

January 18, 2024



**Holy Spirit School**  
*Inspiring Minds/Igniting Hearts*  
**2023/2024**  
**"Faithfulness"**

## Flames for Life



Tomorrow, Friday, January 19th is the annual March for Life in Washington, DC. I hope that you have made plans with your family to participate in this very affirming and important event.

Here at school this afternoon, the 8th graders led us in praying the Rosary. We prayed for the unborn, for mothers, for fathers and for families. Coming together in prayer is such a privilege and such an important part of who we are as a Catholic school community.

A few schedule reminders:

Tomorrow, Friday, January 19th is a NO school day as Father has closed the school in order to accomodate out-of-town groups who seek lodging as they attend the annual March for Life.

Catholic Schools Week will be here before we know it! Our schedule may be found below.

The annual Book Fair benefiting our school library is right around the corner, as well with sales beginning on Sunday, February 4th. See the flyer below.

Our annual Grandparents Day celebration is scheduled for Friday, February 9th. Information is on the flyer below.

Remember that Monday, February 12th is a no school day. This is the reward for meeting the Boosterthon fundraising goal.

The season of Lent begins on February 14th.

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Did you create your own Holy Moment this week? Did you encourage your kiddos to thank their teacher(s) for the lessons they teach them daily? Did you take the time to thank your own mentor/teacher for the guidance they provided you in the past or even today?





## Schedule of Events 2024

### Sunday, January 28

- Beginning of Catholic Schools Week.
- Wear your uniform to Sunday Mass to show your school pride.

### Monday, January 29

- **"Parent Appreciation Day"**
- Look for your parent "thank you" in the morning carpool line.
- Prayer Service – 8:30am

### Tuesday, January 30

- **"Student Appreciation" Day**
- Dress-down day (follow school policy for dress-down days)
- Spelling Bee finals in the Quinn rm.
  - 9:15 6,7,8
  - 10:15 3&4
  - 11:15 1&2
- Students will have movie/popcorn in the afternoon in the gym at 1:15

### Wednesday, January 31

- **"Faculty and Staff Appreciation" Day**
- **8:30 – 9:15 Ned Mindset Mission Assembly** (for students)
- PTO lunch for the faculty.
- This is a great opportunity for your student(s) to write a note of appreciation to their teacher(s).

### Thursday, February 1

- **"Service Day"**
- Students will create cards for Letters of Love
- Each prayer partner pair will create a card and a friendship bracelet to send to children with cancer.
- Parent volunteers needed look for the signup in Connect1.

### Friday, February 2

- "Clergy Appreciation Day"
  - 9:00am School Mass
  - Students will honor not only the work that Father O'Donohue, Father Willard, Fr. Agure, Deacon Grodek and Deacon D'Souza do within the school and parish community, but also the efforts of those involved with the parish Religious Education and youth ministry.
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**SCHOLASTIC**  
**BOOK FAIR**

Be true to your  
**SHELF**

Visit our Book Fair in  
the school library!!

**BEST.  
DAY.  
EVER.**

Sunday, February 4th - Friday, February 9<sup>th</sup>

Hours:

Sunday 10:00 a.m. – 2:00 p.m.

Monday, Tuesday, and Thursday 8:30 a.m. – 3:30 p.m.

Wednesday 8:30 a.m. - 6:30 p.m. (Evening Hours)

Friday (Grandparents Day) 8:30 a.m. -12:00 p.m.

**25% of all proceeds go to the school library**

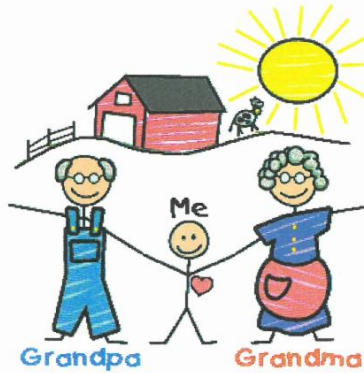


Click below to sign-up in Connect1 and see class schedules

Payments accepted: Cash, check, credit card, and E-Wallet (click  
below to set-up an E-Wallet)

<https://bookfairs.scholastic.com/content/fairs/ewallet.html>

"Nobody can do for little children what grandparents do. Grandparents sort of sprinkle stardust over the lives of little children." - Unknown



February 9<sup>th</sup>  
*is*  
GRANDPARENTS DAY at Holy Spirit School!

