

From the Principal's Desk



August 24, 2023



Holy Spirit School
Inspiring Minds/Igniting Hearts
2023/2024
"Faithfulness"

The "Slow Roll" Back to School!





Check it off! The first day is in the books!

Thank you to everyone for your patience today with the car lines. This morning went really smoothly and we navigated the challenge of the early dismissal with grace as we worked around the funeral procession that was leaving at the same time. A reminder to hang your car tag from the mirror in your car - there are NEW tags each year with new numbers for each family; be sure you have the 23/24 car tag showing and provide your student(s) with the new number.

For everyone, please remember that tomorrow will be the first day of drop-off for the kindergarten students in the morning, so I fully expect that the line will take longer.

Unless directed to do so, even if your student(s) has exited your car, please do not pull out around others in the event that there is someone or something in the road. Remember that all students should exit the car on the right-hand side in order to step directly to the sidewalk.

Kindergarten parents - for your early dismissal on Friday, you will park in the upper lot in your assigned spots. There is another funeral tomorrow morning that will be leaving when we are dismissing your students. The upper lot will be chained off to keep those attending the funeral from parking there. Please look for members of the Facilities Staff and school administration for assistance and direction for getting into the lot.

Grades 1-8 have a FULL day of school on Friday. There is NO hot lunch on Friday.

For our PreKindergarten friends who are visiting their classrooms on Friday, parents, please park in the lower lot when you arrive and check in at the front office.

For those looking to participate in VANPOOL this year, be sure to return those forms by Friday. You must be picking up three or more students to be eligible. New spots will be assigned and will go home with students via backpack mail on Friday.

All of the forms that you received in your Family Packet should be returned as soon as possible. The Emergency Care Form is of particular importance so that we have current information in the event we need to contact you quickly. Thank you for your assistance with that - I know it is a lot and a quick turn-around!

Thank you so very much for allowing us to be a part of the educational journey of your children! We will navigate the bumps and hurdles that are inevitable at the start and sometimes during the year together. Please do not hesitate to reach out with questions or concerns.

St. Elizabeth Ann Seton - Pray for Us!

holy moments

Hopefully you had a minute to take a look at the *Holy Moments* book and the accompanying letter that went home in your Family Packet.

We are super excited to bring this program to our community this year and look forward to learning to see and living together a plethora of Holy Moments this year.

The videos that accompany the program and that will be shown to the students in grades 5-8 will begin to be pushed out to you weekly on Monday.



Updated Information!!



Dear HOLY SPIRIT CATHOLIC SCHOOL Families,

We are happy to welcome HOLY SPIRIT CATHOLIC SCHOOL to School Eatery's Hot Lunch program. Please head to our ordering platform to register your student/s for this school year.

Returning families, please log in, add your student and new grade for this school year.

Please note that School Eatery will be offering hot lunch delivery for school lunches this year, following the recommendations and guidelines for school hot lunch delivery programs, keeping safety precautions our main priority.

Please sign up at <https://schooleatery.ahotlunch.com> and choose PARENTS CLICK HERE TO SIGN UP. You will receive an email to activate your account and will need a school code to add your children. **Your school code for the new software is HSCS (all caps).**

To download our app (currently only available for IOS, Android version available by mid-August), please search for the app **Hotlunch** and enter **schooleatery** (all lowercase and no spaces) as your domain.



Once logged in, if you have any questions or need assistance, click on the Software Support option on the bottom left of your navigation panel or contact us by clicking the link to Chat with us.

We look forward to serving you this school year.

Warm regards,

SCHOOL EATERY
support@schooleatery.com

School Eatery Welcome Letter
2023

School Eatery
Brochure



Substitute Teachers Needed

Are you interested in being on the Subsitute Teacher list?
Contact Mrs. Evans for information and paperwork

nevans@holyspiritflames.org

Thank you!



Thoughtful Moments

St. Padre Pio
Born to farmers in 1887 in Italy, Francesco Forgione joined the Capuchin Friars. In 1918, Fr. "Pio" received the five wounds of Our Lord's Passion (stigmata) in his body. Renowned for his preaching, holiness, and charity, thousands sought him for Confession and spiritual guidance. His famous advice, "Pray, hope, and don't worry," consoles and inspires many today. Even in his suffering, he cared for others' spiritual and physical well-being, founding a hospital that continues to operate today.

