From the Principal's Desk



Holy Spirit Inspiring Minds

March 9, 2023

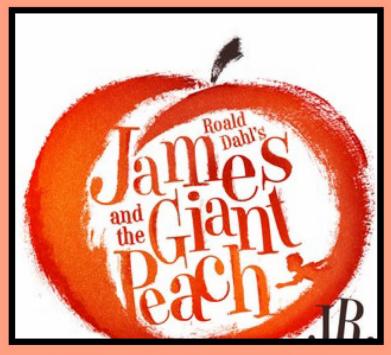


Holy Spirit School Inspiring Minds/Igniting Hearts 2022/2023 "Joy"

"Just Peachy!"

Holy Spirit School

Presents



Based on the book "James and the Giant Peach" by Roald Dahl

Thursday March 9th, 2023, 7:00 P.M.

Doors Open at 6:30 pm

We hope to see you all tonight!

We are gearing up for the annual 5K Spirit Run benefiting the school's Resource Department. This Department touches the lives of so many people in the school and is integral to who we are as a community.

Please consider registering to run.

If you own a business, please consider being a 2023 sponsor.

Information is below or check out the school website.

All weekend parish Masses on March 11 and 12 will take place in the school gym.

The 2nd Trimester officially ends today and the parent poprtal closes today.

A reminder that tomorrow, Friday, March 10th is a NO school day for students and a

professional development day for the faculty.

Thursday, March 16th is a PTO Spirit Gear day.

Friday, March 17th is our Fathers' Day Mass and receptions in honor of the Feast of St. Joseph. Details are below.

Tuesday, March 21st is CRAZY SOCK DAY as we recognize Down Sydrome Awareness Day. We encourage all students to wear their craziest socks with their uniform that day.

A reminder that FACTS Applications for tuition assistance for the 23/24 academic year are due next week, Wednesday, March 15, 2023.



5K Spirit Run 2023!!

Dear friends of the 5K Spirit Run,

The start of the 5K Spirit Run season has started with the 2023 race t-shirt design contest. We are so proud of all of our student artists who submitted designs. Congratulations to Arianna N whose design was chosen as the winner and will be used for all of the race t-shirts and promotional materials.

Thank you to all who participated in 2022 by walking, running, cheering, donating, volunteering, and praying for us. Again, congratulations to our first-place overall winner and Holy Spirit School class of 2016 alumnus Sajiv Gnanasekaran. Unfortunately, we had some problems with our timing last year, so this year we will use CommonwealthTiming Company to keep the race times. We hope to be able to award medals to those who place in their race categories after the run is complete.

This will be our 8th year of holding the 5k Spirit Run and every year it has had its own challenges, however, every year our school and parish community never fails to make the morning special because our school is special. We hold this race in order to raise money to help financially support our Resource Program. Our Resource Team continues to provide academic support for students with mild to moderate learning disabilities, Dyslexia, ADHD, Autism, Intellectual disabilities, and other special needs in an academically inclusive Catholic environment. Holy Spirit School has been a leader in

academic inclusive education in our diocese for many years due to the services our Resource Program provides. Our Reading Resource services continue to grow by not only providing specific reading interventions, but by holding small reading groups for students who have been identified as benefitting from early reading intervention. Our Resource team supports the whole Holy Spirit school community in some way.

The 2023 5K Spirit Run will have an in-person 5k route starting at Holy Spirit School, but you will also be able to participate virtually if you choose. Please keep monitoring the Holy Spirit School webpage and Facebook page as they will be updated regularly as we have information to share.

SAVE THE DATE 2023 5K Spirit Run May 20, 2023

Please consider making a donation, becoming a business sponsor, or volunteering your time. By supporting the 5K Spirit Run you are saying that you support Catholic inclusive education for all students and this brings us all "Joy!"

Blessings always,

Sue Gibbons, Race Coordinator

Register HERE for the 5K Spirit Run!

Sponsorship Information Found HERE!



