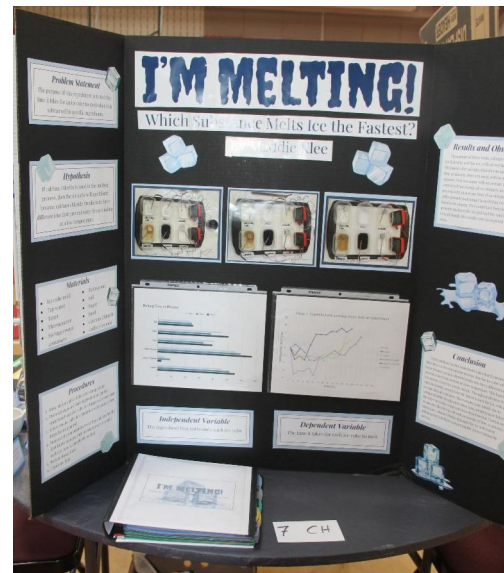
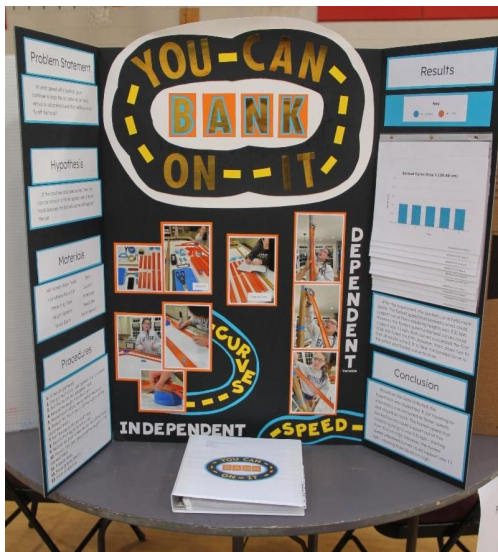


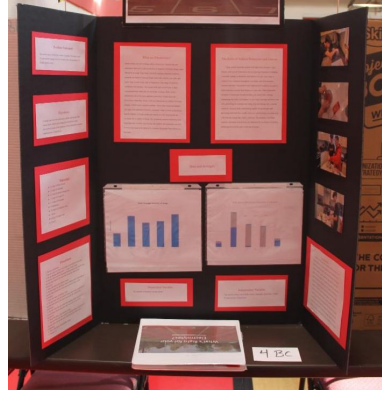
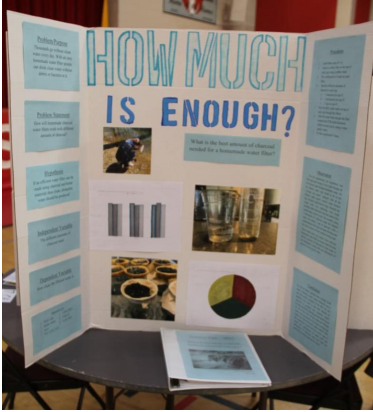
March 30, 2023



Holy Spirit School *Inspiring Minds/Igniting Hearts* 2022/2023 "Joy"

Let's Have a Moment of Science....





The culmination of weeks and months of work for the 7th & 8th grade students was on full display today for the annual Science Fair. Students chose individual projects and worked through the scientific method to draw conclusions about their hypothesis.

We congratulate all of the students on the work they did to prepare for the day!

We also thank all of the volunteer judges who came in for the fair. A critical piece of this endeavor is for the students to be able to defend their projects not just in written form, but orally to the judges. We appreciate the time that the judges gave to the fair and thank them for assisting our students to grow and develop valuable public speaking skills.

A reminder that on Monday, April 3rd students may move into their Spring uniform.

On Holy Thursday, April 6th the 8th graders will present the Living Stations to the school community at 9:00 am - all are welcome. After that the students will work with their buddies to create chaplets which we will use in our next "Nothing But Faith Day" which will be on April 19th.

There is no school for students on Good Friday, April 7th and we are on Easter break the entirety of the next week. Students return to school on Monday, April 17th.

When we return we will be on the quick downward slide to June - get ready!

Yearbook Sales End April 10th!



Holy Spirit
2022-2023 YEARBOOK
On Sale Now!

\$20

Get Yours Today!