Raising good stewards
Stewardship means demonstrating that all we have and all we are belong to God. Children can be given opportunities to practice stewardship by participating in service projects, giving away excess possessions, and especially by giving to the Church. Our offerings enable our parishes to provide ministry to us and our communities.

"I will instruct you and teach you the way you should go; I will counsel you with my eye upon you" (Psalm 123:8)

Four healthy habits for a new school year

As people of faith, we know that our lasting happiness is found in a relationship with God. Help children develop these four soul-healthy habits in the new school year as a key to finding lifelong joy and lasting fulfillment in God-filled lives.

Prudence is a virtue that helps us consider decisions from a practical and Catholic viewpoint – choosing friendships, activities, and entertainment that flow from our Catholic values.

Justice encourages us to give others what they're owed. Attending Sunday Mass is just because we owe God our worship. Others deserve respect because all are made in God's image. Treat everyone with respect, honor, and charity, and children will follow your example.

Fortitude strengthens us to follow Christ faithfully. Model fortitude for your children by offering many saints as role models, helping children spot how God works in your lives, praying aloud together in good times and bad, consulting Scripture prior to acting.

Temperance properly prioritizes our desires. Good food, fashionable clothes, the latest technology are all blessings, but can't be a focus. As an antidote, reserve a day each week for penance – Fridays, from tradition – to help increase appreciation for those blessings. Spend extra time in family prayer; set limits for screen, abstain from meat or favorite foods. We deny ourselves small pleasures so we can appreciate the greatest Gift.

Why Do Catholics Do That? Why do Catholics bless themselves with holy water?

Blessing ourselves with holy water before entering a Catholic church recalls the washing rituals of the Old Testament Jews who cleansed themselves by bathing before entering the holy temple.

In addition, when we bless ourselves with holy water, we recall our baptism and renew our promises to God to live our faith. Because holy water is a sacramental, we receive graces when we use it with the right disposition, such as strengthening us against temptation and removing venial (small) sins.

Little Medical School
STEM Classes Returning to the Holy Spirit School!

We are offering two 6-week class this fall. Each class is limited to 12 students, so be sure to sign up quickly! We're excited to inspire your child to imagine a future in a profession that perhaps they didn't consider before this class!

Little Veterinarian School (Grades K-2)
After "adopting" their very own plush animal, students will role-play the key responsibilities of a vet, including how to perform a nose-to-tail exam, perform stitches, remove ticks, and much much more! Thursdays starting September 14th thru October 19th from 3:30pm - 4:30pm



Sports Medicine School (Grades 3-5)
Students will explore the roles of an athletic trainer and orthopedic surgeon and learn how to diagnose and treat common sports injuries such as sprains, strains, and athlete's foot. These future healthcare professionals will explore the famous Tommy John (arm & elbow) surgery and make models of a hand, joint, and tendon. Thursdays starting September 14th thru October 19th from 3:30pm - 4:30pm

6-WEEK CLASS
\$199/CHILD

Questions?
Contact Michael MacDonald at M MacDonald@LITTLEMEDICALSCHOOL.COM

SCAN HERE TO REGISTER



Each month we will share the Partners in Faith newsletter which contains lots of great information for parents as we journey with our children in their faith formation.

-Maureen Ashby

Principal

Holy Spirit School PTO



Upcoming PTO Events (see flyers below for more information)

Tuesday, August 29th

[Connect1 Training](#) 7:00pm – 8:00pm via [Zoom](#) (2 PSSC points for attending)
Meeting ID: 812 5630 0920; Passcode: 609313

Thursday, September 7th

[Connect1 Training](#) 7:00pm – 7:30pm via [Zoom](#) (2 PSSC points for attending)
Meeting ID: 844 0184 3962; Passcode: 801912

September 8th – 17th

Spirit Gear Sale (link forthcoming)

Sunday, September 10th

Parish Picnic 2:00pm-5:00pm Holy Spirit Front Lawn

Tuesday, September 19th

PTO Meeting 6:30pm – 8:30pm via [Zoom](#)
Meeting ID: 895 9844 5225; Passcode: 268985

Committee Vacancies

The PTO needs volunteers to join the following Event Committees. Committee Chairpersons will receive 20 hours (40 points) for their service, provided they fulfill the term of their commitment. Please reach out to the Holy Spirit Volunteer Coordinator - Lauren Schmidt at PTOVPMembership@holyspiritflames.org for more details.

[Outdoor Classroom Committee Chair](#) (40 PSSC points)

Works with designated faculty member to coordinate help to upgrade and maintain the school's outdoor classroom. Requires two committee chairs.

