You're receiving this email because of your relationship with Holy Spirit School. Please <u>confirm</u> your continued interest in receiving email from us. To ensure that you continue to receive emails from us, add <u>mashby@holyspiritflames.org</u> to your address book today. You may <u>unsubscribe</u> if you no longer wish to receive our emails.

### From the Principal's Desk February 20, 2020

#### Quick Links

<u>School</u> <u>Site</u>

<u>School</u> <u>Calendar</u>



#### Holy Spirit School Inspiring Minds / Igniting Hearts 2019 / 2020 "What you do for the least among you, you do for Jesus"

# March is right around the corner and brings lots of "Seuss" fun!

The month of March is right around the corner and for us that brings all things "Seuss"!

On Monday, March 2nd we will celebrate Dr. Seuss Day. Students should wear their usual uniform but may deck it out with "Seuss" accessories (see the flyer below). A couple of activities are planned for the day including some previews of the upcoming Middle School musical, "Seussical". Please see the flyer below for performance information. I hope everyone will make the trip out that night as the students and teachers are pulling together a fabulous show.

The PTO has scheduled three terrific parent/family education events for the coming months. All three events touch on an important topic of conversation that adults and students alike should be having on the role of technology in our lives. The first of these events is on March 7th with a talk by Mr. Peter Ryan on personal technology addiction. Please note that the PTO is looking for folks to preregister for this event.

The second and third events are the films, "Screenagers" and "Next Chapter". We originally showed Screenagers in October of 2017. At the time I recommended to parents that if you have made the decision to provide your child with a device that connects to the internet then you should come as a family to see this film; I stand by that statement today. Children are bombarded with messages and interactions day after day and are not always equipped developmentally to handle the responsibility of having a device or handle what can sometimes be the "fall-out" of social media, video games, group texts/chats, etc. I have put with the flyer below what I had written in 2017 which describes the film in a little bit more depth, as well as the official trailer.

"Next Chapter" is the newest film in this line. Having previewed the film, this one focuses more on anxiety and depression in teenagers and the role that technology plays in the increase in occurrence of diagnosis. I think this film is highly appropriate for the middle school students and of course, for parents of children of any age. Again, the official trailer is attached.

I hope that you will mark your calendars now in order to be able attend both of these very worthwhile films.

Please remember that Wednesday, February 26th is Ash Wednesday and the beginning of the Lenten season. We will be going to Mass that morning as opposed to our usual Friday Mass.

The end of the second trimester is March 13th. This is a great time to be certain that all missing assignments are addressed. The parent portal will close on March 10th.

Our annual celebration of Fathers is schedule for March 20th. The Feast of St. Joseph is the day prior and our own celebration is way to recognize the importance of the strong male figures in the lives of our children. Please see the flyer below for information.

For those applying for tuition assistance for the 2020/2021 academic year, the deadline is March 18th. Information regarding tuition assistance may be found at the end of the newsletter in the Family Folder section, as well as, on the school website.

If you notice a beleaguered look on the faces of the faculty these days, it is, in part, due to the fact that we are continuing to diligently complete the DFE self-study requirements. The faculty members spend a tremendous number of hours outside of school to pull together needed "evidence" and attend meetings so that we put our very best foot forward. Please continue to keep all of us in your prayers as we work to prepare for the Visiting Team at the end of March.

This is a rather long newsletter this week, please be sure to scroll all the way through to the end.

#### Academic Year 2020/2021

Just in case you missed it last week...

The Office of Catholic Schools has solidified the start date for the upcoming

year. The first school day for ALL students will be Wednesday, August 26th; this will be an 11:30 am dismissal for all students and Extended Day will be open.

I am hopeful to turn my full attention to next year's calendar as soon as we have completed our DFE preparations and will push important dates out to everyone at that point.

## -Maureen Ashby

Principal

One more to go! The last hot cocoa day of the year will be next Tuesday, February 25th.

Thank you to all who have supported this "sweet" event.

All proceeds will go to Catholic Charities.



# Calling All Hot Cocoa Lovers...

By Popular request, the Student Council will be hosting their first ever Hot Chocolate sale! Bring \$.50 to your lunch time on Tuesday, February 11, Tuesday, February 18, and Tuesday, February 25 and you will be part of the fun! The proceeds will go to the Winter Fundraiser. \*all made without milk

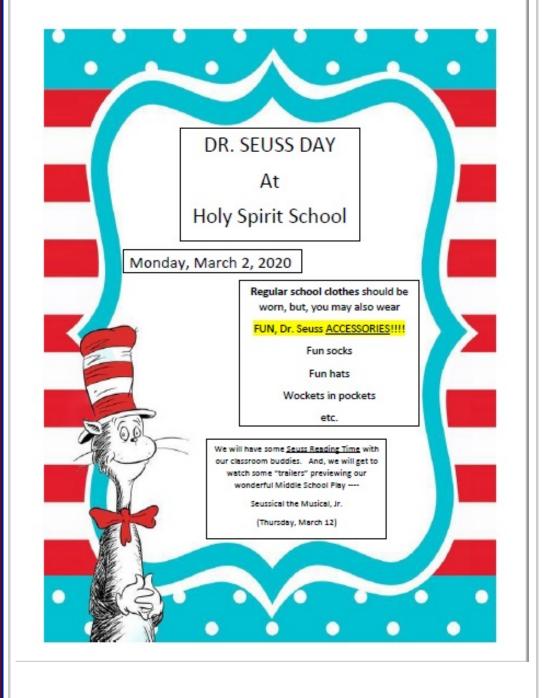
# **YOU DON'T WANT TO MISS IT!**



The musical is in need of the following props:

