# From the Principal's Desk

February 27, 2020

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<u>School</u> Calendar



Holy Spirit School
Inspiring Minds / Igniting Hearts
2019 / 2020

"What you do for the least among you, you do for Jesus"

#### Lenten Season

In November 2018, Soren Johnson, a regular contributor to the Catholic Herald wrote a piece entitled, "10 online ways to ignite your Catholic faith, now." I believe the season of Lent is a wonderful time to reignite our faith not by just "giving up something" but by enriching our own faith formation and faith life. In the piece, Mr. Johnson writes, "Take the leap from the passive 'I'm a member' mentality to the dynamic conviction of 'I'm a disciple'; what a wonderful journey to take over these weeks prior to Easter.

Some of Mr. Johnson's suggestions include taking advantage of the FORMED.org platform, as well as 2Minutes2Virtue. Additionally, he suggests Bishop Burbidge's "Walk Humbly Podcast" along with other ideas. The link to the article is below; I hope you will take a few moments to read it.

"10 online ways to ignite your Catholic faith, now"

Here at school we will observe Lent in many ways including participating in the beautiful prayer of Stations of the Cross. The various grade levels will be attending on March 4, 11, and 18th at 2:00 pm in the Church; certainly all are welcome to attend.

Oh, and if your children did not come home and tell you about it already, be sure to ask them about Father Carroll's Ash Wednesday homily and how we are all a little bit like a cyclops!

A hearty "Congratulations!" to all of the 7th & 8th grade students who competed in our local science fair last week. From multiple conversations with judges that day, the projects the students presented were quite impressive and the students spoke well in presenting their findings and knowledge of their chosen topics.

Each year the ten top scoring projects from our local fair go on to be presented at the Diocesan Science Fair which will take place in April. The following students will be representing Holy Spirit not just individually but as a team:

Katelyn G	Is Tap Water Better Than Bottled Water?	Environmental
		Sciences
Navina D	Radiant Colors?	Physics
Sophia A	The Eutrophication Zone	Environmental Sciences
Liam M	Algae Boom of Doom	Environmental Sciences
Joseph S	Making Bacteria Work for You	Microbiology
Lia G	To Bounce or Not to Bounce, That is the Question	Physics
Dominic T	Hats Off to Lights On	Engineering
Richie P	Battle of the Bridges	Engineering
Therese F	Swimming for Speed	Engineering
Adam P	Measuring the Field Strength of a Tesla Coil	Physics

#### A few reminders:

On Monday, March 2nd we will celebrate Dr. Seuss Day. Students should wear their usual uniform but may deck it out with "Seuss" accessories (see the flyer below). A couple of activities are planned for the day including some previews of the upcoming Middle School musical, "Seussical". Please see the flyer below for performance information. I hope everyone will make the trip out that night as the students and teachers are pulling together a fabulous show.

The PTO has scheduled three terrific parent/family education events for the coming months. All three events touch on an important topic of conversation that adults and students alike should be having on the role of technology in our lives. The first of these events is on March 7th with a talk by Mr. Peter Ryan on personal technology addiction. In April, the original "Screenagers" film and the follow-up, "Next Chapter" will be shown. Please note that the PTO is looking for folks to preregister for these events; information is below.

The end of the second trimester is March 13th. This is a great time to be certain that all missing assignments are addressed. The parent portal will close on March 10th.

Our annual celebration of Fathers is schedule for March 20th. The Feast of St. Joseph is the day prior and our own celebration is way to recognize the importance of the strong male figures in the lives of our children. Please see the flyer below for information.

For those applying for tuition assistance for the 2020/2021 academic year, the deadline is March 18th. Information regarding tuition assistance may be found at the end of the newsletter in the Family Folder section, as well as, on the school website.

#### Academic Year 2020/2021

Just in case you missed it...

The Office of Catholic Schools has solidified the start date for the upcoming year. The first school day for ALL students will be Wednesday, August 26th; this will be an 11:30 am dismissal for all students and Extended Day will be open.