[Hospitality Committee Chair](#) (40 PSSC points)

Focuses on working with parent volunteers to provide home baked goods, paper products, drinks, etc. for various school events throughout the year, including monthly teacher luncheons and the National Honor Society induction ceremony reception. Requires two committee chairs. Only one role is available.

Reminders

Connect1

Connect1 is our Family Engagement App that manages Holy Spirit's parent volunteer commitments. It also serves as a community directory, talent center and prayer board. As noted in the [Parent Handbook](#), each family is required to serve 22 service hours to support the school community: 20 service hours (10 for single parent families) **and** 2 hours of recess duty (1 day for 2 hours) during the school year.

If you haven't set up your account, please register [here](#) and follow the instructions in the flier. Questions can be directed to your PTO PSSC coordinator at ptopssc@holyspiritflames.org.

In order to volunteer with any youth in the Arlington Diocese, you must be [Child Protection Compliant](#).



RECESS DUTY SIGN UP in Connect 1 *is ready*

Access your Connect 1 account to sign up!

[Recess Duty in Connect 1](#)

Ordering is **SIMPLE!**



Go to campaigns.mabelslabels.com
and search for our organization!
Holy Spirit Catholic School (Annandale)



Shop your personalized labels!
(so many cute designs to choose from!)



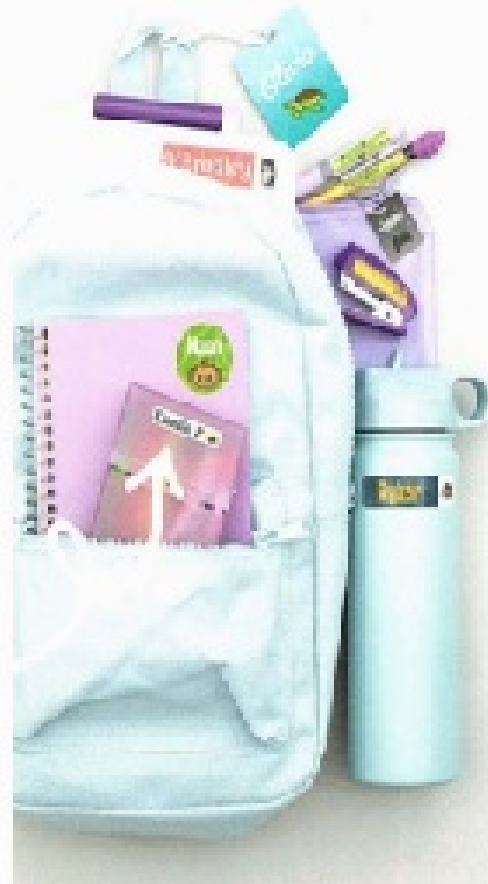
Your labels will ship directly to you.
FOR FREE! We receive 20% in funds
from your order!

mabel's labels.

Questions? info@mabelslabels.com
☎ 1-866-306-2235

We're **FUNDRAISING** with Mabel's Labels

Custom name labels
for the stuff kids lose



YOU get labels
WE get funds



LAUNDRY
SAFE



DISHWASHER
SAFE

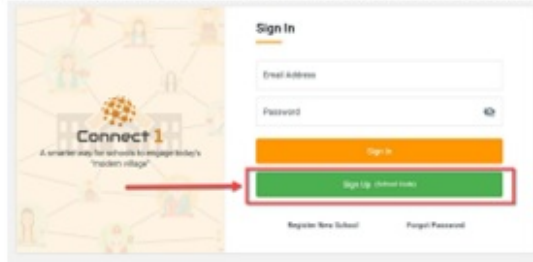


EASY TO
APPLY

Registering for Connect 1 at Holy Spirit School

How to sign up for an account on Connect1:

1. On your computer, go to <https://app.connect1.io>
2. Click the green bar that says "Sign up (School Code)".



3. Enter your email address. Enter our school code, which is L41VP6.
(Are you both a teacher and a parent at the school? You'll need to set up two accounts. One using your "holyspiritflames.org" email account for your role as a teacher, and your personal one for your role as a parent!)
4. This will open a new page where you enter your name, role and password. For Role, select "Parent/Community Member". *(Unless you are a teacher creating your account with your "holyspiritflames.org" account. In that case, please select "Faculty/School Employee".)* Click Submit when you are done.
5. A new page opens. A Confirmation Code will be sent to your email. Copy that confirmation code and paste it into this page. Click Confirm.
6. This brings you back to the Sign In page. Enter your email address and newly created password to open the app.

