

August 17, 2023



## Holy Spirit School *Inspiring Minds/Igniting Hearts* 2023/2024 "Faithfulness"

# Boom!

### **And we're back!**

The teachers and staff were back on campus yesterday to kick-off the new school year. It was the first of several jampacked day of meetings and trainings.

Excitment is building!

We can't wait to see our families tonight at the New Family Social!

A big "Thank you" to all those who volunteered to act as buddy families this year and to our PTO committee chairs - Mrs. Chartrand and Mrs. Corwin!





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## Start of School Schedule

### Wednesday, August 23rd

#### Meet Your Teacher!

Families with last names A-M - 11:00 am - 12:00 noon

Families with last names N-Z - 1:00 - 2:00 pm

### Thursday, August 24th

First day for Grades 1-8 (11:30 am dismissal)

Kindergarten Parent Meeting - 8:30 am (no students)

Prekindergarten Parent Meeting - 9:30 am (no students)

### Friday, August 25th

Full day for Grades 1-8 (no hot lunch)

First day for Kindergarten (11:30 am dismissal)

Prekindergarten students visit classrooms

### Monday, August 28th

Full day for all students

## MORNING CARE

**Morning Care** will be open at 7:00 am on the first day of school. Morning care is located in the cafeteria. Families should park in the rear of the building and access the cafeteria via the back doors. Grade levels may begin using Morning Care on the following dates:

Grades 1-8 – may begin using Morning Care on Thursday, August 25th

Kindergarten – may begin using Morning Care on Friday, August 26th

PreKindergarten – may begin using Morning Care on Monday, August 28th

## EXTENDED DAY

**Afternoon Extended Care** for all grades will begin in the cafeteria. Grade levels may begin using Afternoon Extended Care on the following dates:

Grades 1-8 – may begin using Extended Day on Thursday, August 24th

Kindergarten – may begin using Extended Day on Monday, August 28th

PreKindergarten – may begin using Extended Day on Monday, August 28th

Afternoon Extended Day is closed completely on Friday, September 1st due to the early dismissal prior to the Labor Day weekend.

## VANPOOL

During the first week of school the vanpool slots from last year will be used with the EXCEPTION of kindergarteners who are now first graders. These students will be dismissed with the regular carpool unless they are in a group vanpool that used a non-kindergarten slot. Applications for vanpool slots will be sent home in the beginning of the year packet.

Printable Copy of the Beginning of the Year  
Information

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**Updated Information!!**



Dear HOLY SPIRIT CATHOLIC SCHOOL Families,

We are happy to welcome HOLY SPIRIT CATHOLIC SCHOOL to School Eatery's Hot Lunch program. Please head to our ordering platform to register your student/s for this school year.

Returning families, please log in, add your student and new grade for this school year.

Please note that School Eatery will be offering hot lunch delivery for school lunches this year, following the recommendations and guidelines for school hot lunch delivery programs, keeping safety precautions our main priority.

Please sign up at <https://schooleatery.ahotlunch.com> and choose PARENTS CLICK HERE TO SIGN UP. You will receive an email to activate your account and will need a school code to add your children. **Your school code for the new software is HSCS (all caps).**

To download our app (currently only available for IOS, Android version available by mid-August), please search for the app **Hotlunch** and enter **schooleatery** (all lowercase and no spaces) as your domain.



Once logged in, if you have any questions or need assistance, click on the Software Support option on the bottom left of your navigation panel or contact us by clicking the link to Chat with us.

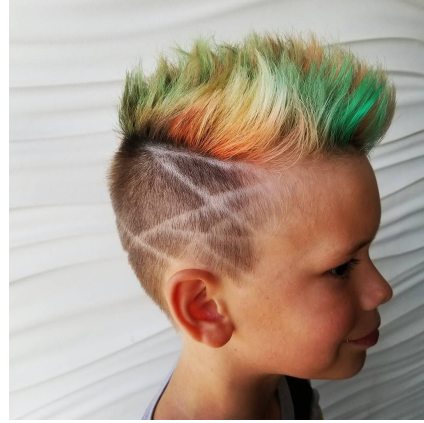
We look forward to serving you this school year.