I am hopeful to turn my full attention to next year's calendar as soon as we have completed our DFE preparations and will push important dates out to everyone at that point.

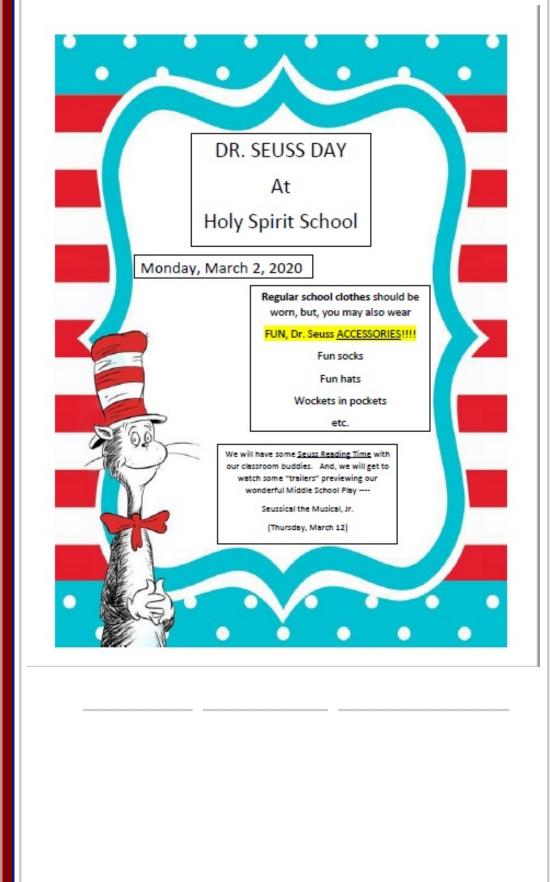
-Maureen Ashby

Principal

## YOU DON'T WANT TO MISS IT!



Monday is Dr. Seuss Day!!!!!



## Mark Your Calendars!

# The Keys to Success Middle School Orientation

for

Fifth Grade Parents AND Students

WHEN: March 4, 2020 @ 7pm

WHERE: Holy Spirit Quinn Room

A "What You Can Expect" Information Session





### **It's Recorder Time!!**

It is recorder time for those in 3rd & 4th Grade! All students will need to bring soprano recorders and a two pocket folder to music class starting in Trimester 3!

> Your first day of recorder will be: 3rd Grade: 3M- Thursday, March 19 3A- Friday, March 20

> > 4th Grade:

4V- Tuesday, March 17

4L-Thursday, March 20

Your 3rd/4th Grade student will need to bring their recorder and folder to every music class in the third trimester.

Recorder attendance and class preparedness will be reflected in their music grade.

Where to Get a Recorder:
The recommended brand is Yamaha, which you can find at
the following locations:

Music and Arts Center- Locations in Springfield, Falls Church, Oakton, Burke, Mclean and more. Please visit musicarts.com for inquiries.

Twinbrooke Music- in the Twinbrooke Shopping Center.
Please visit Themusicstores.com for inquiries.

Amazon.com- search "Yamaha soprano recorder."

If you have any questions, please contact Mr. Toussaint. atoussaint@holyspiritflames.org



# Please join the Holy Spirit School Community for a Mass in Celebration of Fathers

March 20, 2020 9:00am

Our school day will begin at 9:00am in the church. Dads and children are welcome to meet us there. If Dads are unable to attend, children are welcome to invite uncles, big brothers, or adopt one of their friend's Dads with a prior note from their parents. If not coming at 9:00am we will be glad to receive the children at the regular 8:00 school time. Receptions will follow mass in your children's classrooms.

Sponsored by the PTO

# PERSONAL TECHNOLOGY ADDICTION SEMINAR

presented by Peter Ryan



Saturday, March 7 6:30-8pm

Peter Ryan is a Catholic husband and father of four who is in the process of founding LookUp4Life, a non-profit organization focused on spreading awareness regarding the negative impact of excess personal technology use (video games, social media, pornography), particularly on the youngest generations.