Order Online:

BUYTHEYEARBOOK.COM

ID: 712674





Little Medical School is now offering
Little Doctor School at
Holy Spirit School!

LMS offers STEM activity-based classes where we strive to inspire the next generation of Healthcare Heroes! We are offering a 6-week class on Thursdays starting in April.

We're excited to inspire your student to imagine a future in a profession that perhaps they didn't consider before this class!

Little Doctor School

Through role-play and activities, students will learn the key responsibilities of a doctor, and explore anatomy, using real medical instruments such as stethoscopes. Children will also learn about first aid, treatment prevention, and much more!



APRIL 20TH THRU MAY 25TH

3:30PM - 4:30PM

GRADES K-2 WELCOME

6-WEEK CLASS

Questions?
Contact Morgan Taylor
at
MTAYLOR@LITTLEMEDICALSCHOOL.COM

INTERESTED?
**SCAN
HERE**
TO
REGISTER

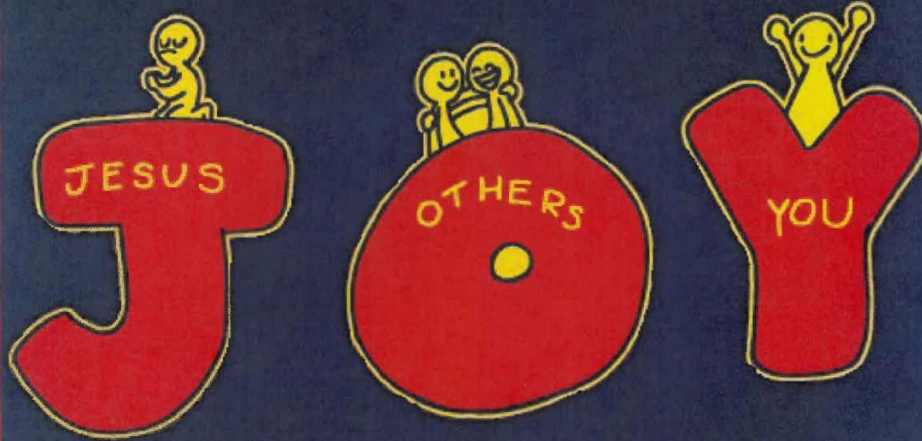


5K Spirit Run 2023!!

JOIN US FOR...

Holy Spirit's Annual

5K SPIRIT RUN



When: May 20, 2023
Where: Holy Spirit School
Time: 8:00 AM



REGISTER TODAY!

Register [HERE](#) for the 5K Spirit Run!

Sponsorship Information Found [HERE!](#)

 **Thoughtful Moments**

Prayer habits

Children with good prayer habits become adults who rely on prayer throughout their lives. Refresh your family prayer habits and encourage children to start and end the day in prayer. Together pick a morning and evening offering and say it together. Encourage spontaneous prayer from the heart.

Penance vs. punishment

Penance isn't punishment. In fact, true penance helps us to undergo a change of heart that helps us become better people who positively influence others. Our sin affects others, and our penance and reparation can, too. Help children cultivate penitential habits such as abstaining from meat on Fridays throughout the year, performing extra chores, graciously accepting the mental tasks of life. The purpose of penance is not to diminish life but to enrich it.

A living hope

"Blessed be the God and Father of our Lord Jesus Christ! By his great mercy we have been born anew to a living hope through the resurrection of Jesus Christ from the dead" (1 Peter 1:3).



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Help children to P.R.A.Y. in Mass

The Mass is the most important gift Catholic parents can share with their children. Help youngsters engage with this timeless treasure of our Faith, by encouraging them to

P-Prepare. Good preparation leads to a fruitful Mass experience. Lay out Mass outfits the night before. Get up early enough to have breakfast (at least an hour before receiving Communion) and share the Gospel reading.

R-Raise voices in song. We're encouraged to actively participate in Mass by being attentive, praying the responses, and offering our lives, our

intentions, and our praise to God's service. By respectfully raising their voices in song, children also lift their prayers – and their hearts – to God.

A-Adore God. We are made to love God and to receive His love for us.

Y-Say "Yes!" Encourage older children to receive Communion with the right posture and reverence for Jesus' Body and Blood.

