



HELP THOSE IN PRISON BY BAKING COOKIES

The KAIROS Prison Ministry will be offering a Christian retreat starting on October 18. Catholic Charities' Prison Ministry needs cookies to offer to the inmates who attend.

▶ **Our parish goal is 50 dozen
homemade cookies.** ◀

Please contact Marsha Zamperini at
marsha.zamperini@gmail.com or
703-323-8860 to volunteer!

**Note that, because of the many restrictions of the prison,
we can only accept cookies that follow their guidelines:**

- Cookie types that are generally acceptable are: oatmeal, peanut butter, molasses, and chocolate chip.
- All cookies must be between 2 and 2 1/2 inches in diameter and no more than 1/2 inch thick.
- There can be no icing, sugar, or any other type of coating on the outside of the cookies.
- Do not add any type of fruit or nuts to the cookies; chocolate chips are allowed.
- Cookies must be bagged in quart-sized zip-lock bags, one dozen cookies per bag.
- Label each bag with the type of cookie.

Cookies that do not meet these requirements will be rejected.

Volunteers should contact Marsha Zamperini by October 10.
Recommended cookie recipes are also available.

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