CLICK HERE TO SIGNUP.



The Holy Spirit PTO is proud to show <u>SCREEN AGERS: Growing up in the Digital</u> <u>Age</u>

> April 23<sup>rd</sup> at 6:30 PM Holy Spirit Catholic School

An award-winning film that probes into the vulnerable corners of family life and depicts messy struggles over social media, video games and academics. The film offers solutions on how we can help our kids navigate the digital world.

No cost to attend we just ask you sign up here so we can get a rough headcount:

https://www.signupgenius.com/go/8o5oB4BADAB2DA1F94-screen



For more information check them out at: https://www.screenagersmovie.com/ https://www.facebook.com/ScreenagersMovie/

# Click here to RSVP!



SCREENAGERS (Official Trailer)

The Holy Spirit PTO is proud to show **SCREEN AGERS:** The Next Chapter

April 30<sup>th</sup> at 6:30 PM Holy Spirit Catholic School



**UNCOVERING SKILLS FOR STRESS RESILIENCE** 

HIGH STRESS, ANXIETY AND DEPRESSION ARE EXPERIENCED BY MILLIONS OF YOUNG PEOPLE. WE FOLLOW PHYSICIAN AND FILMMAKER, DELANEY RUSTON, AS SHE DISCOVERS SOLUTIONS FOR IMPROVED ADOLESCENT WELL-BEING IN THE DIGITAL AGE.

No cost to attend we just ask you sign up here so we can get a rough headcount:

https://www.signupgenius.com/go/8050b4badab2da1f94-screenagers2

For more information check them out at: https://www.screenagersmovie.com/ https://www.facebook.com/ScreenagersMovie/

Click here to RSVP!



Screenagers NEXT CHAPTER (official trailer)



#### Be a part of Field Day...

- HAVE FUN!
- · earn volunteer hours
- help make Field Day a success

Friday, May 15<sup>th</sup> 8 am – 1 pm

Lots of volunteer opportunities!

Sign up here: https://signup.com/go/ntVjvLx

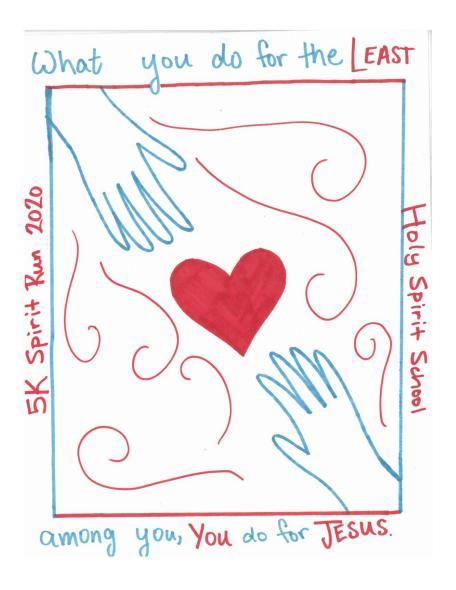
PLEASE NOTE: Parents who volunteer to be coaches <u>must be</u> <u>fully Child Protection Compliant</u> in order to participate in Field Day

Questions? Email Jessica at jessica.a.driscoll@gmail.com

Click here to sign-up to volunteer!

5K Spirit Run!!!!

# May 16, 2020 Lake Accotink Park



## Have you registered yet?

Registration for the race is up and running, as well as information regarding sponsorship.

All of the money raised goes into the Resource
Department to help support the great work that is being
done. Did you know that 10% of the total Holy Spirit
School student body is assisted in some way or another
by our Resource team?

Won't you help?

Message from the Race Coordinator.

Click here to register!

Sponsorship information









# To Benefit The St. Lucy Food Project

Hunger continues to burden many in our diocese. More than 205,000 people in our diocese do not know where their next meal will come from. Our neighbors continue to need our help!