Little ones can use this time to tell God they love Him and to thank Him for His gifts.

to His grace. At the end of the Mass, we're sent out to "Go in peace to love and glorify the Lord by your life." Together, take a moment after Mass to say "yes!" to accepting God's grace. That grace in you will bear good fruit all week long.



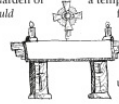
Why Do Catholics Do That ?

Why do Catholics pray at an "Altar of Repose" on Holy Thursday?

On Holy Thursday night, Jesus and his disciples prayed in the Garden of Gethsemane. He asked, "Could you not watch with me one hour?" (Matthew 26:40). Instead, they slept while Jesus prayed in agony over His Passion.

On Holy Thursday night,

Catholic parishes traditionally display a temporary altar decorated with flowers and candles where the Eucharist is displayed. People are invited to come before the Eucharist and offer their prayers and love, making up for that "lost hour" in Gethsemane.



-Maureen Ashby

Principal

Holy Spirit School PTO



Upcoming Events:

April 29th – Art Show Sign-up. See the flyer below.

April 29th – Talent Show Volunteers Needed! See the flyer below.

May 19th – Field Day is coming – Please volunteer and join us in one of the most fun events of the year! Check out [Connect 1](#) for three separate sign-ups -- one for Team Coach (23 Virtus compliant parents still needed!); one for coolers with waters (one needed for each classroom – 9 still needed!); and one for an array of other ways to help (there are so many options!) More information will be shared closer to the event. Questions? Email the Field Day Committee at Jessica.A.Driscoll@gmail.com

Next PTO Meeting: April 18th, 6:30 pm. This meeting can be found at the following link (more information to follow):

<https://holyspiritflames.zoom.us/j/87077053723?pwd=SkJiMEdsWHcvKzdVZC9qN09GdlgrZz09>
Meeting ID: 870 7705 3723 Passcode: 483688

Connect1:

If you need more assistance with Connect 1 you can either contact Tom Fields at PTOPSSC@holyspiritflames.org or visit <https://app.connect1.io/volunteers/gmgujg6pp>



Field Day is coming -- mark your calendars for **Friday, May 19, 8 am - 1 pm**. Please volunteer and join us in one of the most fun events of the year! Check out [Connect 1](#) for three separate sign-ups -- one for Team Coach (64 Virtus compliant parents needed); one for coolers with waters (one needed for each classroom); and one for an array of other ways to help (there are so many options!) More information will be shared closer to the event. Questions? Email the Field Day Committee at jessica.a.driscoll@gmail.com

PTO Executive Board Nominations

Have you thought about serving our school community in a new way? Do you know someone who would make a great Executive Board member?

The nomination form for the 23/24 academic year is now open!

[Click here to access Nomination Form](#)

Need a bit more information? Take a look at the PSSC Handbook or contact a current Executive Board member.

Be Sure To Get Your Tickets for the PTO Talent Showcase!!!

Holy Spirit School's Talent Showcase

Dinner & Dance

Saturday, April 29th 5:30-9:30 PM (DOORS OPEN AT 5:00)

RESERVATION FORM

TALENT * DANCING * DINING * FUN

AWESOME ACTS, ART, RAFFLES AND MORE



Registration includes catered dinner and DJ, with dancing after the show.
Pre-registration is required.

ADULT MENU

Seared Chicken w/ Gazpacho Salsa - Italian Sausage w/ Pepper - Orzo w/ Roasted Vegetables
Italian Salad - Assorted Rolls & Butter - Cake - Beverages - Coffee

STUDENT MENU (& under 4)

Chicken Nuggets - Penne Pasta
Broccoli - Cake - Beverages

=====

Name: _____

adult meals (\$20.00 ea) _____ # student meals (\$10.00 ea) _____

Under 4 (free) _____ Total Amount Enclosed: \$ _____



return form and payment (check made out to Holy spirit PTO) by April 24th

****Physical Tickets will not be provided.
Reserved Attendees will be on a check in list that evening****

Make checks payable to Holy Spirit School. Submit form and check via backpack mail:
Attn: Joe Terpenning
Spring Talent Show Committee
c/o Angelica Terpenning grade 7 Del Canto

Questions: Email Joe Terpenning at (jterpenning@infinitech.org)





Holy Spirit School's Annual Talent ShowCase & Dance



Saturday, April 29th, 2023



ART SHOW SIGNUP

The Lobby Art show is looking for works of sculpture, photography, writing, painting, drawing or other displayable media. If you have a talent for creating, the lobby show is looking for you!!

