www.holyspiritchurch.us/youth
(703) 425-8778
youthministry@holyspiritchurch.us

SOCCER CHALLENGE

Combined Council & District #14 Competition

When: Saturday, October 14, 2023
Anytime between 9 a.m. - 2 p.m.

Where: Field behind Holy Spirit School

Who: Individual Boys & Girls 9-14 years old

How: Individuals kick soccer penalty kicks (12 yards) with scores for shot location in goal. 3 warm-up kicks. 25 kicks for record.

More rule info at:
<https://www.kofc.org/en/resources/faith-in-action/programs/community/soccer-challenge/4576-soccer-challenge-playbook.pdf>

Questions?
Contact Mike Proumaded
703-425-8769 or email
proumaded@prodigy.net

Join Us

for an Illuminated Rosary
for Life, Marriage and Family

7 PM | Monday, October 9
(Columbus Day)

On the grounds between the church and school.

HOLY SPIRIT OF COLUMBUS
KNIGHTS OF COLUMBUS

An Exploration of the 16 Documents of the Vatican II Council with Fr. Jordan Willard
Thursdays 7 – 8 pm in the Narthex Annunciation Room

Document #1

LUMEN GENTIUM
DOGMAIC CONSTITUTION ON THE CHURCH

"When this whole Church, anointed as it is by the Holy Spirit, believes together, the truth of the faith is absolutely undeniable. . . [T]he Spirit gives gifts to each person and assists each in using them well." (12)
[Referenced in the Gen'l. Constitutions art. 99.1.]

As this is a seminar discussion format, each week the participants will be sent the material to read in advance in order to be prepared to join the conversation.

Email Fr. Jordan Willard at frjordan@holyspiritchurch.us to register

1st Document Session Schedule:

October 26, November 2, November 9, November 16, November 30, December 7, December 14 (last session)



Choose Life

October is Respect Life Month!
Celebrate the gift of life today and every day.

1. **DONATE** to help moms and unborn children in need.
2. **REMEMBER** our veterans and military personnel.
3. **SUPPORT** those who are disabled.
4. **CARE** for those who are sick, needy, and older than you.
5. **LEARN** more about Catholic moral and social teaching in the Catechism of the Catholic Church.

"I call heaven and earth to witness against you this day, that I have not before you life and death, blessing and curse: therefore choose life, that you and your descendants may live."
— DEUTERONOMY 30:19



Jesus said, "I came that they may have life, and have it abundantly. I am the good shepherd. The good shepherd lays down his life for the sheep."
— JOHN 10:10-11

For more information, contact the Respect Life group: respectlife@holyspiritchurch.us



The Holy Spirit Women's Council is pleased to host Deacon Mark Arbeen on October 14 after the 9am Mass in the Quinn Room. All women and men of the parish are invited to here Deacon Mark talk about his Spiritual Journey.

Before entering college, Deacon Mark spent 8 years in the U.S. Navy on active duty, where he was a Lay Chaplain for the Episcopal Church, and then 12 years in the Naval Reserve. He then attended the University of Illinois and earned a degree in economics. In 2002 Deacon Mark began attending Saturday Mass while still attending his Episcopal parish on Sundays. In 2009 Pope Benedict offered Anglicans a way to enter the Catholic Church while keeping much of their liturgy and customs. For years Deacon Mark served at Our Lady of Hope Catholic Church using the new Divine Worship Missal and the Anglican Patrimony as approved by Rome.

In 2018 he was ordained a Permanent Deacon in the Roman Catholic Church with an active ministry in law enforcement. He serves as the Chief Chaplain for the U.S. Secret Service to provide pastoral support to Agents, Officers, employees and their families. In 2021 deacon Mark was elected Chaplain of American Legion Post 176 in Springfield, and in 2022 he was elected as Chaplain of Veterans of Foreign Wars Post 7327 in Springfield.

All parishioners are invited to hear more about Deacon Mark's Spiritual Journey on October 14 after the 9am Mass in the Quinn Room. A light breakfast will be served.

Join fellow parishioners on a free bus to Emmitsburg, between the sites, and back! See the parish website to sign up!

Join Bishop Michael F. Burbidge on a pilgrimage to the National Shrine of Saint Elizabeth Ann Seton and the National Shrine Grotto of Our Lady of Lourdes
Saturday, October 7, 2023

- Presentation on Mother Seton and veneration of her relics
- Mass with Bishop Michael F. Burbidge at the Seton Shrine
- Eucharistic procession at the Lourdes Grotto
- Confession available to all attendees
- Opportunities for blessing of religious articles

Pilgrimage Highlights

For more information and full schedule, please visit: <https://www.arlingtondiocese.org/pilgrimage-emmitsburg/> or scan the QR code



The two shrines within this pilgrimage are at separate locations and require a 6-minute drive. Transportation to Emmitsburg is not provided, but some parishes are coordinating buses. Please contact your parish for possible travel arrangements.



Sunday, October 15th, 3:00—5:00 on the Main Lawn
(rain date Saturday October 21st)

"The Hot Lanes" led by Bobby Jasinski

Returning from their first jazz festival down in Duck, North Carolina earlier in October, Church of Nativity parishioner Bobby Jasinski leads 16-piece orchestra, THE HOT LANES, influenced by Wynton Marsalis and the Jazz at Lincoln Center Orchestra, Bobby's focus is to promote jazz in the D.C. metropolitan area.

