

February 24, 2022



Holy Spirit School
Inspiring Minds/Igniting Hearts
2021/2022
"In work there is dignity"

The Season of Lent

The liturgical season of Lent is fast approaching with Ash Wednesday being next week on March 2nd. Although we may think of Lent as simply "that" period of time when we are expected to be penitent and to fast or give up our favorite things; maybe we need to shift our thinking. Might we be better served by thinking of Lent as a period of time where we can grow in our strength and conviction to live as true children of God? By knowing we are setting aside some of the distractions of our every day life and making a commitment to learn and to find freedom from those things that weigh us down in sinful and maybe self-destructive ways, might we actually find joy throughout the entire season and not just on Easter Sunday? This would be a wonderful life lesson to impart to our children, no matter their age.

Here at school we will begin our Lenten journey together by attending Mass on March 2nd and receiving ashes to outwardly show our faith. Throughout the 40 days we will participate in a school-wide Lenten project (details of which will be coming), as well as in the prayers of the Stations of the Cross and for those eligible, Confession.

On Holy Thursday (April 14th), we will have a presentation of the Living Stations by our 8th graders; all are certainly welcome to pray with us that morning.

I hope that each of your families will take time to travel through the season of Lent together and to reap the benefits of time together in pray and sacrifice as a family.

A reminder that we will be celebrate Dr. Seuss Day on Tuesday, March 1st (see the flyer below).

The parent portal in PowerSchool will close on Tuesday, March 8th and the 2nd Trimester ends on Friday, March 11th. Report cards will be prepared for distribution on March 18th. A reminder to be sure to enter your PSSC volunteer hours as the next report will be run at the closing of the trimester and letters going out with the report cards.

The Middle School will present its rendition of "Elf Jr" on Thursday, March 10th - all are invited to the 7:00 pm performance in the gym.

A reminder that Friday, March 11th is an early dismissal for everyone (Extended Day is open) and Monday, March 14th is no school for the students while the teachers have professional development.

As we honor St. Joseph's Day, our Father's Day Mass and receptions are scheduled for Friday, March 18th; see the flyer below for information.

-Maureen Ashby

Principal

Dear friends of the 5K Spirit Run,

Thank you, thank you for an amazing 2021 5K Spirit Run! It was a year like no other! It was a hybrid race so we had participants in person and several who ran in their own neighborhoods. We had 6 different start times to accommodate social distancing, and it was the first year we held the race at Holy Spirit School! We broke our participation records and had 336 registrants! We had our Facebook Live start event with inspiring words from Father O'Donohue and a beautiful spring day on a new trail filled with families and friends sharing our Holy Spirit pride after being apart the previous year.

This year will be the 7th annual 5K Spirit Run and although we have enjoyed holding the 5K at our beautiful local parks, we are excited to announce that the **2022 5K Spirit Run will be held at Holy Spirit School** in our Parish neighborhood so we are able to keep our expenses lower. The money we raise each year helps to financially support our Resource Program. Our growing Resource Team continues to provide academic support for students with mild to moderate learning disabilities, Dyslexia, ADHD, Autism, Intellectual disabilities, and other special needs in an inclusive Catholic environment. Holy Spirit School has been a leader in inclusive education in our diocese for many years due to the services our Resource Program provides. Our Reading Resource services not only provide specific reading intervention but also touch the lives of many students by holding small reading groups for students who have been identified as benefitting from early reading intervention.

The 2022 5K Spirit Run will have an in-person 5k route starting at Holy Spirit School, but you will also be able to participate virtually if you choose. Please keep monitoring the Holy Spirit School webpage and Facebook page as they will be updated regularly as we have updated information to share.

SAVE THE DATE
2022 Hybrid 5K Spirit Run
May 21, 2022
"In Work There is Dignity"

Please consider making a donation, becoming a business sponsor, or volunteering your time. By supporting the 5K Spirit Run you are saying that you support Catholic inclusive education for all students.

Blessings always,

Dr. Seuss Dress Up Day

Tuesday March 1st

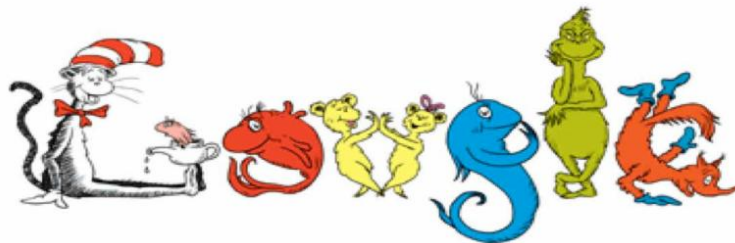
Spend the day dressed as
your favorite Dr. Seuss character

Put a Wocket in your pocket

Be a Lorax

Wear a cat's hat

Be creative...there are so many possibilities!