Click here for a printable copy of the instructions

PTO Board 2023 - 2024

President - Christine Ploschke - PTOPresident@holyspiritflames.org

Vice President - Robert Wu - PTOVP@holyspiritflames.org

Treasurer - Karin Floyd - PTOTreasurer@holyspiritflames.org

Secretary - Kristyn Poreba - PTOSecretary@holyspiritflames.org

Volunteer Coordinator - Lauren Schmidt - PTOVPMembership@holyspiritflames.org

Fundraising Coordinator - Toni O'Neill - PTOVPDevelopment@holyspiritflames.org

Homeroom Parent Coordinator - Valerie Overstreet - PTOHomeroomCoordinator@holyspiritflames.org

Volunteering

Please remember that you must be fully compliant with the Child Protection policies of the Diocese in order to perform recess duty and to volunteer for activities where students are present.

Parish Happenings!

Annual Parish Picnic!

Free Fun and Food for All!
All are invited

Climbing Wall • Rope Bridge • Foam Pool • Moon Bounce • Caricature Artists • Bubble Lady • Whirling Buckets • DJ Deacon Malcolm's Music • Train Rides



Hot Dogs, Hamburgers, Salads, Ice Cream Cups, Shaved Ice, Desserts

All food and beverages are being provided by the Parish. Desserts may be donated if non-perishable, i.e. cookies, brownies, cupcakes

Sept. 10 2-5 PM

 **HOLY Spirit CATHOLIC CHURCH**

PANCAKE BREAKFAST

All proceeds go to the school as tested by the 



Sunday Sept. 17th

In the school cafeteria after the 7:30, 9:00 & 10:30 AM Masses

Breakfast includes pancakes, sausage, fruit, orange juice, coffee, and more!

Adults \$6, Children \$3 Families \$20

 **HOLY Spirit CATHOLIC CHURCH**



THAT MAN IS YOU!

is an interactive men's program combining the best research from science with the teachings of the Catholic faith and the wisdom of the saints to discover the vision of man's fully-gifted life honestly addressing the pressures and temptations that men face in our modern culture. That Man is four weeks to form men who will be capable of transforming homes and society.

TMIY
THAT MAN IS YOU!

WORTHY OF THE CALL
FEATURING A POWERFUL TEAM OF PRESENTERS

EXPERIENCE THE POWER OF TRANSFORMATION AS YOU:

- Discover and embrace the call to live a life worthy of the call you have received.
- Discover how to stay awake in a woke culture.
- Experience a breathtakingly beautiful journey through The Joyful Mysteries from the holy Land this Advent.
- Identify the internal and external struggle with the power of evil and create a pathway to overcome it.
- Lift up your heart and mind to Christ with powerful Lenten reflections.
- Enter the holy Thursday, Good Friday and Easter Sunday through Jewish eyes and experience the 1000m like never before.
- Embrace the call to lay down your life in loving sacrifice, bring joy into your home and manifest the merciful love of God the Father.
- Remain grafted to the vine to bear a hundred-fold fruitfulness.
- Experience the holy gift of the Saints while relying upon the holy grace of God.

PROGRAM INFORMATION:
Every Saturday this fall, join us for bagels, donuts, fruit, coffee and watch a short video presentation.
TMIY Leadership Team: Jerry Fowler, Bob Ciola, Steve Steger, Wayne Smedley, Mike Locki, Sean Roberts

SCHEDULE:
The series kicks off Saturday September 16th from 7:00-8:30 am in the Quin Room (lower-level of school) and goes until December 16th (no session Thanksgiving weekend).

REGISTRATION:
In joining us this fall, you will be one of over 25,000 men going through the TMIY program this year across the country. No registration required. Questions - email Sean@thatmanisyou11@gmail.com


FE COOP
COUNSELOR AND COACH


DEAN
DEAN


DEACON
DEACON


SAM BLAIR
PASTOR


JOHN BARLAN
PASTOR


PAUL GEORGE
PASTOR


BRIAN TOPPING
PASTOR


JACOB
PASTOR


MICHAEL DOMBET
PASTOR


MIKE VECCHIA
PASTOR


MANN SANTAL
PASTOR

WWW.TMIY.ORG PARADISUS DEI

Great Expectations Care Packages

Donate \$15 to buy gift cards for foster care college students

Several parish groups are working together to create care packages for students in Northern Virginia Community College's Great Expectations program. This program is for students who have aged out of foster care. Most of these students live in group homes, and some are young moms.