Please join the Holy Spirit School Community for a

Mass in Celebration of Fathers March 17, 2023 9:00am

Our school day will begin at 9:00 am in the church. Dads and children are welcome to meet us there. If Dads are unable to attend, children are welcome to invite uncles, big brothers, or another special guest. If students will not have a guest that day, we will be glad to receive the children at the regular 8:00 school time. Receptions will follow mass in your children's classrooms.





Looking for a way to tithe this Lent?

Bottles for Babies

Throughout the season of Lent, Holy Spirit's Got Life? Club is collecting monetary donations for Mary's Refuge: a former convent now serving single mothers in Martinsburg, WV.

Each classroom will have a baby bottle where donations can be placed.

At the end of Lent all donations collected from classroom baby bottles will go to Mary's Refuge.

For more information about Mary's Refuge please visit https://rumble.com/v1xno7m-marys-refuge-former-convent-now-serves-singlemothers.html

Thank you for your support!



Sunday	ent Cale	Tuesday	Wednesday	Thursday	Friday	Saturday
osiebration of the Paschal Myste	larty days which begins with Ash We any (Easter Triduum). Lent is the prin g the forty days Jesus spent in the o Church).	sary penilential season in the	22 Ash Wednesday Receive ashes at Mass and keep them on all day.	23 Help-children choose offerings of proyer, persons, and almsglving. Make sum they are age appropriate.	24 Today, have a simple meel logather. Pray for those who can't have meal as a megular part of their data.	25 Set up a prayer corner. Diapa a small table in purple doth. Include a Bible, a cancle and a pilow. Meet them at night for ferrify prover.
26 "Bury the Halkelijah." Write the word, "halkelijah." on a piece of paper. Putit in a beg and bury in the ground to be "resurrected" on Easter.	27 Make a Lant proyer chain. Write 40 interdions on strips of paper. Each day, choose a strip, say a prayer for the interdion and add it as a link to the chain.	28 Give up a favorite snack today for the souls in Purgatory.	1 March Check out Catholic Relief Services and see if you can help support any of their projects. Look here: https://www.cm.org.	2 Addiner lonight, encourage everyone to think of a person he or she describilitie and say three nos things about that person.	3 First Friday Attend Mass or make a visit to the Bessed Saccarrent in church. Pray for a hulbul Lent.	4 Pray a family Rosany together in your prayer corner.
5 After Mass, light a candle for someone who passed away recently. Your parish family will join their proyers to yours.	6 Set out an empty box. Throughout Lent, odd any unused clothes, books, or keys that are in good condition.	7 Pick someone in the news and pray for them.	B Each day senaining in Lent, put a july bean in a jar whenever someone does a good deed. Share the july beans at Easter!	9 At dinner; shara one way God showed His love to-each of you today.	10 Consider testing from screenss traight, Pay toordgames, draw pictures, do-a puzzle, read books together.	11 Family story night Cuddle up tonight and read Easter-theme books, such as the Legand of V Three Trees or The Week The Left In Easter.
12 Ater Mass, explain the homity in forms children can understand. Come up with a resolution for the week.	13 Resolve to use only kind words today	14 Monies would roll dough and twist it into crossed "prayer" arms - now incom as pretente. Enjoy this traditional Landen snack.	15 The Dur Father is the perfect proyer, given by Jesus to us. Proy the Our Father together and bik about what it means.	16 Prepare souls for Easterf Ask each family member to make an examination of coresidence, using the Ten Commandments and eight Benthudes as guides.	17 St. Patrick's Day Is 31. Patrick's hores, pray for Catholic missionaries and these involved in wilipixus education.	18 Go to Confession as a family. Go out for a special treat afterwards to orientatic God's longiverness.
19 Lactare Sunday Joby, we look forward to Easter joy! Have a took after Mana to calabrata the mitpoint of Lent.	20 St. Joseph's Day B. Joseph served, potected, and caref for Nery and Jesus. Entrust tathers (including priests) to his care.	21 Refresh any Letten commitments you made.	22 Say a short prayer in front of each cross or crucifix in your toms.	23 At dance; go around the table and share convolting for which you are each grateful.	Creater and the second	25 Annunciation of the Lord We objecte Mary's "Yes" to God Proy three Hall Marys for help to be faithful to God's plan.
26 Spiritual Bouquet Have each person choose a perger to offer daily for your perfor. Send a card with everyona's promises.	27 Get up 15 minutes earlier than usual today and pray as a family	28 Practice patience – a form of absgiving that is especially pleasing in God's eyes.	29 Give up a favorite toy or treat just for today.	30 Deliver the box you started on Merch 5 to its destination.	31 Contract of the second seco	1 April Dust, vacuum, clean and get your home ready to calebrate Holy Week – the Indiant time of Die year.
2 Palm Sunday Palmhonds were a sign of victory and thumph. Decorate the statues and images of Jeaus around your home with palms.	3 Toright and every night this week, say a special prayer for frose entering the Church during the Easter Vigl.	4 Go for a walk and look for signs of new life.	S Using crayons or colored markers, drawer Easter symbols. Hang them up to decorate for Easter.	6 Holy Thursday Read the story of the Last Supper (Nathew 20:25-30), Wash and dry each offeet's first an Jesus washed the feet of his Apostles.	9 Good Friday Pay the Stations of the Cross together. There Jesus for His sacrifice on the Cross for us.	8 Holy Saturday Ugit a carde and renew your baptismal vois together as a tamiy, promising to be taithful to Golt.