Gavel 17 Stuffed Animals - Circus Lounge beach chair Basket for egg Mops for Mr. Mayer and Mrs. Mayer Plastic colored saxophone Water gun Black Halloween gown/costume Bright colored scarf Fake snow

If you are able to donate anything, please contact Mr. Toussaint.





# Please join the Holy Spirit School Community for a Mass in Celebration of Fathers

March 20, 2020 9:00am

Our school day will begin at 9:00am in the church. Dads and children are welcome to meet us there. If Dads are unable to attend, children are welcome to invite uncles, big brothers, or adopt one of their friend's Dads with a prior note from their parents. If not coming at 9:00am we will be glad to receive the children at the regular 8:00 school time. Receptions will follow mass in your children's classrooms.

### Sponsored by the PTO

# PERSONAL TECHNOLOGY ADDICTION SEMINAR

presented by Peter Ryan



# Saturday, March 7 6:30-8pm

Peter Ryan is a Catholic husband and father of four who is in the process of founding LookUp4Life, a non-profit organization focused on spreading awareness regarding the negative impact of excess personal technology use (video games, social media, pornography), particularly on the youngest generations.

#### CLICK HERE TO SIGNUP.



The Holy Spirit PTO is proud to show <u>SCREEN AGERS: Growing up in the Digital</u> <u>Age</u> April 23<sup>rd</sup> at 6:30 PM Holy Spirit Catholic School

An award-winning film that probes into the vulnerable corners of family life and depicts messy struggles over social media, video games and academics. The film offers solutions on how we can help our kids navigate the digital world.

#### No cost to attend we just ask you sign up here so we can get a rough headcount:

https://www.signupgenius.com/go/8050B4BADAB2DA1F94-screen



For more information check them out at: https://www.screenagersmovie.com/ https://www.facebook.com/ScreenagersMovie/

From 2017...

I've had several inquiries from parents regarding the screening of the film Screenagers so I thought I would address many of the questions here. First, let me say that I do believe this is a worthwhile film for all parents to view regardless of how old your children are currently. The film does not just look at cell phone usage (although that is a big part of the film content) but also delves into video game usage. There is a small but powerful segment on cyber bullying and on the impact of children making poor choices in sending private information and pictures via their phones and what can happen when that content does not stay private. There is quite a bit of "science" in the film in terms of the results of studies of the brain, etc.

With regard to student viewing, I will always defer to parents in knowing the maturity level of their student but more importantly, you as parents know what conversations you have already begun with your children. I do believe that all middle school students would benefit from seeing the film. For those

parents who have already begun conversations about online behavior with their 5th graders - especially those who already possess cell phones - I would suggest the film for them. This is a film that I would have had my own children see in 5th grade if I had the opportunity because as a family we had already begun some of those conversations despite the fact that my children were not provided a cell phone until the middle of 8th grade.

Probably the most difficult discussion in the film is with regard to a young woman sending a private photo of herself to a boy and what resulted when he decided to make that picture public. There is nothing graphic shown but the young woman does discuss how she felt when she went to school and the cruel reactions she received from many. It is a small part of the film - maybe five minutes.



SCREENAGERS (Official Trailer)

The Holy Spirit PTO is proud to show SCREEN AGERS: The Next Chapter

> April 30<sup>th</sup> at 6:30 PM Holy Spirit Catholic School



#### **UNCOVERING SKILLS FOR STRESS RESILIENCE**

HIGH STRESS, ANXIETY AND DEPRESSION ARE EXPERIENCED BY MILLIONS OF YOUNG PEOPLE. WE FOLLOW PHYSICIAN AND FILMMAKER, DELANEY RUSTON, AS SHE DISCOVERS SOLUTIONS FOR IMPROVED ADOLESCENT WELL-BEING IN THE DIGITAL AGE.

# No cost to attend we just ask you sign up here so we can get a rough headcount:

https://www.signupgenius.com/go/8050b4badab2da1f94-screenagers2

For more information check them out at: https://www.screenagersmovie.com/ https://www.facebook.com/ScreenagersMovie/



Screenagers NEXT CHAPTER (official trailer)



# Friday, May 15<sup>th</sup> 8 am – 1 pm

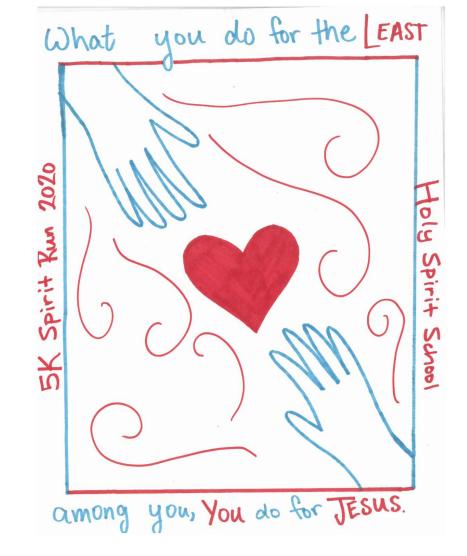
Lots of volunteer opportunities! Sign up here: <u>https://signup.com/go/ntVjvLx</u>

