

Sponsored by the Knights of Columbus

# Council Free Throw Competition



**Sunday, January 21<sup>st</sup>**  
**7:30 pm**  
**School Gym**

A free competition for boys and girls, ages 9-14. Each contestant competes by shooting free throws. Winners in each category receive a plaque and are advanced to District competition. All contestants receive a certificate. For more information, contact Mike Poumade at [poumade@prodigy.net](mailto:poumade@prodigy.net) or 703-425-8769.

**HOLY**  
**SPIRIT**  
Catholic Church