-Maureen Ashby

Principal





March 10th – Chuck E. Cheese Fund Raiser (see flyer below) from 2 – 9 pm

March 22nd – Used Uniform Sale 2:30-5:30

March 30^{th -} Are you sure all your hours have been satisfied... here is an easy opportunity to pick up some hours and help the kids that are working so hard! Science Fair Judges Needed! (12-3). No STEM experience necessary! Lunch will be provided! (sign-up in Connect 1) Any questions please reach out to Mrs. Laura Laclede at <u>sciencefair@holyspiritflames.org</u>. April 29th – Art Show Sign-up. See the flyer below.

April 29th – Talent Show Volunteers Needed! See the flyer below.

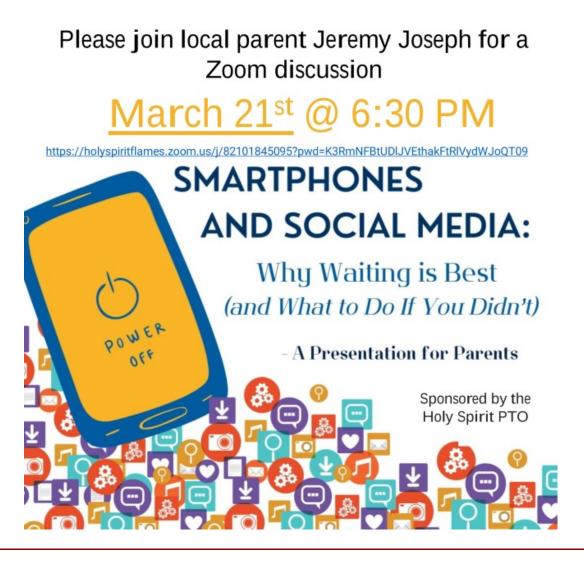
March PTO Meeting Cancelled!!!!

There will be no March PTO Meeting. Instead, please join for the Kids, Smartphones, and Social Media Discussion, Tuesday, March 21, 2023, at 6:30 pm. This meeting can be found at the following link (more information to follow):

https://holyspiritflames.zoom.us/j/87077053723? pwd=SkJiMEdsWHcvKzdVZC9qN09GdlgrZz09 Meeting ID: 821 0184 5095 Passcode: 896019

Connect1:

If you need more assistance with Connect 1 you can either contact Tom Fields at <u>PTOPSSC@holyspiritflames.org</u> or visit <u>https://app.connect1.io/volunteers/gmgujg6pp</u>



PTO Executive Board Nominations

Have you thought about serving our school community in a new way? Do you know someone who would make a great Executive Board member?