9:00 AM Mass (in the church) followed by a reception

RSVP needed by January 31, 2024 - use the link below

Grandparents and their grandchildren should arrive together in time for the 9:00 am Mass and go directly to the church.

Any student who will not have a guest that day should arrive at school at regular time and those students will attend Mass with their homeroom.

After Mass all grandparents and their grandchildren are invited to attend a reception in the gymnasium where we will have a breakfast "treat" and a planned activity.

Grandparents and grandchildren will also have the opportunity to attend the Book Fair in the library, if that is something they would like to do.

[RSVP for Grandparents Day](#)

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Little Medical School is now offering  
Little Nutrition School at  
Holy Spirit School!



These future dieticians will learn about healthy eating habits, the food pyramid, and global foods through our nutrition workbook *Asha's Magical Ride*. They'll learn how to identify "red light" foods (added sugars, solid fat, etc) and learn how to do "switcheroos" and how to create healthier alternatives for snack and meal recipes! Finally, they'll explore careers in the nutrition field and design their dream nutrition job with a graduation ceremony on the last class!

THURSDAYS STARTING JANUARY 18TH THRU FEBRUARY 22ND

3:30PM - 4:30PM

GRADES K-2 WELCOME

6-WEEK CLASS

Questions?  
Contact Colleen Esposito  
at  
[CESPOSITO@LITTLEMEDICALSCHOOL.COM](mailto:CESPOSITO@LITTLEMEDICALSCHOOL.COM)

INTERESTED?  
**SCAN  
HERE  
TO  
REGISTER**



Partners in FAITH™

Helping our children grow in their Catholic faith.

January 2024

Holy Spirit School

Thoughtful Moments

**St. Marguerite Bourgeoys**  
Born at Troyes, France in 1620, St. Marguerite desired early on to become a missionary. A friend introduced her to the mayor of Ville Marie (now Montreal, Canada) and, at his invitation, St. Marguerite traveled to Canada to teach the children of the colony. She was later joined by several women - all consecrated to God and devoted to teaching and Works of Mercy. In 1674, she gained approval for her order, the Congregation of Notre-Dame de Montreal.



Fishers of Men

Some of the first apostles were fishermen working in the Sea of Galilee. The fish were known for their quality and commanded a high price. Next time you eat fresh fish, remember Peter and Simon, James and John, the hard-working fishermen who left their boats to follow Jesus.

"Therefore, if anyone is in Christ, he is a new creation; the old has passed away, behold, the new has come" (2 Corinthians 5:17).



Shape children's hearts with virtues

A key element of Catholic parenting is to shape the hearts of our children, not just manage their behavior. One way to shape a child's heart is to offer opportunities to grow in virtue.

**Modesty:** Modesty protects the intimate center of a person. It means refusing to unveil what should remain hidden.

**Modesty involves** in youngsters a respect for the human person. Teach them to dress, speak, and take in entertainment that is wholesome, uplifting, and respectful of themselves and others.

**Faithfulness:** When children see that their parents are faithful to one another, for example, they imitate that faithfulness or fidelity means to act in a way that honors a commitment. Children may not always hear what we say, but they are influenced by what they see us do.

**Mekness:** Mekness is not timidity. It helps self control. St. Thomas Aquinas cautioned against expressing physical anger because it makes anger outlasted. Guide and model how to use meekness to manage anger. Mekness will help prevent evil from ruling actions.

**Charity:** "I... have not love, I gain nothing" (1 Corinthians 13:3). Charity is giving love without an expectation of receiving in return. Teach children to not share needs first. They will find that as they grow in charity, they will be happier and more joy-filled.



Why Do Catholics Do That? Why do Catholics have infants baptized?

As a Sacrament, Baptism conveys grace and the "washing away" of sin and the "rebirth" of the baptized as a child of God. It starts us on the sacred path to salvation: "Whoever believes and is baptized will be saved; whoever does not believe will be condemned" (Mark 16:16).

Catholic parents, desiring the best for their children, baptize them as infants, believing it will give them the best chance of true joy in this life and eternal life in the next.