# Blue Bag Food Collection March 14 & 15 | All Masses **Holy Spirit Church**

Pick up your blue St. Lucy food bag in the church narthex beginning March 10th and fill it with non-perishable food items.

The St. Lucy Food Project is in need of the following items: (no glass items please)

- Cooking OilPeanut Butter and
- Jelly
  Canned Pasta
  Canned Meat/Fish
  Canned Fruits and
- Vegetables
   Pasta & Pasta Sauce

Check Donation or Gift Card:
Please consider donating critical (tax deductible) funds on collection day for continued food delivery throughout the year. Write your check to "CCDA" with "Holy Spirit St. Lucy" written in the Memo. Or you can mail check to: "Program Director, St. Lucy Project, 8426-28 Kao Circle, Manassas, VA 20110" if you miss the collection. We also gratefully accept Walmart and Giant gift



For more information, please contact Vince Cannava, Holy Spirit Food Ministry, 571-442-4673 (cell) Holy Spirit Food Ministry, 571-442-4673 (cell)



# 2020 All Saints Car Raffle

# you could win,



# Five 2020 Vehicles plus 20 cash prize drawings!



When you buy a ticket, the parish gets a cut either way!

#### How does my purchase help?

This year's raffle will contribute to providing improvements to the main Sacristy and the large Rectory meeting room.

Many Holy

Spirit winners

Spirit winners

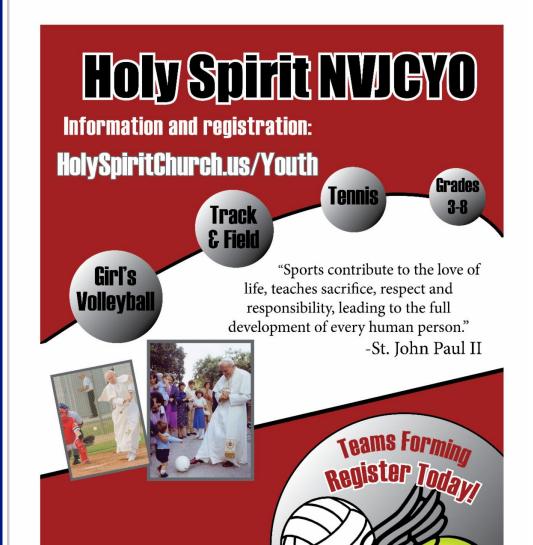
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T cars and cash!!

Only \$5/ticket!
Last Entry Date: Sunday, April 19

For raffle ticket purchases, visit www.holyspiritchurch.us/carraffle2020

Or contact Tom Kennedy at tfkinva@aol.com



**Assistant Coaches Needed!** 

Contact CYO@holyspiritchurch.us

Interested in coaching?

#### Join the Oblates of St. Francis de Sales for

#### Live Jesus 2020

A Lenten Morning of Prayer, Reflection and Fellowship



Saturday, March 21, 2020

Sign-in → Continental Breakfast: 8:00am Program: 9:00 am - 12:45 pm

Our Lady of Good Counsel Church 8601 Wolftrap Road Vienna, VA 22182

Presenters:
Rev. Brian Zumbrum, OSFS
"Seeking Unity by Living Jesus"

Br. Dan Wisniewski, OSFS Sr. Anne Elizabeth Eder, OSFS Ms. Paula M. Riley "Friendship, Foundation, and Family"

Calabration of the Holy Eucharist

Register online: events.ob(ates.org/live-jesus/

# GENDER IDEOLOGY THE CULTURAL CHALLENGE AND CATHOLIC RESPONSE



9:00 REFRESHMENTS 9:30 AM-1:00 P.M. 12:10-1:00 QUESTIONS AND ANSWERS Talks

Gender Revolution: Cultural and Political change Science: the Facts about about sex and Gender Catholic anthropology and the challenges of Gender Ideology



and Public Policy Center in Washington, D.C. She also directs the Catholic Women's Forum, a network of Catholic profes sional women and scholars seeking to amplify the voice of Catholic women in support of human dignity, authentic free and Catholic social teaching.