Your \$15 donation will help us purchase a gift card to Barnes and Noble bookstores, which are located at each of NVCC's campuses, and we are creating 60 care packages.

You can make your donation using our ParishGiving program. You can also drop off a check at the parish office, but the check must indicate GREAT EXPECTATIONS on the memo line.

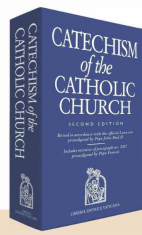
For more information, see the parish website or email gss@holyspiritchurch.us

This is a project of our parish Good Samaritan Society.



You know what a Bible study is...

THIS IS A Catechism Study!



The Catechism of the Catholic Church (CCC) is one of the beautiful gifts of the pontificate of Pope Saint John Paul II—the first new Church-wide catechism in over 400 years.

Join Deacon Tom in 2023

2ND TUESDAY of EVERY MONTH

WHEN: 7:00–8:15 p.m.

WHERE: McGivney Hall, Narthex

Zoom links provided to remote attendees as needed

To sign up, send an email to: CatechismStudy@holyspiritchurch.us

Paced to Fr. Mike's 'Catechism in a Year' podcast from Ascension Press, but open to all who want to study the Catechism.



Taking a Stand

Armed with charity and unity, the Knights of Columbus has long responded to attacks against the Catholic faith and human dignity

By Supreme Knight Patrick E. Kelly / July 2023

The Knights of Columbus cannot take up every fight... But 2 million Catholic men can make an enormous difference where it matters most — always through prayer and often through action.

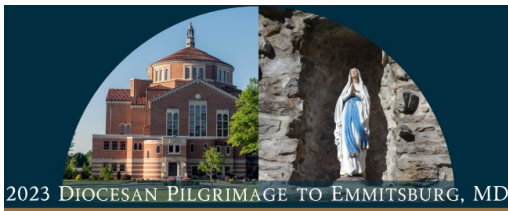
Interested in becoming a Holy Spirit Knight of Columbus? Contact Grand Knight Don Pedersen at dpedersenkof@gmail.com

Who are the Knights?



Last month's opening Mass of our annual Organizational Meeting of State Deputies was followed by a beautiful eucharistic procession. Knights of Columbus leaders and state chaplains from throughout the Order participated, as our supreme chaplain carried Jesus in the Blessed Sacrament up and down New Haven's historic Hillhouse Avenue. Home to St. Mary's Church, the birthplace of the Order, Hillhouse is lined by majestic elm trees, stately homes and Yale University buildings. The procession was a peaceful expression of piety and unity, yet the scene and setting also evoked the long history of tension between our Catholic faith and those who fight to keep Catholics out of the public square. In July 1879 — less than three years before Blessed Michael McGivney founded the Knights — a New York Times article dismissively labeled St. Mary's as "an unprofitable church." The headline read, "How an Aristocratic Avenue Was Blenished by a Roman Church Edifice." Much has changed in the past 144 years, but much remains the same. Anti-Catholic bigotry may look different today, but there can be no doubt that it is still prevalent — and even on the rise. As one historian put it, today's anti-Catholicism is "the last acceptable prejudice." The attacks go beyond anonymous acts of vandalism or pernicious online commentary; they are aired on national television and publicly expressed by leaders in politics and business. A recent instance was the abhorrent decision of the Los Angeles Dodgers to honor a group called the Sisters of Perpetual Indulgence. The U.S. Conference of Catholic Bishops noted that the group's "lewdness and vulgarity in mocking our Lord, His Mother and consecrated women cannot be overstated." The Dodgers, when challenged on the decision, initially backed down and disavowed them. Then, under pressure, the team not only renewed the invitation, but also apologized to the offensive group. This is deeply disappointing — and ironic in the extreme. The same people who cry out for tolerance often demonstrate complete intolerance for Catholics and other Christians. The U.S. bishops, in denouncing the Dodgers' decision, said it was more than offensive; it was blasphemous. As such, they asked Catholics to pray the Litany of the Sacred Heart of Jesus as an act of reparation. Of course, we Knights spread the word to do just that. And beyond praying, our brothers in California were among many local Catholics who expressed their displeasure to the Dodgers organization. This latest stand against bigotry is in keeping with the Order's history. A century ago, the Knights prominently opposed the Ku Klux Klan; countered legislative attempts to destroy the Catholic school system in the United States; published books on the contributions of Black, Jewish and German Americans; and spoke out against the persecution of the Church in Mexico. The Knights of Columbus cannot take up every fight. We must choose our battles wisely, following Christ's admonition to be "shrewd as serpents and simple as doves" (Mt 10:16). But 2 million Catholic men can make an enormous difference where it matters most — always through prayer and often through action. This includes educating ourselves and others; engaging in respectful conversation; and making our voices heard in the voting booth and through petitions. Whatever the times might demand, the Knights of Columbus will continue to speak out and stand up for human dignity and the fundamental rights of all.