Requirements for Submission:

Flat work no larger than 22 X 24 including mat/frame, needs to have hanging hardware attached. Sculptures no bigger than 24 x 20 with a weight limit of 10 pounds, must stand on it own.

Please include a title, description, and your name and grade on a card with the work submitted.

Deadline for submission: March 29th. Please **submit all works to Mrs Liss by April 26th.**

NAME _____

grade/teacher _____

Type of work: _____



Holy Spirit School's Annual Talent Showcase



When: April 29, 2023



WE NEED VOLUNTEERS!!

Volunteers are needed to help make this year's talent show awesome!! All manner of jobs from small to large are needed, and all help is appreciated. If you signed up at the PTO Fall Fair, your signup has been transferred to Connect 1 for your convenience. To volunteer for this event, Please click the signup link below:

<https://app.connect1.io/volunteers/kKpF0p4TN>

any questions, email Joe Terpenning at jterpenning@infinetech.org

CHECK CONNECT 1 FOR VOLUNTEER OPPORTUNITIES

PTO Board 2022 - 2023

President - Christine Ploschke - PTOPresident@holyspiritflames.org
Vice President - Trevor Lowing - PTOVp@holyspiritflames.org
Treasurer - Danielle Hetzler - PTOTreasurer@holyspiritflames.org
Secretary - Lee Conroy - PTOSecretary@holyspiritflames.org

Volunteer Coordinator - Mary Sonnen - PTOVPMembership@holyspiritflames.org
Fundraising Coordinator - Toni O'Neill - PTOVpDevelopment@holyspiritflames.org
Homeroom Parent Coordinator - Valerie Overstreet - PTOHomeroomCoordinator@holyspiritflames.org

Volunteering

Please remember that you must be fully compliant with the Child Protection policies of the Diocese in order to perform recess duty and to volunteer in activities where students are present.

Parish Happenings!

Holy Week and Easter Schedule 2023



April 2 Palm Sunday

Masses: 7:30am, 9am, 10:30am, 12 noon, and 6pm

April 6 Holy Thursday

Mass of the Lord's Supper: 7:30pm followed by
Adoration at the Altar of Repose until 12 midnight

April 7 Good Friday

Confessions: 9 to 11:00am
Celebration of the Lord's Passion: 3:00pm
Divine Mercy Chaplet: 5:30pm
Stations of the Cross: 6:45pm
Good Friday Tenebrae 7:30pm

April 8 Holy Saturday

Confessions: 9:30-11:30am
no 3:30 pm confessions
Divine Mercy Chaplet: 9:30am
Blessing of Easter baskets: 10:00am
Easter Vigil Mass: 8:30pm

April 9 Easter Sunday

Masses: 7:00, 9:00, 11:00,
12:30pm, and 6:00pm



**SAINT MARY MAGDALENE
"AT THE FEET OF JESUS"**



Wednesday, April 19th 7:30 PM

Holy Spirit Catholic Church 5121 Woodland Way, Annandale

A one-woman drama that shines a holy light on the great saint who remained at the cross and announced the Resurrection.

This compelling story brings familiar Bible stories to life and transports us to the time of Jesus and the Blessed Mother.

No tickets needed. Suggested ages 10 through adult. Program runs 65 minutes. Sponsored by Holy Spirit Parish Women's Council cpoumade@prodigy.net

Nancy Scimone as Mary Magdalene. MaryMagdaleneDrama.com
"You took me back to that time--what it must have been like to be with Jesus." (Review)

**Holy Spirit Church Presents
Vacation Bible School 2023**



June 19 - 23

9 am - 12 pm

Lunch is included.

**Adult and Youth Volunteers are needed.
Children of adult volunteers attend for free.**

Registration opening soon.

HOLY Spirit CATHOLIC CHURCH Respect Life's annual

Bedding for Babies Drive

Our Goal is to collect 100 baby blankets, 100 receiving blankets and 100 crib sheets to accompany each crib that the Knights of Columbus provide for needy mothers each year. Join us! YOU can make a difference!