Warm regards,

SCHOOL EATERY  
[support@schooleatery.com](mailto:support@schooleatery.com)

School Eatery Welcome Letter  
2023

School Eatery  
Brochure



## **Yup! It is time to grow it out!**

Remember that all students are required to come to school with their natural hair color and no extreme hairstyles including shaving of initials/patterns.

Boys' hair is to be kept trimmed above the shirt collar, above the eyebrows and no longer than mid-ear. Boys must be clean shaven.

Girls' hair must be kept out of their eyes.

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### **Substitute Teachers Needed**

**Are you interested in being on the Substitute Teacher list?  
Contact Mrs. Evans for information and paperwork**

**[nevans@holyspiritflames.org](mailto:nevans@holyspiritflames.org)**

**Thank you!**

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For those seeking to make use of Morning Care and/or Extended Day, you may access the information regarding rates and the registration sheet below.

**Extended Day Rates for  
2023/2024**

**Extended Day Registration Form  
2023/2024**



School Nurse: Mrs. Sheilia Forrer

Contact: [sforrer@holyspiritflames.org](mailto:sforrer@holyspiritflames.org)

\*A reminder that all medical forms and immunizations updates are due by August 1, 2023



## Little Medical School STEM Classes Returning to the Holy Spirit School!

We are offering two 6-week class this fall. Each class is limited to 12 students, so be sure to sign up quickly! We're excited to inspire your child to imagine a future in a profession that perhaps they didn't consider before this class!

### Little Veterinarian School (Grades K-2)

After "adopting" their very own plush animal, students will role-play the key responsibilities of a vet, including how to perform a nose-to tail exam, perform stitches, remove ticks, and much much more! Thursdays starting September 14th thru October 19th from 3:30pm - 4:30pm



### Sports Medicine School (Grades 3-5)

Students will explore the roles of an athletic trainer and orthopedic surgeon and learn how to diagnose and treat common sports injuries such as sprains, strains, and athlete's foot. These future healthcare professionals will explore the famous Tommy John (arm & elbow) surgery and make models of a hand, joint, and tendon. Thursdays starting September 14th thru October 19th from 3:30pm - 4:30pm



6-WEEK CLASS

\$199/CHILD

#### Questions?

Contact Michael MacDonald  
at

[M MacDonald@LITTLEMEDICALSCHOOL.COM](mailto:M MacDonald@LITTLEMEDICALSCHOOL.COM)



-Maureen Ashby

## Holy Spirit School PTO



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### Upcoming PTO Events (see flyers below for more information)

#### Thursday, August 17th

Used Uniform Sale 5:00pm – 7:30pm Quinn Room

Connect1 Training 5:00pm – 7:30pm Holy Spirit Front Lawn/Sidewalk

Jay Eats Food Truck – 5:00pm – 8:00pm Holy Spirit Front Lawn ([pre-order link](#))

New Family Social 6:00pm – 7:00pm Holy Spirit Front Lawn

#### Sunday, August 20th

[Connect1 Training](#) 7:00pm – 8:00pm via [Zoom](#) (2 PSSC points for attending)

Meeting ID: 895 4596 4965; Passcode: 701456

#### Wednesday, August 23<sup>rd</sup>

Used Uniform Sale 10:30am-2:30pm Quinn Room

**VOLUNTEERS NEEDED (early shopping privileges included!) – [Sign up here](#)** (1-4 PSSC points)

#### Tuesday, August 29th

[Connect1 Training](#) 7:00pm – 8:00pm via [Zoom](#) (2 PSSC points for attending)

Meeting ID: 812 5630 0920; Passcode: 609313

#### Thursday, September 7th

[Connect1 Training](#) 7:00pm – 7:30pm via [Zoom](#) (2 PSSC points for attending)