PLEASE NOTE: Parents who volunteer to be coaches <u>must be</u> <u>fully Child Protection Compliant</u> in order to participate in Field Day

Questions? Email Jessica at jessica.a.driscoll@gmail.com

# **<u>Click here to sign-up to volunteer!</u>**

5K Spirit Run!!!! May 16, 2020 Lake Accotink Park



### Have you registered yet?

Registration for the race is up and running, as well as information regarding sponsorship.

All of the money raised goes into the Resource Department to help support the great work that is being done. Did you know that 10% of the total Holy Spirit School student body is assisted in some way or another by our Resource team?

Won't you help?

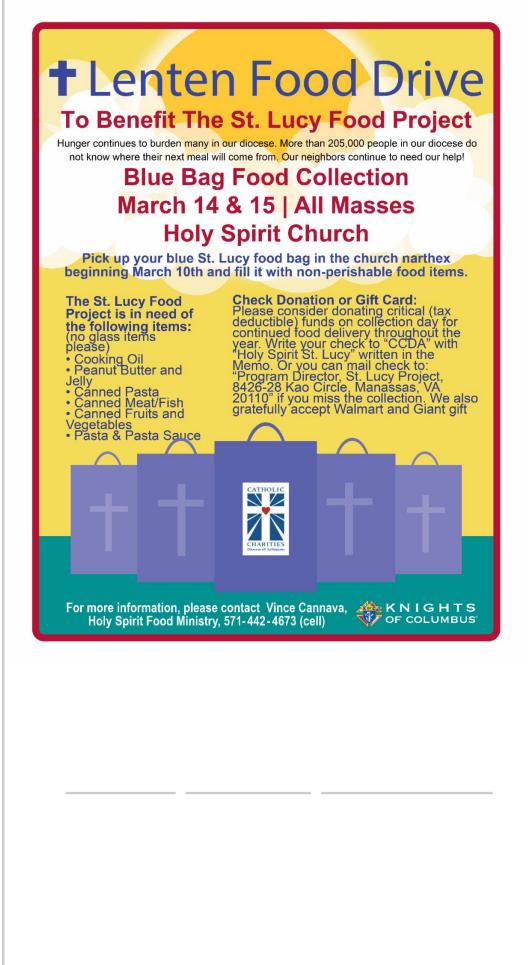
<u>Message from the Race Coordinator.</u>

<u>Click here to register!</u>









# **2020 All Saints Car Raffle**

# You could wing



## Five 2020 Vehicles plus 20 cash prize drawings!



Many Haly

Spirit winners over the years-

cars and cash!!

When you buy a ticket, the parish gets a cut either way!



### How does my purchase help?

This year's raffle will contribute to providing improvements to the main Sacristy and the large Rectory meeting room.



For raffle ticket purchases, visit www.holyspiritchurch.us/carraffle2020 Or contact Tom Kennedy at tfkinva@aol.com





#### About

A one-day event to help parents, teachers and industry create future STEM leaders and entrepreneurs by building confidence in students with dyslexia.

The day includes a morning conference of sessions and speakers paired with an afternoon of STEM celebrations. During our STEM Celebrations, children of all ages will get to participate in a variety of STEM activities, engineering challenges, and live demos.

#### Topics

- The science of dyslexia
- The STEM dyslexia connection
- Best teaching practices in reading and in STEM fields
- Identifying dyslexia
- Assistive technology
- Evaluating for dyslexia



Come Join Us

PATHWAYS TO STEM EXCELLENCE

To register, exhibit, sponsor or speak,

visit www.thedyslexicedge.org



FEB/22-MAR/8 \$5 & \$6 BOXES



PRE-ORDER! EMAIL JANELL CLINE

AJANELLCLINE@GMAIL.COM





## Family Folder Flyers

The following flyers can be found on the website in the folder labeled "February 20, 2020 "(or <u>CLICK HERE</u>). For your convenience, some flyers are repeated.

School Flyers:

- 1. Student Council Hot Cocoa Sale flyer
- 2. Yearbook Ordering flyer
- 3. Diocesan Tuition Assistance Overview
- 4. Players Soccer Academy Spring session flyer
- 5. Screenagers flyer
- 6. Next Chapter flyer
- 7. Father's Day Mass flyer

8. Dr. Seuss Day Flyer

Parish Flyers:

1. Car Raffle flyer

2. Chili Dinner flyer

3. CYO Spring Sports Signups flyer

Lenten Soup Suppers flyer
St. Patrick's Day BINGO flyer

6. Lenten Food Drive flyer

Community Flyers:

1. Dyslexic Edge Conference flyer

2. Boy Scout Mulch Sale Order Form