K - 8TH GRADE

FRIDAYS

3:20PM - 4:20PM

2/2 - 5/31  
SKIPS: 9/16, 10/8, 10/29, 4/15, 4/26, 5/24

No club meeting on school closure or early dismissal days

TUITION: \$243 FOR 12 WEEKS



MAGNUS CHESS ACADEMY

HOLY SPIRIT CATHOLIC SCHOOL CHESS CLUB

Fun is the name of the game...

...but Magnus Chess Academy also sneaks in a bit of critical thinking, sportsmanship, and patience into chess club!

Each week students of all levels do a fun but challenging lesson with one of our great coaches from our world class curriculum followed by practice games against other students in the class.

Join the 100,000 (and counting!) kids who've learned chess with the official academy of world champion Magnus Carlsen. This in-person club includes online extras like practice tournaments and a bonus lesson with Magnus or Judit Polgar, the best female chess player ever!



To register, scan the QR Code or visit [www.chessacademy.com](http://www.chessacademy.com)

Questions? Email: [info@chessacademy.com](mailto:info@chessacademy.com) or call: 703.574.2070

-Maureen Ashby

Principal

# Holy Spirit School PTO



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## Upcoming PTO Events

**Tuesday, January 23<sup>rd</sup> --- RESCHEDULED FROM January 16<sup>th</sup>**

IN PERSON PTO Meeting 6:30pm – 7:30pm Room 14

See details below - Light refreshments and snacks will be served!

**Sunday, February 4<sup>th</sup> – Friday, February 9<sup>th</sup>**

Scholastic Book Fair – 25% of all sales go toward the school library

See Volunteer Opportunities to help out

**Tuesday, February 13<sup>th</sup>**

Talent Show Auditions 3:15pm – 5:00pm Quinn Room

See Volunteer Opportunities to help out and flier for performance audition sign up

## Volunteer Opportunities (1 point/30 mins volunteered)

### January PTO Meeting - MOVED TO JANUARY 23<sup>rd</sup>

Join us in person for drinks, snacks and Holy Spirit camaraderie on January 23<sup>rd</sup> at 6:30pm. This in-person meeting will allow you to hear from your PTO president, Mrs. Ploschke, your principal, Mrs. Ashby, and various committees about upcoming events. Have an idea to share? Want to provide feedback on events? This is a great opportunity for families to share your thoughts, stay up to date and connect with other parents and the PTO board. We will not have a zoom option for this month's meeting, so we hope to see you and be sure to sign up in [Connect1](#) so we can plan for food/drinks appropriately as well as to earn PSSC points for attending.

Questions? Contact Kristyn Poreba [PTOSecretary@holyspiritflames.org](mailto:PTOSecretary@holyspiritflames.org)

### Scholastic Book Fair

The annual Scholastic book fair will run from Saturday, February 4<sup>th</sup> – Friday, February 9<sup>th</sup> in the school library and volunteers are needed throughout the week beginning February 1<sup>st</sup> for setup, assisting students during the event and breakdown. See [Connect1](#) to signup.

Questions? Contact Mrs. Coney [econey@holyspiritflames.org](mailto:econey@holyspiritflames.org)

### Talent Show Audition Volunteers

Volunteers are needed on Tuesday, February 13<sup>th</sup> from 3pm-5pm to help out with Talent Show auditions. Students will preview their acts in front of coordinators to review timing, stage needs, and appropriateness. Volunteers are needed for crowd control, registration, and content review. See [Connect1](#) to signup.

Questions? Contact Joe Terpenning [jterpenning@infinitetech.org](mailto:jterpenning@infinitetech.org)

**Spring Fundraiser (Talent Show) Chair and Co-Chair** (40 PSSC points each) Virtus Certification is NOT required

Do you love Spring and organizing fun events? Would you like to plan and execute our Spring fundraising activities during this year's Talent Show? This Chair/Co Chair role includes

coordinating with classroom parents to develop class baskets and identification of fun "perks" and raffle ideas. It requires at least 3 months of support to ensure a smooth but exciting series of activities to raise money for the school and new ideas are always welcome!  
Questions? Contact Toni O'Neill [PTOVPDevelopment@holyspiritflames.org](mailto:PTOVPDevelopment@holyspiritflames.org)

### Talent Show & Dance Event Night Volunteers

The annual Talent Show will be held on April 13th in the school gym from 5:30pm - 9:30pm. There are many job opportunities for anyone wishing to come out and have fun. Check out [Connect1](#) for all opportunities available.