Drop off donations at Parish Center or donate via Amazon Wish List
www.holyspiritchurch.us

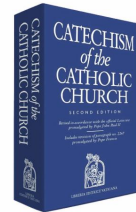
Catechism Study!
WITH DEACON TOM IN 2023

Come study the Catechism of the Catholic Church and dive deeper into our Faith, the sacraments, life in Christ, prayer, and more.

2ND TUESDAY of EVERY MONTH

WHEN: 7:00-8:15 p.m.

WHERE: Rectory, Large Meeting Room



To sign up, send an email to:
CatechismStudy@holyspiritchurch.us

Podcast by Fr. Mike's "Catechism in a Year" podcast from Ascension Press, but open to all who want to study the Catechism.



Marian Homes, Inc.

Document Shredding Event

A Knights of Columbus Charity
Maintaining group homes for intellectually disabled individuals

**May 6th
10 AM - 12 Noon
Upper Parking Lot**

Bring your old documents, cancelled checks, paper, manila envelopes, etc. NO newspapers, magazines, card board, 3-ring binders, hard drives, discs, etc.

(Donations accepted)

For more information, contact:
Knights@holyspiritchurch.us

HOLY Spirit CATHOLIC CHURCH

Community Happenings!

2023 D.C. UNITED
FAITH & FAMILY NIGHT

SATURDAY, MAY 13 | 7:30 PM



JOIN US FOR A NIGHT OF FAITH AND FELLOWSHIP! EACH TICKET INCLUDES ACCESS TO A FAITH TESTIMONIAL WITH A D.C. UNITED PLAYER AND TEAM CHAPLAIN.



TO PURCHASE TICKETS, VISIT
[HTTPS://FEVO.ME/DCUFAITH23](https://fevo.me/dcufait23)
 FOR GROUPS OF TEN OR MORE, SCAN THE BARCODE OR EMAIL
SMGRATH@DCUNITED.COM



Bishop Ireton High School
SUMMER CAMPS

All camp descriptions and more information can be found online at: bishopireton.org/summer-camps

Morning sessions run from 9 am - 12 pm. Afternoon sessions run from 12:30-3:30 pm.

Sign up by April 1, 2023 for an early bird discount! Prices go up \$25 per camp session after April 1.

Questions? Contact Camp Director, Kieran Mitchell at: summercamps@bishopireton.org

Early drop off and lunch are available for purchase upon registering for camp.

Registration cancellations will incur a \$25 administrative fee.

Please note that all registrations are non-refundable thirty days from the date camp begins.



ART CAMP	
■ June 20-23 Morning and Afternoon Session	\$220
■ July 5-7 Morning and Afternoon Session	\$165
■ July 24-28 Morning and Afternoon Session	\$275
ATHLETIC CONDITIONING	
■ June 20-23 Afternoon Session	\$220
■ June 26-30 Afternoon Session	\$275
■ July 5-7 Morning and Afternoon Session	\$165
■ July 10-14 Afternoon Session	\$275
■ July 17-21 Afternoon Session	\$275
BABYSITTER TRAINING	
■ June 20-23 Morning and Afternoon Session	\$220
BAND CAMP	
■ July 10-14 Morning Session	\$275
BASEBALL CAMP - BOYS	
■ June 26-30 Morning Session	\$275
BASKETBALL CAMP	
■ June 26-30 Morning and Afternoon Session - Boys Camp	\$275
■ July 5-7 Afternoon Session - Boys Camp	\$165
■ July 17-21 Morning and Afternoon Session - Boys Camp	\$275
■ June 20-23 Afternoon Session - Girls Camp	\$220
■ July 5-7 Morning Session - Girls Camp	\$165
■ July 10-14 Morning and Afternoon Session - Girls Camp	\$275
CHORAL CAMP	
■ July 10-14 Morning Session	\$275
COMPUTER CAMP - PROGRAMMING WORKSHOPS	
■ June 26-30 Morning and Afternoon Session	\$275

Camps are co-ed unless otherwise indicated.