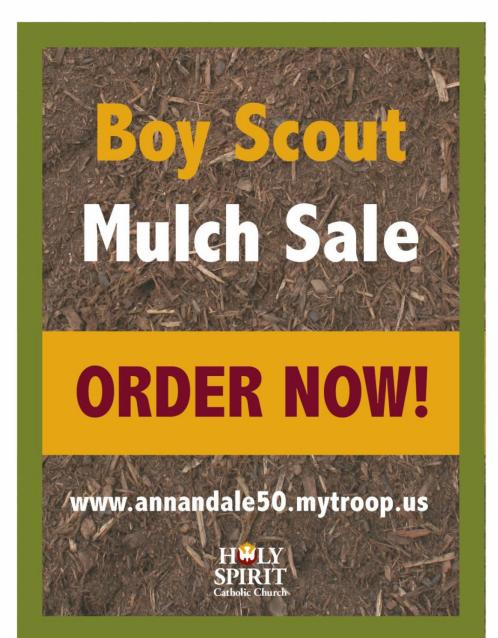
mily, sexual morality, and gender ideology. She has been a synote speaker for the Holy See during the United Nations sion on the Status of Women for the past three years (2019: "Oender Ideology: Ideological Aggression Against Wom-en and Girls" and "Valuing Unpaid Caregiving: The Human Di-mension"; 2018: "The Integral Education of Rural Women and Girls" and 2017: "The Distinctiveness of Women's Work and Women's Empowerment"). She speaks frequently at national, regional, and diocesan conferences and conducts workshops for Catholic parishes and dioceses on sexuality, gender identity, and onstoral care.

Saturday, March 14, 2020 9:00 am -1:00 pm

RSVP is helpful for ordering refreshments but not mandatory

Use the link to RSVP by March 11, 2020

http://bit.ly/Mary31420 Our Lady of Hope Catholic Church Parish Hall 46639 Algonkian Parkway Potomac Falls, VA 20165



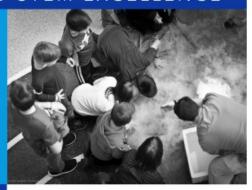




#### **About**

A one-day event to help parents, teachers and industry create future STEM leaders and entrepreneurs by building confidence in students with dyslexia.

The day includes a morning conference of sessions and speakers paired with an afternoon of STEM celebrations. During our STEM Celebrations, children of all ages will get to participate in a variety of STEM activities, engineering challenges, and live demos.



#### **Topics**

- The science of dyslexia
- The STEM dyslexia connection
- Best teaching practices in reading and in STEM fields
- Identifying dyslexia
- Assistive technology
- Evaluating for dyslexia

#### Come Join Us

To register, exhibit, sponsor or speak,

visit www.thedyslexicedge.org



FEB/22-MAR/8 \$5 & \$6 BOXES



PRE-ORDER! EMAIL JANELL CLINE

AJANELLCLINE@GMAIL.COM





# Family Folder Flyers

The following flyers can be found on the website in the folder labeled "February 27, 2020 "(or <u>CLICK HERE</u>). For your convenience, some flyers are repeated.

#### School Flyers:

- 1. Diocesan Tuition Assistance Overview
- 2. Screenagers flyer
- 3. Next Chapter flyer
- 4. Father's Day Mass flyer
- 5. Dr. Seuss Day Flyer
- 6. It's Recorder Time! flyer

#### Parish Flyers:

- 1. Car Raffle flyer
- Car Rame Hyer
   CYO Spring Sports Signups flyer
   Lenten Soup Suppers flyer
   St. Patrick's Day BINGO flyer

- 5. Lenten Food Drive flyer 6. Whiskey Cake Sale flyer

#### Community Flyers:

- 1. Dyslexic Edge Conference flyer
- Boy Scout Mulch Sale Order Form
   Live Jesus 2020 flyer
- 4. Gender Ideology flyer