Questions? Contact Joe Terpenning [jterpenning@infinitetech.org](mailto:jterpenning@infinitetech.org)

### Recess Duty

Volunteers are still needed for the remainder of the school year for recess duty. Families who have completed their required commitment of one day are eligible for four PSSC points for each additional day served. See [Connect1](#) to view available slots and other details.

Questions? Contact Amy Mannion [PTORecessduty@holyspiritflames.org](mailto:PTORecessduty@holyspiritflames.org)

## Reminders

In order to volunteer with any youth in the Arlington Diocese, you must be [Child Protection Compliant](#).

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**It is time to pull out those dancing shoes, warm up those instruments, dust off your best jokes and get ready to WOW! our community with your talent!**

**HOLY SPIRIT TALENT SHOWCASE & DANCE**

**SIGNUP DAY**

**Want to Perform in the Show?  
Come Sign Up!!**

**When: February 13, 2024**  
Where: Holy Spirit Quinn Room  
Time: 3:15 – 5:00pm

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Auditions/registrations are open to all students who want to perform in the show on April 13, 2024.

WE ARE LOOKING FOR:  
SINGERS, ACTORS, JUGGLERS, MAGICIANS, MUSICIANS, COMEDIANS, MARTIAL ARTISTS,  
DANCERS, CLOWNS

\*\*\* ANY TYPE OF PERFORMANCE YOU WOULD LIKE TO DO \*\*\*

**PERFORMER PARTICIPATION SIGNUP**

Student's Name: \_\_\_\_\_

Performing with (if in a group) \_\_\_\_\_

Talent/Act: \_\_\_\_\_

Everyone who signs up to perform will perform. **Please keep your act to 4 minutes.** If you cannot make it on February 13 but want to perform, email Joe Terpenning ([jterpenning@infinitetech.org](mailto:jterpenning@infinitetech.org)) to discuss.

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NOTES FOR AUDITION MONITORS:

TIME LENGTH: \_\_\_\_\_

SONG NAME: \_\_\_\_\_

STAGE NEEDS: \_\_\_\_\_

For Singers: Using a karaoke version of song or regular version: \_\_\_\_\_





## HOLY SPIRIT TALENT SHOW & DANCE



**WE NEED VOLUNTEERS!**

**SIGNUP AND HELP MAKE THIS EVENT AWESOME!!**

**WE NEED HELP WITH THE SIGNUP EVENT ON FEBRUARY 13<sup>TH</sup> AFTER SCHOOL AND WE NEED HELP THE NIGHT OF THE SHOW ON APRIL 13<sup>TH</sup>. WE NEED SERVERS, CHECK-IN HELP, DECORATORS, CAKES, DRINKS, STAGE HELP & AUDITION HELP!**

### **PTO Board 2023 - 2024**

President - Christine Ploschke - [PTOPresident@holyspiritflames.org](mailto:PTOPresident@holyspiritflames.org)

Vice President - Rob Wu - [PTOVp@holyspiritflames.org](mailto:PTOVp@holyspiritflames.org)

Treasurer - Karin Floyd - [PTOTreasurer@holyspiritflames.org](mailto:PTOTreasurer@holyspiritflames.org)

Secretary - Kristyn Poreba - [PTOSecretary@holyspiritflames.org](mailto:PTOSecretary@holyspiritflames.org)

Volunteer Coordinator - Lauren Schmidt - [PTOVPMembership@holyspiritflames.org](mailto:PTOVPMembership@holyspiritflames.org)

Fundraising Coordinator - Toni O'Neill - [PTOVpDevelopment@holyspiritflames.org](mailto:PTOVpDevelopment@holyspiritflames.org)

Homeroom Parent Coordinator - Valerie Overstreet - [PTOHomeroomCoordinator@holyspiritflames.org](mailto:PTOHomeroomCoordinator@holyspiritflames.org)

### **Volunteering**

**Please remember that you must be fully compliant with the Child Protection policies of the Diocese in order to perform recess duty and to volunteer for activities where students are present.**

## **Parish Happenings!**

# March for Life

Friday, January 19th



**Breakfast from 7:00 - 10:00 AM**

**School Cafeteria**

**Special Mass at 10 AM**

*Prices*

*Kids under 6 years: FREE*

*6-12 years: \$3*

*13-99 years: \$6*

*Maximum cost per family: \$20*

**Sign Up for the Bus via the Sign Up Genius**

**Bus departure at 11:15 am.**



### Quo Vadis Father-Son Seminary Visit

Quo Vadis events are for young men in high school interested in growing in their spiritual life and exploring their vocation.