***This is NOT a regular dress down day. You must be in costume to participate.**



Holy Spirit School

March 10, 2022 - 7:00PM



Please join the Holy Spirit School
Community for a

Mass in Celebration of Fathers

March 18, 2022

9:00am

Our school day will begin at 9:00 am in the church. Dads and children are welcome to meet us there. If Dads are unable to attend, children are welcome to invite uncles, big brothers, or another special guest. If students will not have a guest that day, we will be glad to receive the children at the regular 8:00 school time. Receptions will follow mass in your children's classrooms.



It's Recorder Time!!

All students in 3rd & 4th Grade will need to bring a soprano recorder, a two pocket folder and a pencil to school for music class starting in Trimester 3!

Your first day of recorder will be:

3rd Grade:

3C- Tuesday, March 15

3M- Monday, March 21

4th Grade:

4L- Thursday, March 17

4R- Friday, March 18

Where to Get a Recorder: The recommended brand is Yamaha, which you can find at the following locations:

Music and Arts Center- Locations include Springfield, Oakton, Burke, Mclean and more. Please visit musicarts.com for inquiries.

Twinbrooke Music- Located in the Twinbrooke Shopping Center. Please visit Themusicstores.com for inquiries.

Amazon.com- Search "Yamaha soprano recorder."

If you have any questions, please contact Mr. Toussaint.
atoussaint@holyspiritflames.org

Have you ordered your yearbook yet?



Order your yearbook today!

¡Encarga hoy tu anuario!

*Yearbook design varies by school. *El diseño del anuario varía según la escuela.
74826 © 2021 Shutterfly Lifetouch LLC

Order your yearbook today on **ybpay.com**

Encarga hoy tu anuario en

Order Deadline:
Fecha Tope Para el Pedido:
February 18, 2022

Yearbook ID Code:
Código ID del anuario:
11439522

School Name:
Nombre de la escuela:
Holy Spirit School

Yearbook Anuario \$18.00

- Sturdy softcover with protective coating
- Durable saddle-stitched binding that keeps the yearbook intact through wear and tear
- All-color pages that vibrantly capture your memories throughout the school year

- Cubierta blanda resistente con revestimiento protector
- Encuadernación costada a caballo duradera, que mantiene el anuario intacto contra el desgaste natural
- Todas las páginas a color, que capturan de manera vibrante sus recuerdos durante el año escolar

Packages Paquetes

BEST VALUE! ¡Mejor valor!

PACKAGE A PAQUETE A \$28.00

- Yearbook
- Personalized Yearbook Cover
- Zoom
- Autograph insert
- Yearbook Stickys

- Anuario
- Cubierta personalizada
- Zoom
- Volante de autógrafo
- Adhesivos del anuario

PACKAGE B PAQUETE B \$26.50

- Yearbook
- Personalized Yearbook Cover
- Zoom
- Autograph insert

- Anuario
- Cubierta personalizada
- Zoom
- Volante de autógrafo

PACKAGE C PAQUETE C \$25.50

- Yearbook
- Personalized Yearbook Cover
- Zoom

- Anuario
- Cubierta personalizada
- Zoom

PACKAGE D PAQUETE D \$19.50

- Yearbook
- Zoom

- Anuario
- Zoom

Extras Adicionales



Personalized Yearbook Cover** \$5.00

Personalize the yearbook with your student's name on the cover.

Personaliza el anuario con el nombre de tu estudiante en la cubierta.



Zoom: Current Events Insert** \$2.00

An insert displaying this year's most memorable news, sports, entertainment, and more!

Zoom: Volante de los eventos actuales, pin volante de un evento, los deportes, el entretenimiento, las noticias más memorables de este año y mucho más!



Autograph Insert** \$1.00

A paper insert for students to collect signatures from friends and teachers.

Volante de autógrafo. Un volante en papel para que los estudiantes reciban firmas de amigos y docentes.



Yearbook Stickys \$1.00

Fun, removable stickers to personalize your yearbook pages.

Adhesivos del anuario. Adhesivos divertidos y removibles para personalizar las páginas de tu anuario.

Prices include sales tax where applicable. Los precios incluyen impuestos e impuestos cuando corresponde.

Early-bird yearbook sale! Price per yearbook will increase to \$20 after the deadline. Order online only at ybpay.com with yearbook ID code 11439522. Thank you!

*Yearbook design varies by school. El diseño del anuario varía según la escuela.
**Items must be placed in the yearbook after arrival. *Los volantes deben ser anexados al anuario después de su llegada.