50/50 Cash Raffle to Benefit Special Olympics, Virginia

Bring your own blanket, chairs, picnic meal, and enjoy a wonderful afternoon listening to the big sound of jazz classics!

Hosted by the Holy Spirit Parish, the Knights of Columbus Council 11922 & the Holy Spirit Men's Club

And behold, you will conceive in your womb and bear a son, and you shall name Him
Luke 1:31

JESUS



The first chapter of Luke is one of the longest chapters in the New Testament and one of the most important as it describes the birth of John the Baptist and the events leading up to the birth of Jesus. You are invited to join Fr. O'Donohue at the next session as he continues to explore with us the deeper meaning of this chapter.

Tuesday, October 10 7 – 8 pm Parish Center

Live stream option available

HOLY SPIRIT WOMEN'S COUNCIL
PRESENTS THE

2023 *WHITE HOUSE*
CHRISTMAS ORNAMENT



Honoring President Gerald Ford's
Handcrafted Christmas ornaments
Price \$21.00



To Pre-Order

Contact Candie Poumade
703-425-8769
cpoumade@prodigy.net
Delivery dates: Oct. 28 -29, Nov.4-5 and 11-12
Outside all church entrances

BLESSING OF THE PETS

**Sunday, October 8th at
1:30 PM on the Main Lawn.**

**Bring your wonderful, well-behaved
creatures to be blessed!**



Community Happenings!

**CHADD of
NoVA/DC
Resource
Fair**



**FREE
to the
public!**

Meet exhibitors face-to-face
Get informed about valuable
resources to meet your individual
and family needs!
Build a System of Support:
Connect, Learn and Thrive



**Saturday, October 7th
9:30 AM - 12:30 PM
Vienna Community Center
120 Cherry Street, Vienna, VA 22180**

2023 BISHOP IRETON CHEER CLINIC



Spend an unforgettable day learning cheerleading and performing with the
2016-2023 Christian Cheerleaders of America National Grand Champion

BISHOP IRETON CHEERLEADERS!

WHO: Girls 8th - 8th Grade (No experience necessary)
WHEN: Saturday, October 14th 2023, 9:00 - 3:30 (Game starts at 1:00)
The Clinic concludes with a halftime performance during the Varsity Football Game
WHERE: Bishop Ireton High School Gym, 201 Cambridge Road, Alexandria, VA 22314
COST: \$60 - Cost includes t-shirt, hair bow, lunch & performance at halftime with the Varsity
Cheerleaders! Bring your friends and your cameras! Don't miss out on this amazing experience!!
REGISTER: Register and pay online at <https://bitsofreton.myschoolbus.com/page/view?clientId:157&unit:1&unitId:4240>
or fill out the form below & mail to:

Bishop Ireton Cheer Clinic
201 Cambridge Rd., Alexandria VA 22314
ATTN: CHEERLEADING
Questions? Please email: bicheerclinic@hotmail.com

COME JOIN US FOR THE FUN!

.....
Name _____
School & Grade _____
Phone # _____ Parent email _____
Emergency Contact _____ Phone # _____
Insurance Company & ID# _____
Please list any food allergies _____
T-shirt Size: XS AS AM Referring Cheerleader: Sam Guilaran
If you wish to pay by check, please make payable to Bishop Ireton High School and write "Cheer Clinic" in the memo line.
Spots are limited - so don't delay and sign up today!



BISHOP IRETON HIGH SCHOOL OPEN HOUSE

We invite you to visit our campus at any point from 1-3 pm to explore our school and hear from teachers, coaches, administrators and current students. Student led tours will be available.



**SUNDAY,
OCTOBER 15, 2023
1-3 PM**

**201 CAMBRIDGE RD.
ALEXANDRIA, VA 22314**

To RSVP or for more information,
visit bishopireton.org/openhouse
or scan the QR code below.



FAMILY FOLDER

The following flyers may be found in the folder labeled "October 5, 2023" on the website. For your convenience, some flyers are repeated.

Family Folder

School Flyers:

1. Wall of Heroes information
2. Partners in Faith (September) newsletter

PTO Flyers:

1. Trunk or Treat flyer

Parish Flyers:

1. Porto Charities Mass at Holy Spirit flyer
2. Militia Immaculata flyer
3. Youth Ministry Program announcement
4. K of C Youth Soccer Challenge
5. Illuminated Rosary
6. Vatican II Documents discovery with Father Willard
7. Pilgrimage to Emmitsburg, MD
8. Respect Life flyer
9. Jazz on the Lawn
10. Meet Deacon Arbeen flyer
11. Bible Study with Father O'Donohue
12. Christmas White House ornaments presale
13. Blessing of the Pets flyer

Community Flyers:

1. CHADD ADHD Resource Fair
2. Cheerleading Clinic at Bishop Ireton
3. Bishop Ireton Open House

Holy Spirit School | 8802 Braddock Rd., Annandale, VA 22003

[Unsubscribe pto@holyspiritflames.org](mailto:pto@holyspiritflames.org)

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