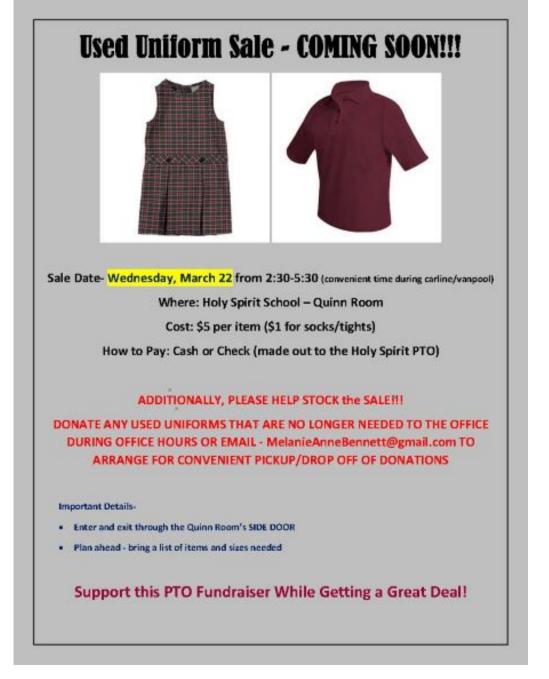
The nomination form for the 23/24 academic year is now open!

Click here to access Nomination Form

Need a bit more information? Take a look at the PSSC Handbook or contact a current Executive Board member.



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Holy Spirit School's Annual Talent ShowCase

& Dance



Saturday, April 29th, 2023



ART SHOW SIGNUP

The Lobby Art show is looking for works of sculpture, photography, writing, painting, drawing or other displayable media. If you have a talent for creating, the lobby show is looking for you!!

Requirements for Submission:

Flat work no larger than 22 X 24 including mat/frame, needs to have hanging hardware attached. Sculptures no bigger than 24 x 20 with a weight limit of 10 pounds, must stand on it own. Please include a title, description, and your name and grade on a card with the work submitted.

Deadline for submission: March 29th. Please submit all works to Mrs Liss by April 26th.

AME		

grade/teacher____

Type of work:_____

Holy Spirit School's Annual Talent Showcase



When: April 29, 2023

WE NEED VOLUN TEERS!!

Volunteers are needed to help make this year's talent show awesome!! All manner of jobs from small to large are needed, and all help is appreciated. If you signed up at the PTO Fall Fair, your signup has been transferred to Connect 1 for your convenience. To volunteer for this event, Please click the signup link below:

https://app.connect1.io/volunteers/kKPf0p4TN

any questions, email Joe Terpenning at jterpenning@infinitetech.org

CHECK CONNECT 1 FOR VOLUNTEER OPPORTUNITIES

PTO Board 2022 - 2023

President - Christine Ploschke - <u>PTOPresident@holyspiritflames.org</u> Vice President - Trevor Lowing - <u>PTOVP@holyspiritflames.org</u> Treasurer - Danielle Hetzler -<u>PTOTreasurer@holyspiritflames.org</u> Secretary - Lee Conroy -<u>PTOSecretary@holyspiritflames.org</u>

Volunteer Coordinator - Mary Sonnen - <u>PTOVPMembership@holyspiritflames.org</u> Fundraising Coordinator - Toni O'Neill - <u>PTOVPDevelopment@holyspiritflames.org</u> Homeroom Parent Coordinator - Valerie Overstreet -<u>PTOHomeroomCoordinator@holyspiritflames.org</u>

Volunteering

Please remember that you must be fully compliant with the Child Protection policies of the Diocese in order to perform recess duty and to volunteer in activities where students are present.

Parish Happenings!



APRIL 1 – 2 Palm Sunday and the Passion of our Lord Jesus Christ Masses: 5:30 pm Saturday 7:30 am Sunday

		7:30 am Sunday
		9:00 am Sunday
		10:30 am Sunday
		Noon Sunday
		6:00 pm Sunday
April 6	Holy Thursday	
	Last Supper Mass	7:30 pm
	Adoration	Until Midnight
April 7	Good Friday	
	Confessions	9:00 -11:00 am
	Lord's Passion	3:00 pm
	Divine Mercy Chaplet	5:30 pm
	Stations of the Cross	6:45pm
	Good Friday Tenebrae	7:30 pm
April 8	Holy Saturday	
	Confessions	9:30-11:30 am
	Divine Mercy Chaplet	9:30 am
	Blessing of Easter Baske	ts 10:00 am
	NO 3:30 PM Co	nfessions
	Easter Vigil Celebration	8:30 pm

April 9 Easter Masses 7:00 am 9:00 am 11:00 am 6:00 pm









Did you know that the Diocese has two free medical clinics?

