

**"The spiritual lives of our families are strengthened through our Holy Hour."  
(St. John Paul II)**



## *Holy Hours*

Mon, Wed, Fri: 7-8pm

Adoration Fri: 8pm - Sat: 9am

MWF Confessions: 7-8pm

## *Eucharistic Adoration*

Come spend an hour with Me.

Eucharistic Adoration is *being* in His presence and *receiving* His peace and Love.

For more info, [adoration@holyspirtchurch.us](mailto:adoration@holyspirtchurch.us)