Holy Spirit School PTO



Hello, Holy Spirit Families! Thank you to all that helped make the Book Fair such a success. We saw lots of smiling faces on the children throughout their visit to the library!

Features:

It's time to start the nomination process for PTO Board! If you are interested please sign up at [PTO Executive Board Nominations 2022/2023 \(google.com\)](https://www.google.com) or contact the PTO President at ptopresident@holyspiritflames.org.

If you see an event that you are interested in participating, please send inquires to the PTO Volunteer Coordinator, Mary Sonnen - PTOVpmembership@holyspiritflames.org connect with the appropriate Committee Chairperson.

Mabel's Labels Fundraiser: It's a great time to make sure your children's belongings aren't nameless and living in the lost and found! Order some new name labels through the **MabelsLabels.com** fundraiser. Holy Spirit School will receive 20% of each order, and the lost and found will thank you! See attached flyer for details.

Uniform Sale: Monday - February 28! The time is 3:30-6:00 in the Quinn Room. To stock the sale and to benefit a greater number of families, we are grateful for any clean donations! We accept any outgrown/unneeded school shoes, spirit wear, and/or HS uniforms! The PTO keeps 100% of the profits from these sales and will use the funds to support a variety of upcoming activities for your students and their families! You can drop donations off at the office or we can arrange to meet after dropping off in the morning, or in vanpool around 3pm. Whichever is most convenient! You can reach Melanie, the Uniform Sale coordinator, at MelanieAnneBennett@gmail.com. Thank you ALWAYS for your generosity and support!

Important upcoming dates to remember:

- **February 28** – Used Uniform Sale (see information below)
- **Several Dates** – Connect1.io Training Session (see information below and sign up at <https://www.signupgenius.com/go/8050b4badab2da1f94-connect1io>)
- **March 26** – Spring Fundraiser 12:00-3:00 PM
- **March 31** – Science Fair
- **April 9** – Talent Show
- **April 24** – Out of the Bubble Bakery Fundraiser
- **April 30** – Spring Fling
- **May 1 – May 7** – Teachers Appreciation Week
- **May 14** – Field Day

Ongoing Fundraisers:

Mabels Labels: https://mabelslabels.com/en_US/fundraising/support/

Amazon Smile: <https://smile.amazon.com/gp/chpf/homepage?orig=%2F>; look for Holy Spirit Catholic Church (Questions: kosborne1023@yahoo.com)

BoxTops: Download App, scan your receipt; Referral code: **A7RD91XB**

Amplifying Information:

Talent Show Auditions The Talent Show will be on April 9, 2022, and the PTO is looking for singers, actors, jugglers, magicians, musicians, comedians, dancers, and clowns - to name a few. Please see attached sign-up form due on February 16th. If you have questions, or are interested in helping with the show, please contact Joe Terpenning at jterpenning@infinitetech.org.

Science Fair Judges are needed to interview students and score projects. Judging will take place from 12:00 to 3:00 pm on Thursday, March 31st in the gym. A catered lunch will be served. All judges will be required to wear masks. If you would like to help, please contact Laura Laclede at SCIENCEFAIR@HOLYSPIRITFLAMES.ORG

Used Uniform Sale - COMING SOON!!!



Sale Date- **MONDAY, February 28** from 3:30-6:00

Where: Holy Spirit School – Quinn Room

Cost: \$5 per item (\$1 for socks/tights)

How to Pay: Cash or Check (made out to the Holy Spirit PTO)

ADDITIONALLY, PLEASE HELP STOCK the SALE!!!

DONATE ANY USED UNIFORMS, SCHOOL SHOES, OR SPIRIT WEAR THAT ARE NO LONGER NEEDED, TO THE OFFICE OR EMAIL - MelanieAnneBennett@gmail.com TO ARRANGE FOR CONVENIENT PICKUP/DROP OFF OF DONATIONS

Important Details-

- Masks will be required
- Enter and exit through the Quinn Room's SIDE DOOR
- Plan ahead - bring a list of items and sizes needed

Support this PTO Fundraiser While Getting a Great Deal!

SUPPORT OUR FUNDRAISER!

Mabel's labels are waterproof, durable labels for the stuff kids lose.

Holy Spirit Catholic School

There are so many things to label!

- SCHOOL SUPPLIES
- DANCE SHOES & COSTUMES
- SPORTING EQUIPMENT & UNIFORMS
- LUNCH CONTAINERS & WATER BOTTLES



mabel's labels
FUNDRAISING

Visit campaigns.mabelslabels.com
to support our organization.