Yes, they are The Mother of Mercy clinics in Manassas and Woodbridge

The clinics' mission is to engage the community to provide free, quality healthcare to low income adults who are uninsured or underinsured in Prince William County. The clinic does not charge patients receiving basic medical care. All the doctors and nurses who work at the clinic volunteer their time to provide this free medical care. The clinic is also a portal toward other necessary integrated services that Catholic Charities provides, such as counseling, emergency financial and food assistance and referrals for workforce development and immigration support.

We would like to provide children's books to families in the waiting room while waiting to be seen.

If you have some **slightly used children's books** to donate, we would love to supply the clinics. Pre-pandemic, books were provided and children could take them home. Therefore, we will be asking for more books from time to time to fill this need.

Children's Book drive Weekend of March 18 & 19 Donation bins at church doors



DONUT SOCIAL Sunday March 11th







Holy Spirit Men's Club Sponsoring ...

Pub Night (a.k.a. Man Cave Thursday)

Celebrating St. Patrick's Day



March 16th / 6:30 - 10:00 pm Quinn Room (lower level of school)

Irish Trivia & March Madness

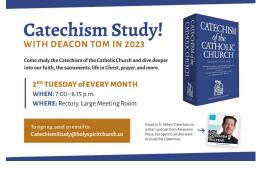
Poker, Cornhole & Bocce

Irish Food & Beer, Soda, Water

Free Will Donation \$10

Questions? Text/Call HSMC President 703-640-4157





Community Happenings!





Office of Catholic Schools will be available to schools/ https://us02web.zoom.us///850107939682 pwd=WF2S2k40cliGTadxVWNiWmoxUy8vQT09

Discover the Diocese of Aningran. Meet with school representatives to explore teaching in one of the **37** elementary schools, **4** high schools and **4** stand-atone preschools serving over **18,000** students in the **13** cities and counties in this growing diocese. Our schools are seeking highly-qualified, faith-filled and dynamic professionals.







FAMILY FOLDER

The following flyers may be found in the folder labeled "March 9, 2023" on the website. For your convenience, some flyers are repeated.

> Family Folder

School Flyers:

- 1. Fathers Day Mass and Reception flyer
- 2. Yearbook Order Form flyer
- 3. Mary's Refuge flyer
- 4. PTO Chuck E. Cheese Fundraiser
- 5. PTO Used Uniform Sale flyer
- 6. PTO Talent Showcase Art Show Signup
- 7. PTO Talent Showcase Volunteer Signup
- 8. PSA Spring Sports flyer
- 9. Partners in Faith (March) newsletter
- 10. Parner in Faith Lenten Calendar
- 11. Diocese of Arlington Tuition Assistance Overview

5K Spirit Run

1. Sponsorship information

Parish Flyers:

- 1. Holy Week services flyer
- 2. Bible Study with Father O'Donohue flyer
- 3. Lenten Soup Supper flyer
- 4. BINGO flyer
- 5. Sponsor a Work Camper flyer
- 6. Vacation Bible School flyer
- 7. Pilgrimage to Ireland flyer
- 8. Pilgrmage to Montreal flyer

- Book Drive for The Mother of Mercy clinics flyer
 7th & 8th Grade Boys Boxing Club flyer
- Bedding for Babies flyer
 Donut Social flyer
- 13. Men's Club Social flyer
- Quo Vidas and Fiat Camps flyer
 Catechims Study flyer

Community Flyers:

- 1. Diocesan Job Fair
- 2. BI Summer Camps flyers
- 3. BI Sring Production Music Man flyer