Meeting ID: 844 0184 3962; Passcode: 801912

#### September 8<sup>th</sup> – 17<sup>th</sup>

Spirit Gear Sale (link forthcoming)

#### Sunday, September 10<sup>th</sup>

Parish Picnic 2:00pm-5:00pm Holy Spirit Front Lawn

#### Tuesday, September 19<sup>th</sup>

PTO Meeting 6:30pm – 8:30pm via [Zoom](#)

Meeting ID: 895 9844 5225; Passcode: 268985

## Reminders

### Connect1

Connect1 is our Family Engagement App that manages Holy Spirit's parent volunteer commitments. It also serves as a community directory, talent center and prayer board. As noted in the [Parent Handbook](#), each family is required to serve 22 service hours to support the school community: 20 service hours (10 for single parent families) **and** 2 hours of recess duty (1 day for 2 hours) during the school year.

If you haven't set up your account, please register [here](#) and follow the instructions in the flier. Questions can be directed to your PTO PSSC coordinator at [ptopssc@holyspiritflames.org](mailto:ptopssc@holyspiritflames.org).

In order to volunteer with any youth in the Arlington Diocese, you must be [Child Protection Compliant](#).

## Committee Vacancies

The PTO needs volunteers to join the following Event Committees. Committee Chairpersons will receive 20 hours (40 points) for their service, provided they fulfill the term of their commitment. Please reach out to the Holy Spirit Volunteer Coordinator - Lauren Schmidt at [PTOVPMembership@holyspiritflames.org](mailto:PTOVPMembership@holyspiritflames.org) for more details.

### Outdoor Classroom Committee Chair (20 PSSC points)

Works with designated faculty member to coordinate help to upgrade and maintain the school's outdoor classroom.

### Hospitality Committee Chair (20 PSSC points)

Focuses on working with parent volunteers to provide home baked goods, paper products, drinks, etc. for various school events throughout the year, including monthly teacher luncheons and the National Honor Society induction ceremony reception.

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**RECESS DUTY SIGN UP in Connect 1 is ready**

**Access your Connect 1 account to sign up!**

[Recess Duty in Connect 1](#)

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# Save the Date

**What: New Family Social**

**When: Thursday, August 17th at 6:00**

**Where: On the Holy Spirit front lawn**

**Details:**

**Please come to Holy Spirit on August 17th to meet other new members of the Holy Spirit community and to hear from our school administration. Bring a picnic blanket/chairs and plan to eat dinner. We will have a food truck on site, Jay Eats, available for picnic or takeout orders, and/or feel free to pack a dinner from home. Food Truck ordering details and pre-order link to follow!**

**Post dinner popsicles will be provided!**

**Any questions can be directed to  
[ptonewfamilycoordinator@holyspiritflames.org](mailto:ptonewfamilycoordinator@holyspiritflames.org)  
(Anne Marie Chartrand and Katie Corwin)**

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# Holy Spirit Food Truck Night!

Thursday August 17<sup>th</sup>, 5-8 pm

During the Uniform Sale / New Family Social!

Preorders available at [www.jaysvaeats.com](http://www.jaysvaeats.com)

(select "Order Now").

**Single Taco:**  
Typical \$3.50  
Jays \$4.75  
Queso \$5

**Each Combo Comes with a Can Drink.**

**Taco Meat Options:**  
Steak, Chicken, Al Pastor, Veggie

**JAYS EATS MENU**

#7 \$12.75  
3 Mixed Tacos - Choose one of each

#1 \$10.50  
  
3 Typical Tacos - Corn Tortilla with meat option, topped with onions, cilantro, cucumber, radish and lime.

#2 \$13.50  
  
3 Jays Tacos - Corn Tortilla with rice, meat option, topped with pico de gallo, avocado slice and lime.

#3 \$14.25  
  
3 Queso Tacos - Corn Tortilla filled with melted cheese with meat option, topped with onions, cilantro, lime.

#4 \$15.50 - \$18.50 - \$20  
  
Plantain Bowl - Fried plantains with cabbage, meat option, tomato broth.