Vivat Jesus!



2023 DIOCESAN PILGRIMAGE TO EMMITSBURG, MD

Join Bishop Michael F. Burbidge on a pilgrimage to the National Shrine of Saint Elizabeth Ann Seton and the National Shrine Grotto of Our Lady of Lourdes **Saturday, October 7, 2023**

SCHEDULE OF EVENTS:

<p>NATIONAL SHRINE OF SAINT ELIZABETH ANN SETON 9 a.m. Presentation on Mother Seton and veneration of her relics 9:45 a.m. Mass with Bishop Michael F. Burbidge 10:30 a.m. Visit Mother Seton museum and gift shop</p>	<p>12 p.m. Outdoor picnic lunch at the Seton Shrine or Mount Saint Mary's Seminary (Limited restaurant options available, visitors encouraged to pack bag lunch. Note: transportation between locations not provided.)</p> <p>NATIONAL SHRINE GROTTO OF OUR LADY OF LOURDES 1:30 p.m. Eucharistic Adoration and recitation of the Holy Rosary 3:30 p.m. Depart</p>
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For more information, please visit: <https://www.arlingtondiocese.org/pilgrimage-emmitsburg/> or scan the QR code

The two shrines within this pilgrimage are at separate locations and require a 6-minute drive. Transportation to Emmitsburg is not provided, but some parishes are coordinating buses. Please contact your parish for possible travel arrangements.



Mass for MULTICULTURAL COMMUNITIES
"My soul rejoices in the Lord."
Friday, August 25, 2023 | Mass at 7:00PM
6:15PM - Prelude & Marian Procession
Most Reverend Michael F. Burbidge
Bishop of Arlington, Main Celebrant & Homilist

After Mass: Reception featuring cultural food and performances to follow in the parish hall. All are welcome!

Nativity Catholic Church
6400 Nativity Ln., Burke, VA 22015

www.arlingtondiocese.org/mcm2023 • (703) 841-3881 • mcm@arlingtondiocese.org

Community Happenings!

- Try New Things
- Serve Others
- Boost Self-Confidence
- Make Ethical Choices
- Explore the Outdoors



Holy Spirit Boy Scout Troop 50

Summer Camp at Goshen Boy Scout Reserve

Sept 11 First Troop meeting of the year





Join American Heritage Girls!



Building Women of Integrity.

American Heritage Girls is a Christ-centered character and leadership development program for girls 5 to 18 years of age. AHG is dedicated to the mission of building women of integrity through service to God, family, community, and country.



Meet on the 1st and 3rd Wednesday (7PM – 8:30PM) of Each Month, September through June at St. Michael's.



Join us on Wednesday, September 20, 2023 at 7PM in the cafeteria for the annual organizational meeting.



For more information, contact Jermaine Perkins at: (703) 658-4876 or wrauthor@gmail.com



www.americanheritagegirls.org



FAMILY FOLDER

The following flyers may be found in the folder labeled "August 24, 2023" on the website. For your convenience, some flyers are repeated.

Family Folder

School Flyers:

1. Partners in Faith (September) Newsletter
2. School Eatery Welcome Letter 2023
3. School Eatery Brochure
4. Mabel's Labels flyer
5. Little Medical School flyer
6. Connect 1 Registration Instructions

Parish Flyers:

1. Parish Picnic flyer
2. Pancake Breakfast
3. That Man Is You flyer
4. Great Expectations Care Packages flyer
5. Catechism in a Year flyer
6. Knights of Columbus information
7. Diocesan Pilgrimage to Emmitsburg
8. Mass for Multicultural Communities

Community Flyers:

1. Boy Scout Troop 50 flyer
2. American Heritage Girls flyer

