

Field Day 2015

Friday, May 15th

Hello HSS Parents and Students,

Here is what you need to know about Field Day.

Team assignments will be revealed to the students on the Friday morning in their homeroom, **Field Day T-shirts**, provided by the PTO will be distributed to each student at that time.

Students should wear their PE uniforms and comfortable running shoes. Keep in mind they will get wet and possibly dirty.

Students may bring a **labeled** hat and sunglasses.

We will have two water stations with cups. However, students may bring a reasonably sized, labeled water bottle to protect them against the threat of dehydration. Please do not bring anything other than water, as it may attract bees.

Apply sunscreen to your student **before they come to school**, sunscreen containers are not allowed at school.

Please ensure that your children eat an appropriate breakfast to prepare them for a day of physical activity.

Medical Conditions: In the event that your child is currently suffering from some type of temporary physical disability or injury, or currently wearing or using any assistive device they will not be allowed to compete on Field Day. Other accommodations will be made for the students. Those who suffer from allergies should take into consideration we will be outside most of the day. We will be providing popsicles during morning break, Dominos Pizza and water for lunch and ice cream sandwiches during the afternoon, any student who is allergic to any of these items should bring their own snacks/lunch.

Field Day goes RAIN OR SHINE, so we will see you on Friday, May 15th.

Let the games begin and the GOOD SPORTSMANSHIP SHINE!

Joan Gregas (Physical Education)
Anna T. Vu (PTO Chair of Field Day)