#5 \$15.50 - \$18.50 - \$20  
  
Rice Bowl - Rice with lettuce, pico de gallo, avocado slice & meat option.

#6 \$5.50  
  
2 Spring Rolls - Noodles, lettuce, green onion, cucumber, avocado.

**Steak Fajita \$20**  
**Chuck Steak \$18.50**  
**Chicken | Al Pastor \$15.50**

**Single Spring Roll \$3**  
options: Veggie, Brisket, Chicken, Steak, Al pastor

**See you for dinner!**

## **USED UNIFORM SALE**

Come and support the PTO as you score some gently used Holy Spirit uniform pieces for the 2023/2024 school year! Our first two planned events are coming up SOON!

We will piggyback the New Family Social on August 17 from 5:00 to 7:30.

We will also be selling during the Meet your Teacher Event on August 23 from 10:30 to 2:30. Sales are open to ALL for shopping, not just new families.

Where: Holy Spirit School – Quinn Room

Cost: \$5 per item (\$1 for socks/tights)

How to Pay: Cash or Check (made out to the Holy Spirit PTO)

**\*\*\*\*WE NEED VOLUNTEERS for August 23 if you'd like to earn early shopping privileges and/or to obtain extra volunteer hours. Please see Connect 1 to sign up for setup/cleanup etc.**

**ADDITIONALLY, PLEASE HELP STOCK the SALES ON AN ON-GOING BASIS!!!  
DONATE ANY USED UNIFORMS, SCHOOL SHOES, OR SPIRIT WEAR THAT ARE NO LONGER NEEDED TO THE OFFICE. THANK YOU!**

## **Used Uniform Sales - COMING SOON!!!**



TWO Sale Dates- **THURSDAY, AUGUST 17 from 5:00-7:30**

**TUESDAY, AUGUST 23 from 10:30 to 2:30**

Where: Holy Spirit School – Quinn Room

Cost: \$5 per item (\$1 for socks/tights)

How to Pay: Cash or Check (made out to the Holy Spirit PTO)

**ADDITIONALLY, PLEASE HELP STOCK the SALE!!!**

**DONATE ANY USED UNIFORMS, SCHOOL SHOES, OR SPIRIT WEAR THAT ARE NO LONGER NEEDED TO THE OFFICE. THANK YOU!**

### **Important Details-**

- If you would like to volunteer your time, please sign up on Connect 1
- Enter and exit through the Quinn Room's SIDE DOOR
- Plan ahead - bring a list of items and sizes needed

**Support this PTO Fundraiser While Getting a Great Deal!**

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# Ordering is **SIMPLE!**



Go to [campaigns.mabelslabels.com](https://campaigns.mabelslabels.com)  
and search for our organization!  
Holy Spirit Catholic School (Annandale)



Shop your personalized labels!  
(so many cute designs to choose from!)



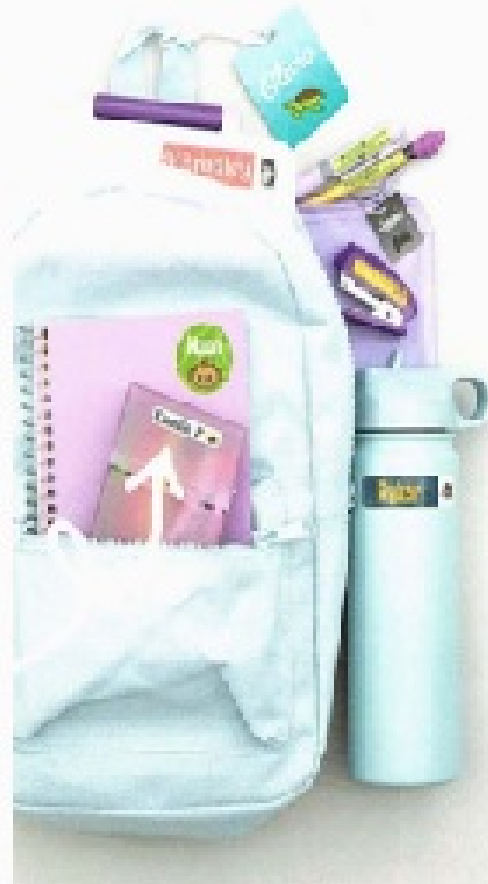
Your labels will ship directly to you.  
**FOR FREE!** We receive 20% in funds  
from your order!