**What's college seminary like? See for yourself!**  
Meet the seminarians and their formators  
See where they live, pray, eat and study  
Tour their campus at Catholic University

**Saturday  
January 27  
8:45am-2:15pm**

Fathers are welcome but not required.  
Cost is \$15 per person.

For more information and to register, visit  
[ArlingtonDiocese.org/QuoVadis](http://ArlingtonDiocese.org/QuoVadis)  
Deadline to register is January 18.  
Sponsored by the Office of Vocations 703.841.2514 /  
[vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org)



**NATIONAL  
Eucharistic  
Congress**

**A CATHOLIC EXPERIENCE UNLIKE ANY OTHER**

We know what happens when two or more are gathered in the Lord's name, so what happens with 90,000? Join your Catholic brothers and sisters at the 10th National Eucharistic Congress. This historic 5-day gathering of missionary disciples will be a new Pentecost, a powerful anointing and personal commission to invite others to know Christ. Your life - and our Church - will never be the same.

**Adult Pricing**

- \$949**  
Triple/Quad
- \$1,149**  
Double
- \$1,649**  
Single

**Family Pricing**

- \$200**  
off prices above for children ages 3-18
- FREE**  
for lap children (0-2) when rooming with two paying adults in double occupancy

**Tour Inclusions**

- NEC Congress Pass (6 Days)
- Four (4) nights' accommodations in Indianapolis
- Continental breakfast daily
- Farewell Lunch

**Tour Does Not Include**

- Airfare or motorcoach transportation
- Optional transportation offers will be extended at a later date
- Meals and beverages not specifically identified
- Items not specifically mentioned above

**3 Step Registration Process**

1. Scan the QR Code on the cover of the flyer or click [HERE](#) to access our online registration site.
2. Follow the prompts to enter your personal information, select your rooming configuration, enter payment information, and acknowledge our terms and conditions.
3. Upon completion, you will receive a confirmation email with your diocese code and a video tutorial providing instructions for finalizing your registration on the official National Eucharistic Congress' website.

**Payment Schedule:**  
\$250 per person deposit due upon registration  
\$500 per person due December 31, 2023  
Remaining balance due April 15, 2024  
All payments are non-refundable. By registering for this tour, you understand and agree to CTS Terms and Conditions and accept our CTS Liability Release. All cancellations must be received in writing.  
**Travel Insurance:** Cancel for any reason (CFAR) based protection is highly recommended  
See Travel Insured link: [www.travelinsured.com/agency/agency-419018pr-CTS1](http://www.travelinsured.com/agency/agency-419018pr-CTS1)



**CORPORATE  
TRAVEL**

866.468.1420 | [NEC@CTSCENTRAL.NET](mailto:NEC@CTSCENTRAL.NET)



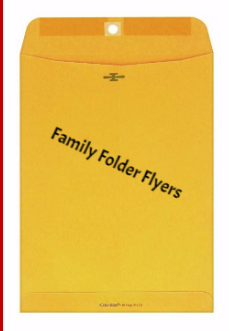
**NATIONAL  
Eucharistic  
Congress**

## Community Happenings!

### FAMILY FOLDER

The following flyers may be found in the folder labeled "January 18, 2024" on the

website. For your convenience, some flyers are repeated.



Family Folder

#### School Flyers:

1. Diocesan Tuition Assistance Programs Overview
2. Catholic Schools Weeks Schedule
3. Book Fair flyer
4. Grandparents Day flyer
5. Partners in Faith (January) newsletter
6. Chess Club Winter Session flyer
7. Little Nutrition School flyer

#### PTO Flyers:

1. PTO Talentshow Sign Up
2. PTO Talentshow Volunteer flyer

#### Parish Flyers:

1. Eucharistic Conference 2024
2. Seminary Visit
3. March for Life 2024

#### Community Flyers:

Holy Spirit School | 8802 Braddock Rd., Annandale, VA 22003

[Unsubscribe pto@holyspiritflames.org](mailto:pto@holyspiritflames.org)

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