Three Engagement Functions in One App

1. Volunteering
2. Community Directory and Talent Center
3. Prayer Board



Volunteering



- ✓ Secure and Only Accessible by School Community
- ✓ Digital Volunteering Board with all Events in One Place
- ✓ Talent Linking to Volunteer Roles
- ✓ Track Virtus Training Status for Volunteers
- ✓ Define Volunteer Points – NO MORE HOURS TRACKING
- ✓ Gaming – Earn Points, Advance in Levels, Attain Status
- ✓ New Award Center to Recognize Volunteers

Community Directory and Talent Center

- ✓ Community Contact Information at Your Fingertips
- ✓ Easily Filter by Grade, Teacher, Talent or More
- ✓ New Talent Center – See Talents / Skills of Parents
- ✓ Automatically Get Directions Through Google Maps
- ✓ Separate Faculty vs. Family Contact Pages



Prayer Board



- ✓ Saint Avatars to Represent Your Family in the App
- ✓ Request Prayers from Your Community
- ✓ See Prayers of Community on "Prayer Board"
- ✓ Answer Prayers with a Single Click
- ✓ Gaming – Achieve Increasing Status to Sainthood by Answering More Prayers

Visit www.connect1.io or download the app by searching for "Connect1 Mobile" in your AppStore or PlayStore

Talent Showcase!!!

See the links below in the Family Folder section for sign ups to volunteer

Holy Spirit School's Annual Talent Showcase



When: April 9, 2022



WE NEED VOLUNTEERS!!

Volunteers are needed to help make this year's talent show awesome!! We are currently planning a live event and need a lot of help. All manner of jobs from small to large are needed, and all help is appreciated. Jobs and openings may change if the event format changes. Updates to the signup and notifications will be sent as they become available. Please

click the signup link below:

<https://www.signupgenius.com/go/10C0B44A9A92EA31-holy9>



PTO Board 2021/2022

President - Tom Fields - PTOPresident@holyspiritflames.org
Vice President - Heather Howard - PTOVP@holyspiritflames.org
Treasurer - Danielle Hetzler - PTOTreasurer@holyspiritflames.org
Secretary - Lee Conroy - PTOSecretary@holyspiritflames.org

Volunteer Coordinator - Mary Sonnen - PTOVPMembership@holyspiritflames.org
Fundraising Coordinator - Carolyn Rutherford - PTOVPFundraising@holyspiritflames.org
Homeroom Parent Coordinator - Valerie Overstreet - PTOHomeroomCoorindator@holyspiritflames.org

Volunteering

Please remember that you must be fully compliant with the Child Protection policies of the Diocese in order to perform recess duty and to volunteer in activities where students are present.

COVID-19 Dashboard Information

Virginia Department of Health - Level of Community Transmission: **Substantial**
Updated weekly on Mondays using data through previous Saturday.
Last updated 2/21/2022

<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/community-transmission/>

Holy Spirit School - Total new COVID positive cases while on campus during the infectious period (student and/or faculty/staff): **1**
Time period: February 18 - February 24, 2022

Think about a Daily Health Observation before sending your child to school

Symptoms of COVID-19 may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever (100.0F) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If your child has experienced any of these symptoms in the last 24 hours, please keep your child home, contact your physician, and let us know (attendance@holyspiritflames.org).

If someone in your household has tested positive for or is exhibiting symptoms of COVID-19, keep your child home and let us know (attendance@holyspiritflames.org).

If someone in your household is currently being tested for COVID-19, please keep everyone home until the test results are received.

Parish Happenings!

HOLY SPIRIT BOXING CLUB

Holy Spirit Gym
THURSDAYS
March 24 - May 27 2022
3:30 - 4:30 PM

SPACE IS LIMITED!

Open to All \$25 Fee
7th & 8th for Spring
Grade Boys

**PROMOTES
FITNESS, DISCIPLINE & SELF-DEFENSE**

To register:
www.holyspiritchurch.us/boxing 

All Saints Car Raffle 2022

Four 2022 Vehicles Plus
21 Cash Prize Drawings totalling \$40K!

2022 HONDA ODYSSEY VAN
2022 GMC CANYON TRUCK
2022 BUICK ENCORE
2022 HONDA CIVIC

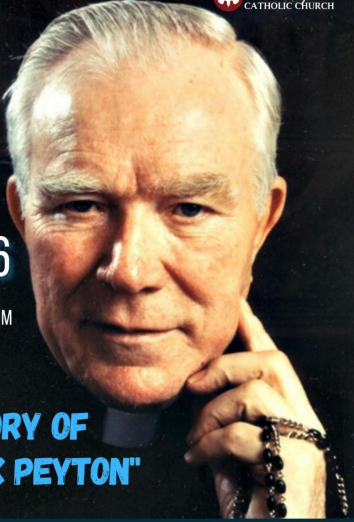
Only \$5/ticket! *When you buy a ticket, the parish gets a cut*

How does my purchase help?
This year's raffle will be used to furnish our new narthex (completed spring 2022!) & more.