**mabel's labels.**

Questions? ✉ [info@mabelslabels.com](mailto:info@mabelslabels.com)  
☎ 1-866-306-2235

## We're **FUNDRAISING** with Mabel's Labels

Custom name labels  
for the stuff kids love



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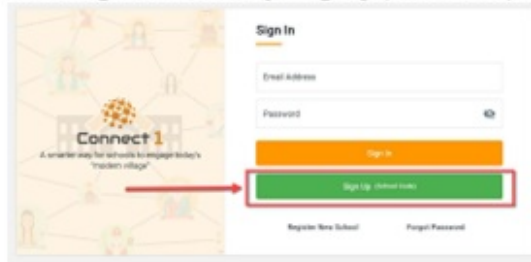


EASY TO  
APPLY

# Registering for Connect 1 at Holy Spirit School

How to sign up for an account on Connect1:

1. On your computer, go to <https://app.connect1.io>
2. Click the green bar that says "Sign up (School Code)".



3. Enter your email address. Enter our school code, which is L41VP6.  
*(Are you both a teacher and a parent at the school? You'll need to set up two accounts. One using your "holyspiritflames.org" email account for your role as a teacher, and your personal one for your role as a parent!)*
4. This will open a new page where you enter your name, role and password. For Role, select "Parent/Community Member". *(Unless you are a teacher creating your account with your "holyspiritflames.org" account. In that case, please select "Faculty/School Employee".)* Click Submit when you are done.
5. A new page opens. A Confirmation Code will be sent to your email. Copy that confirmation code and paste it into this page. Click Confirm.
6. This brings you back to the Sign In page. Enter your email address and newly created password to open the app.

Click here for a printable copy of the instructions

## PTO Board 2023 - 2024

President - Christine Ploschke - [PTOPresident@holyspiritflames.org](mailto:PTOPresident@holyspiritflames.org)

Vice President - Robert Wu - [PTOVP@holyspiritflames.org](mailto:PTOVP@holyspiritflames.org)

Treasurer - Karin Floyd - [PTOTreasurer@holyspiritflames.org](mailto:PTOTreasurer@holyspiritflames.org)

Secretary - Kristyn Poreba - [PTOSecretary@holyspiritflames.org](mailto:PTOSecretary@holyspiritflames.org)

Volunteer Coordinator - Lauren Schmidt - [PTOVPMembership@holyspiritflames.org](mailto:PTOVPMembership@holyspiritflames.org)

Fundraising Coordinator - Toni O'Neill - [PTOVPDevelopment@holyspiritflames.org](mailto:PTOVPDevelopment@holyspiritflames.org)

Homeroom Parent Coordinator - Valerie Overstreet - [PTOHomeroomCoordinator@holyspiritflames.org](mailto:PTOHomeroomCoordinator@holyspiritflames.org)

## Volunteering

Please remember that you must be fully compliant with the Child Protection policies of the Diocese in order to perform recess duty and to volunteer for activities where students are present.

# Parish Happenings!

**PANCAKE BREAKFAST**  
 All proceeds go to the school. *Hosted by the* 




**Sunday Sept. 17<sup>th</sup>**

In the school cafeteria after the 7:30, 9:00 & 10:30 AM Masses  
 Breakfast includes pancakes, sausage, fruit, orange juice, coffee, and more!

Adults \$6, Children \$3  
 Families \$20

 HOLY SPIRIT CATHOLIC CHURCH



**2023 DIOCESAN PILGRIMAGE TO EMMITSBURG, MD**


Join Bishop Michael F. Burbidge on a pilgrimage to the National Shrine of Saint Elizabeth Ann Seton and the National Shrine Grotto of Our Lady of Lourdes  
**Saturday, October 7, 2023**

**SCHEDULE OF EVENTS:**

<p><b>NATIONAL SHRINE OF SAINT ELIZABETH ANN SETON</b>                  9 a.m.                  Presentation on Mother Seton and veneration of her relics                  9:45 a.m.                  Mass with Bishop Michael F. Burbidge                  10:30 a.m.                  Visit Mother Seton museum and gift shop</p>	<p>12 p.m.                  Outdoor picnic lunch at the Seton Shrine or Mount Saint Mary's Seminary (Limited restaurant options available, visitors encouraged to pack bag lunch. Note: transportation between locations not provided.)</p> <p><b>NATIONAL SHRINE GROTTTO OF OUR LADY OF LOURDES</b>                  1:30 p.m.                  Eucharistic Adoration and recitation of the Holy Rosary                  3:30 p.m.                  Depart</p>
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For more information, please visit:  
<https://www.arlingtondiocese.org/pilgrimage-emmitsburg/>  
 or scan the QR code

The two shrines within this pilgrimage are at separate locations and require a 6-minute drive. Transportation to Emmitsburg is not provided, but some parishes are coordinating buses. Please contact your parish for possible travel arrangements.




**50<sup>th</sup> ANNIVERSARY**  
**Mass for MULTICULTURAL COMMUNITIES**  
*"My soul rejoices in the Lord."*

**Friday, August 25, 2023 | Mass at 7:00PM**  
 6:15PM - Prelude & Marian Procession

**Most Reverend Michael F. Burbidge**  
 Bishop of Arlington, Main Celebrant & Homilist

After Mass: Reception featuring cultural food and performances to follow in the parish hall. All are welcome!

**Notivty Catholic Church**  
 6400 Notivty Ln., Burke, VA 22015

[www.arlingtondiocese.org/mcmmas2023](http://www.arlingtondiocese.org/mcmmas2023) - (703) 841-3881 - [mcm@arlingtondiocese.org](mailto:mcm@arlingtondiocese.org)

# Community Happenings!



## Join American Heritage Girls!



Building Women of Integrity.

American Heritage Girls is a Christ-centered character and leadership development program for girls 5 to 18 years of age. AHG is dedicated to the mission of building women of integrity through service to God, family, community, and country.



Meet on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday (7PM – 8:30PM) of Each Month, September through June at St. Michael's.



Join us on Wednesday, September 20, 2023 at 7PM in the cafeteria for the annual organizational meeting.



For more information, contact Jermaine Perkins at: (703) 658-4876 or [wrauthor@gmail.com](mailto:wrauthor@gmail.com)



[www.americanheritagegirls.org](http://www.americanheritagegirls.org)



## FAMILY FOLDER

The following flyers may be found in the folder labeled "August 17, 2023" on the website. For your convenience, some flyers are repeated.

Family Folder

### School Flyers:

1. School Eatery Welcome Letter 2023
2. School Eatery Brochure
3. Mabel's Labels flyer
4. Little Medical School flyer
5. Jay's Eats Food Truck flyer
6. Used Uniform Sale flyer
7. Beginning of the Year Letter
8. School Supply List for 2023/2024
9. Summer Reading List
10. Connect 1 Registration Instructions
11. Extended Day Rates for 2023/2024
12. Extended Day Registration Form for 2023/2024

### Parish Flyers:

1. Pancake Breakfast

2. Diocesan Pilgrimage to Emmitsburg
3. Mass for Multicultural Communities

Community Flyers:

1. American Heritage Girls flyer