2023 Spring
BISHOP IRETON THEATER ARTS PRESENTS
MEREDITH WILLSON'S
THE MUSIC MAN
 BOOK, MUSIC, AND LYRICS BY MEREDITH WILLSON
 STORY BY MEREDITH WILLSON AND FRANKLIN LACEY
MARCH 24, 25, 31 & APRIL 1 @ 7PM
MARCH 26 @ 2PM
THE MUSIC MAN IS PRESENTED THROUGH SPECIAL ARRANGEMENTS WITH THE STATE INTERNATIONAL THEATRE ALL AUTHORIZED PERFORMANCES MUST BE SUPPORTED BY WWW.MUSICMAN.ORG

Summer Reading Skills PROGRAMS

Learning to Read Program for 4-Year-Olds and Entering Kindergartners
 In this fun summer program, your child will learn to read. Children learn letter recognition, beginning phonics, and easy sight words. Your child will learn to read simple words and short sentences and get excited about books and reading.

Reading Skills Program for Entering 1st Graders
 In this fun summer program, your child will learn to read independently. Children learn phonics and sight words and build comprehension skills. Your child will develop a love of books and reading and get off to a great start in first grade.

Reading Skills Program for Entering 2nd Graders
 In this fun summer program, your child will become a confident fluent reader. Children build solid phonics and word-attack skills, develop reading fluency, and improve comprehension. Your child will develop a love of books and reading and get off to a great start in second grade.

Reading Skills Program for Entering 3rd Graders
 In this fun summer program, your child will become a strong, enthusiastic reader. Children improve reading fluency and develop excellent comprehension. They build long-word decoding skills and expand their vocabulary. Your child will gain confidence, develop a lifelong love of books and reading, and get off to a great start in third grade.

Reading and Writing Skills Programs for Entering 4th and 5th Graders
 In these fun single-grade programs, your child will become a skilled, confident reader with strong comprehension skills in fiction, nonfiction, and textbooks. Students expand their vocabulary and learn to read more fluently and rapidly. They become better writers who can effectively communicate their ideas. As a result, your child will complete homework more quickly and easily, get better grades, and enjoy reading more.

Reading and Writing Skills Programs for Entering 6th, 7th, 8th, 9th, and 10th Graders
 In these single-grade programs, your son or daughter will make substantial gains in comprehension in fiction and nonfiction and learn to read twice as fast. Students expand their vocabulary and learn the best way to take notes. They become stronger writers who can effectively communicate their ideas. As a result, your child will complete homework more quickly and easily, get better grades, and build confidence as a reader.

College Prep Program for Entering 11th, 12th, and College Freshmen
 In this program, students learn the skills they need to succeed in high school and college. Your son or daughter will double reading speed and improve comprehension, recall, and focus. Students become stronger writers and learn effective time management and study strategies that help them complete work efficiently, get better grades, and score higher on exams.

FOR MORE INFORMATION OR TO REGISTER
Call 1-800-715-2808
 Mon. -Fri. 9am -5pm, Sat. 10am-2pm and Sun. 10am-4pm

DON'T MISS OUT!

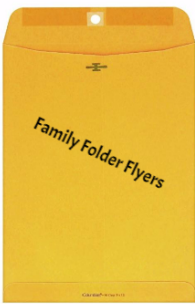
SUMMER CAMPS
 AT BISHOP O'CONNELL HIGH SCHOOL

KNIGHTS & F ADVENTURE

CYBER SECURITY

Digital Game Development • Sports Management
 Creative Writing • Field Hockey
 Entrepreneurs • Basketball • Young Debaters
 Baseball • Cybersecurity • Band
 Volleyball • Web Development
 Video Production • Lacrosse • Theatre
 Junior Veterinarians ...and more!

bishopoconnell.org/summercamps



FAMILY FOLDER

The following flyers may be found in the folder labeled "March 30, 2023" on the website. For your convenience, some flyers are repeated.

Family
Folder

School Flyers:

1. Little Medical School flyer
2. Yearbook Order Form flyer
3. PTO Talent Showcase Ticket Reservation form
4. PTO Talent Showcase Art Show Signup
5. PTO Talent Showcase Volunteer Signup
6. Partners in Faith (April) newsletter

5K Spirit Run

1. Sponsorship information

Parish Flyers:

1. Holy Week services flyer
2. Vacation Bible School flyer
3. Bedding for Babies flyer
4. "At the Feet of Jesus" flyer
5. Document Shredding Event flyer
6. Catechism Study flyer

Community Flyers:

1. Faith and Family Night at DC United
2. BI Summer Camps flyers
3. BI Spring Production - Music Man flyer
4. Summer Reading Skills program flyer
5. Bishop O'Connell Summer Camps flyer