For raffle ticket purchases and more info, visit,
www.holyspiritchurch.us/caraffle2022




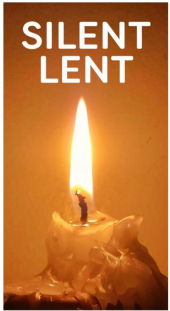
JOIN US FOR A MOVIE ABOUT THE ROSARY PRIEST!



MOVIE NIGHT!
FEB. 26
6:45-8:30PM
IN THE QUINN ROOM

**"PRAY:
THE STORY OF
PATRICK PEYTON"**

HOSTED BY THE KNIGHTS OF COLUMBUS  FOR MORE INFO, WWW.HOLYSPIRITCHURCH.US



SILENT LENT

This Lent, try a new approach to prayer, fasting, and almsgiving.

The Walking with Purpose Group (Catholic women's Bible study group) of our parish invites you to ADD SILENCE to and SUBTRACT NOISE from your daily life for forty days. In addition to whatever traditional practices you consider this Lent, try turning off your TV, radio, podcast, video game, cell phone, or other device for a set amount of time every day. Obviously, this is a great time to talk and listen to God, too.

Cut this out and put it on your fridge or desk as a reminder!

My Lenten Commitment:

I will add ___ minutes of silence to my day, every day, during Lent, by subtracting ___ minutes of the following from my day:

"There is one great question: how can man really be in the image of God? He must enter into silence." — Cardinal Robert Sarah



Join Us for the Annual Holy Spirit Men's Retreat at Loyola on the Potomac

Men of Holy Spirit have been attending for 40+ years

MARCH 4-6, 2022

MEN'S RETREAT

Cost: \$245

(\$195 for first timers or under 30)

This weekend retreat offers generous amounts of time for rest, personal reflection and silent time with Christ. It will provide you with gifts to be a better husband, father, grandfather, friend, and disciple.

REGISTRATION DEADLINE: MONDAY, FEB 14TH

Register online or contact Sean Roberts and pay by check:

www.holyspiritchurch.us/mensretreat

seanroberts911@gmail.com



Synod Listening Session

March 10, 2022

7:00 - 8:30pm in the Church

All are Invited! Join Fr. O'Donohue

In preparation for the Synod of Bishops in Rome, 2023.

Pope Francis has invited all to participate in the Diocesan Synodal Phase, which will involve in-person Listening Sessions at the local level: in parishes, at universities and schools, at Catholic Charities, and at other locations. We will also reach out to include those who are no longer active in the faith, and those on the margins of the Church and society, that we may understand what distances them from the Church and how we might accompany them.

For more info visit,

www.holyspiritchurch.us/synod

That Man Is You

The Fight of Faith



Saturday Mornings 7-8:30am
In the Quinn Room

Boy Scout Mulch Sale

Troop 50

ORDER NOW!

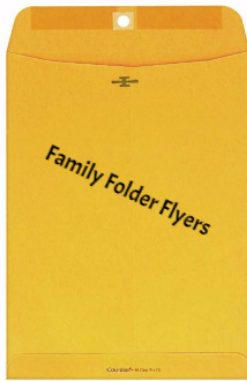
Delivery Date, Saturday, March 26

10+ bag orders delivered right to your curb!

www.annandale50.mytroop.us



Community Happenings!



FAMILY FOLDER

The following flyers may be found in the folder labeled "February 24, 2022" on the website. For your convenience, some flyers are repeated.

Family
Folder

School Flyers:

1. PTO Talent Showcase Volunteer flyer
2. PTO Connect One App flyer
3. Mabels Labels fundraiser flyer
4. Yearbook Order Form flyer
5. Spring Chess Club flyer
6. Intermediate Grade Game Club flyer
7. Dr. Seuss Day flyer
8. Father's Day Mass flyer
9. Recorder Information flyer
10. Overview of Diocesan Tuition Assistance Program

Parish Flyers:

1. Car Raffle - flyer
2. Knights of Columbus - Movie Night - flyer
3. Men's Retreat - flyer
4. Boxing Club - flyer
5. Silent Lent - flyer
6. Synod Listening Session - flyer
7. That Man is You - flyer
8. Mulch Sale - flyer

Community Flyers: