

From the Principal's Desk

October 17, 2019

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Holy Spirit School *Inspiring Minds / Igniting Hearts* 2019 / 2020

"What you do for the least among you, you do for Jesus"

Are you ready for Spirit Week?

Spirit Week begins on Monday and we are looking forward to week of fun with special days and activities. The **pep rally** will be held on Thursday afternoon, October 24th at 1:30 pm - all are welcome - just be ready for it to be loud!

On Tuesday, October 22nd, the **"Fun Run"** will take place and we could use some assistance with supervision. I apologize for this getting out late to everyone but this is a fun time if you are looking to fulfill some volunteer hours.

Click here to volunteer: [FUN RUN LINK !!!!!!!](#)

The "running" schedule for the day is as follows if you would like to come by and see your child.

PK & 4th - 8:30 - 9:15
1st & 6th - 9:30 - 10:15
2nd & 8th - 10:30 - 11:15
5th & K - 11:30 - 12:15
3rd & 7th - 1:00 - 1:45

A reminder that any food donations for our **Ton of Love** food drive are due by Wednesday, October 23rd.

Friday, October 25th is a **no school day** in order for the teachers to participate in Diocesan professional development.

Trunk or Treat is right around the corner on October 25th! The hope is to have 45 families sponsor a booth that night and we have many spaces to fill. This was a fabulous event last year but only works if we have lots of participation. Links to the sign-ups for hosting a booth and for volunteering in general are below.

I've missed seeing everyone in the car line this week and look forward to being back on campus next week.

-Maureen Ashby

Principal

TON of L♥VE 2019

Tuesday, October 15- Wednesday, October 23

As part of our annual Spirit Week, the Holy Spirit Student Council is sponsoring a school-wide food drive to support Catholic Charities' St. Lucy Project. Due to the increased demand, our assistance is needed to help resupply the food pantry with the following items:

*please begin bringing items in the week of October 15th

- Pre-K: Easy Mac- any type
- Kindergarten: instant potatoes
- 1st grade: pasta
- 2nd grade: tuna
- 3ta grade: canned vegetables (corn, green beans)
- 4th grade: canned fruit
- 5th grade: cereal (large boxes)
- 6th grade: jelly
- 7th grade: peanut butter
- 8h grade: canned meats (tuna, Chicken)





Spirit Week Is Coming Up...



Here's How to Help Your Class Earn Points to
Win the Spirit Stick

Oct. 21st~Oct. 24th

Monday: Hero Day! Dress as your favorite fictional or everyday hero (no full face masks)

Tuesday: Fun Run Day/St. Lucy Food Collection Day! Wear your P.E. Uniform with crazy accessories! (no full face masks)

Wednesday: Quick Rewind-80s Day! Wear 80s style clothes and rock it just like your parents will be for the PTO Auction.

Thursday: School Spirit Day!
PreK-2nd Grade Wears Red
3rd-5th Grade Wears White
Middle School Wears Black



How To Earn Points

There Will Be Teachers Working As Secret Spies Throughout the Week Who Will Judge Your School Spirit! The Most Spirited Homerooms Each Day Earn Points Towards The Spirit Stick!

TRUNK OR TREAT

Decorate your booth and fill it with candy!

Prizes:

- Best kids costumes!
- Best decorated booth!
- Best Carved Pumpkin!



Friday, October 25th
6:30 - 8:30 PM
In the School Building

Limited spaces available. Information and to reserve a spot,
www.holyspiritflames.org
(More than one family can share a spot.)

Trunk or Treat

Friday, October 25th

This was a fabulous event last year but only works if we have super participation. Please consider hosting a booth.

Remember that we will have food trucks on site, so you can make an evening of it!

[Click here to reserve a spot to decorate!](#)

[Click here to volunteer!](#)

Have you bought your tickets yet?


Have you figured out what you will be wearing?

Holy Spirit School
Dinner Dance & Auction
Back to the 80s
Dinner & Dance
Holy Spirit Auction 2019
NOVEMBER 2, 2019

Saturday Nov. 2
at 6:00 PM

\$75 per person - \$150 per couple
At the Waterford
Springfield, VA

Sponsor, Donate, Buy Your Tickets:
www.holyspiritflames.org


Holy Spirit
CATHOLIC SCHOOL

Halloween, All Saint's and All Souls Day: A Triple Celebration

For parents of children in today's world of commercial or scary Halloween characters it is even more important to know the history of the Catholic/Christian tradition of AllHallowtide, Hallowtide or Hallowmas, as you establish your home traditions and set the values on which your family decisions are based.

We know that it is educationally important to be able to explain to children where a tradition/decision comes from in building family practices and expectations, which is why it is foundational to faith development for your children to know that Halloween is part of our Catholic faith tradition. Dressing up for Halloween comes from the French, Jack-O-Lanterns come from the Irish tradition (originally turnips), and begging for treats comes from the English tradition of going door to door begging for "soul cakes", promising to pray for a family's loved ones.

The missing link that you as parents are called to create and honor is the connection between All Saint's and All Soul's Day with Halloween. All Saint's Day is a Holy Day of Obligation and part of the three days known as the "Days of the Dead". The Latin American tradition of celebrating the Day of the Dead (el Día de los Muertos) also has become popular in the United States. This holiday falls on Nov. 1 and Nov. 2 and is a time of prayer and remembrance of friends and family members who have died. All Saint's Day and All Souls Day give your family the opportunity to pray for and remember the deceased members of your family, similar to el Día de los Muertos. It is a great opportunity to share memories and stories of their lives, their inspirational traits and the integrity of their faith life in shaping who you are as parents. It is also an opportunity to talk about the heroes of the Catholic Church. In this day and age of Marvel comic superheroes and Disney movie character costumes we have the chance to talk about real heroes that have changed the world for the better by how they lived their lives: St. Kateri Tekakwitha, St. Elizabeth Ann



Seton, St. Vincent de Paul, St. Martin de Porres, St. Maximilian Kolbe, to name a few. One of the "treats" for the Days of the Dead, could be a book on the lives of the saints, holy cards to honor their patron saints or a saint of inspiration in their lives, or a book about a saint and the difference his or her actions made in this world.

The traditional Halloween celebrations do not need to be shied away from, but balanced in the context of our faith and the events that surround us. Attending Mass as a family or as part of a school Mass, or the opportunities for saint's parties, filled with crafts and service activities are a great beginning to blending the commercial and the faith-filled observance of these Catholic Church days of tradition and obligation. Fall festival parties or Harvest Festivals are all possible options and alternatives. You can check out the [Catholic Toolbox](#) for games and crafts and print-ready materials. You can review [educationworld.com](#) for ideas from UNICEF and there is always Christian [Pinterest](#) for a Christian Halloween.

The key to this celebration is that we work to tie together the understanding of where Halloween has its origin and beginning and how it starts the celebration of real world superheroes of the church and the people we aspire to be in this complex world.

This short prayer helps us remember the saints and souls and ties together these three fall events:

Father,
All-Powerful and Ever-Living God,
we rejoice in the holy men and women
of every time and place
May their prayers bring us your forgiveness and love
We ask this through Christ our Lord. Amen.

Contributed by Kitty Quinn, Office of Catholic Schools,
Diocese of Columbus



Donut Social Sunday

Hot Chocolate & Coffee

In the school cafeteria
after the 9:00 & 10:30 AM
Masses

St. Nicholas of Myra, pray for us!

**HOLY
SPIRIT**
Catholic Church



Join Us for Our Parish



and Screen
ON THE GREEN

On the grass between the church and school. In school gym if raining.

See parish website to sign up for side dishes.
www.HolySpiritChurch/pigroast

SATURDAY, OCTOBER 19
Dinner 6:45 & Movie 7:15 pm

HOLY
SPIRIT
Catholic Church

FAMILY BINGO

ALL HALLOWS EVE THEME



Prize for best
costumed child
and family



Come dressed as your favorite saint or in your favorite costume.

Saturday, October 26
Holy Spirit School
Doors Open 6 PM | Games Begin 7 PM

Admission

- (Includes Book of 3 Cards)
All proceeds will support Holy Spirit seminarians and religious.
- Players 12 Years and Older: \$5
 - Players Under 12 Years: \$3
 - Extra Cards \$1
 - Free for children under 5 years who are not playing. Costumes are optional.

Snacks Sold

- Pizza
- Hot Dogs
- Nachos
- Soft Drinks

Prizes

- Cash Bingo Prizes - Grand Prize \$100
 - Other Games At Least \$30
- All children will receive a prize.



**KNIGHTS
OF COLUMBUS**

**HOLY
SPIRIT**
Catholic Church

SOCCER CHALLENGE

SPONSORED BY: THE KNIGHTS OF COLUMBUS



Saturday, October 26, 9 AM - 2 PM

**FIELD BEHIND HOLY SPIRIT SCHOOL
ALL INDIVIDUAL BOYS AND GIRLS AGES 9-14**

Individuals kick soccer penalty kicks (12 yards) with scores for shot location in goal. 3 warm-up kicks, 25 kicks for record.

CONTACT:
KNIGHTS@HOLYSPIRITCHURCH.US

MORE RULE INFO:
[WWW.HOLYSPIRITCHURCH/
SOCCERCHALLENGE](http://WWW.HOLYSPIRITCHURCH/SOCCERCHALLENGE)

US FLAG COLLECTION

WORN FLAGS?

THE KNIGHTS ARE
COLLECTING WORN US FLAGS THAT NEED TO
BE RETIRED

OCTOBER 19 THROUGH
NOVEMBER 6

**HOLY
SPIRIT**
Catholic Church



KNIGHTS
OF COLUMBUS

IN CHURCH VESTIBULE

DYSLEXIA and ADHD: Connections and Treatment



Dr. Karin Varblow, M.D.
Attention Deficit
Hyperactivity Disorder
Expert



Saturday, October 19

2:00-3:30 pm

Vienna Community Center

120 Cherry St SE, Vienna, VA 22180

Learn about overlapping characteristics of dyslexia (and other reading disabilities) and Attention Deficit/Hyperactivity Disorder (ADHD). Children with these conditions often share common traits, leading to challenges in diagnosis and treatment.

Dr. Varblow will discuss ways to separate the roots of related symptoms, characteristics, and compensatory behaviors, as well as how to determine what kind of treatment(s) are likely to produce successful outcomes.

Specifically, Dr. Varblow will speak to determining whether and when treatment with various medications may be appropriate and beneficial, and she will address recent advances relevant to this population.

Tickets available online at EventBrite:

<https://www.eventbrite.com/e/dyslexia-and-adhd-connections-and-treatments-tickets-64342668654?>

Hosted by the Virginia Chapter of the
Academic Language Therapy Association
(ALTA-VA)

<https://altavc.weebly.com>



discover you

Calling all **prospective** teachers ...



Please come to one of the following **Information Programs for Prospective Teachers** scheduled throughout the Diocese and meet with Sister Patricia Helene, IHM, Head of the Marymount University Catholic School Leadership Program, Sister Karl Ann Homberg, SSJ, Assistant Superintendent, and Janet Vetrano, Licensure Specialist to learn more about the opportunities and advantages of teaching in our Catholic Schools.

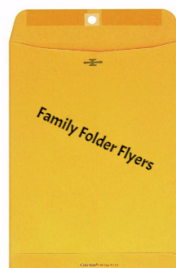
To register, please contact Janet at janet.vetrano@arlingtondiocese.org by **November 12, 2019**

Tuesday, November 19, 2019 **St. Thomas More Cathedral School**
7:00 - 8:45 p.m. 105 North Thomas Street • Arlington, VA 22203
presentation begins at 7:00 p.m. 703.528.6781

Wednesday, November 20, 2019 **All Saints School**
1:00 - 3:00 p.m. 9294 Stonewall Road • Manassas, VA 20110
presentation begins at 1:00 p.m. 703.368.4400

Thursday, November 21, 2019 **St. Francis of Assisi School**
1:00 - 3:00 p.m. 18825 Fuller Heights Road • Triangle, VA 22172
presentation begins at 1:00 p.m. 703.221.3868

www.arlingtondiocese.org • 703-841-2519



Family Folder Flyers

The following flyers can be found on the website in the folder labeled "October 17, 2019 "(or [CLICK HERE](#)). For your convenience, some flyers are repeated.

School Flyers:

1. Student Council Spirit Week flyer
2. Ton of Love food drive flyer
3. Trunk or Treat flyer
4. NCEA newsletter

Parish Flyers:

1. Parish Pig Roast flyer
2. BINGO flyer
3. Knights of Columbus Soccer Challenge flyer

Community Flyers:

1. Diocese of Arlington Prospective Teacher flyer
 2. Georgetown Visitation Open House flyer
 3. ALTA Conference flyer
 4. Oakcrest Open House flyer
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