

From the Principal's Desk



September 29, 2022



Holy Spirit School ***Inspiring Minds/Igniting Hearts*** **2022/2023** **"Joy"**

Explosions of Fun!





As a part of their Social Studies curriculum and the study of landforms, the 5th grade classes built volcanoes! They were joined by one of the 8th grade homerooms as Mrs. Bush and Mr. Thieman added the "ingredients" for them to explode.

It was a great activity on this chilly Fall morning and a great example of the collaboration of teachers and the opportunities for students across grade levels to spend time together.

Sometimes as parents we are looking for topics about our Faith to discuss with our children. As a part of Holy Spirit's commitment to partnering with families to teach the Faith, I am happy to provide the "Partners in Faith" newsletter as a resource. Each month a newsletter with tidbits of information and conversation pieces will be provided. I hope you find the information and format useful as we all continue our own faith journey.



Thoughtful Moments

Don't be too busy

At the end of your life, you are not going to think, "Boy, I wish I had worked more." You are going to long for more time with your spouse, your child, or your family. A child needs the undivided attention of his or her parent for some time each day. Don't be so busy that you miss even one special moment with yours.

St. Francis

One of the most cherished of all saints is St. Francis of Assisi, the founder of the Friars Minor. On his feast day, October 4, many parishes offer a blessing of the animals during which you can bring your pet for a special blessing in his honor. St. Francis rejoiced in all of God's creation.



Parent love

When we give love to our children, they learn to give love to others. When we give them unconditional love, we give them the courage to overcome their natural self-absorption and become sacrificial in their love - just as Jesus intends.



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A good friend attracts good friends

A child's friends can make the difference between reinforcing the good habits we teach in the home or introducing bad habits we have to fight.

Rather than policing our youngsters' group of friends, parents will do better to equip children to choose healthy, wholesome friendships. Encourage children to look for:

Common interests: Youngsters bond over shared interests. Help yours develop healthy pursuits: music, sports, art, dance, etc. Working together to develop their God-given talents gives them a common focus and identity.

Common values: "He who [honors] God behaves accordingly, and his friend will be like himself" (Sirach 6:17). We tend to become like the company we

keep. Involve children in church youth group or community outreach where they will meet others who share the values you taught them.

Considerate:

Authentic love is willing the good of the other (John 15:13). Encourage children to look for others who are kind, considerate, and dependable.

Virtuous:

The best friendships bring out the best in us. St. Gregory

Nazianzen credited his sanctity to his

friendship with St. Basil the Great: "[We] spurred each other on to virtue." Good friends make it easier to do the right thing.

Mutually returned: Part of having good friends is being a good friend. If someone is consistently good and kind, they'll attract the same kind of people.



Why Do Catholics Do That?

There's a tradition that each person is assigned an angel to protect him or her and guide them to everlasting life, even if they aren't Christian (Catechism of the Catholic Church (CCC), 336).



Why do Catholics believe we have Guardian Angels?

"See that you do not despise one of these little ones; for I tell you that in heaven their angels always behold the face of my Father who is in heaven" (Matthew 18:10). The protection of the angels is one way that God exercises care for us.

[Click here for the complete Partner in Faith newsletter for the month of October](#)



PARENTS IN STEM NEEDED!

MISS STEVENSON INVITES PARENTS
WITH CAREERS IN STEM TO SPEAK
TO HER TECHNOLOGY CLASSES
ABOUT THEIR CAREER AND THEIR
JOURNEY.

VOLUNTEERS NEEDED FOR THE TIMES:

**OCT 31 9:45-11:15 (2 CONSECUTIVE
CLASS PERIODS)**

OCT 31 12:00-12:45 (1 CLASS PERIOD)

***BE ON THE LOOKOUT FOR MORE
DATES IN TRIMESTER 2&3!***

For interested volunteers, please go to Connect1
to register for a time slot.

Email Miss Stevenson with any questions:
estevenson@holyspiritflames.org

A reminder that Friday, September 30 is a professional development day for teachers and thus a NO school day for students. Extended Day is NOT open.

Interims for Trimester 1 are scheduled to go home on October 7th for students in grades 3-7. Not all students receive interims, please check the Parent/Student Handbook for details.

The month of October brings lots of fun events from Boosterthon to the Student Council sponsored Spirit Week to our annual Ton of Love food drive to Trunk or Treat. Be sure to watch for details about all of the events!

-Maureen Ashby

Holy Spirit School PTO



Upcoming Events:

October 3 – Health Screenings
October 17 – Boosterthon
October 18, 6:30pm – PTO Meeting
<https://holyspiritflames.zoom.us/j/87077053723?pwd=SkJiMEdsWHcvKzdVZC9qN09GdlgrZz09>
Meeting ID: 870 7705 3723 Passcode: 483688
October 28 – Trunk or Treat

PTO Meeting: The October PTO meeting will be held virtually (link above). It is a great opportunity to learn about upcoming events, meet fellow parents, and to get involved. The meeting attendance counts towards the PSSC hours.

Homeroom Parent Volunteers: We have a GREAT opportunity to earn all 20 PSSC hours and spend quality time with your child. The following classes are looking for Home Room Parents to assist the teacher in making this school year the best yet. Planning parties, communicating important information, and working closely with your child's teacher are just a few of the benefits. If you do not see your child's teacher on this list and are interested, please contact ptohomeroomcoordinator@holyspiritflames.org.

4th - Rathod – 1

6th - Ferguson – 1

7th - Del Canto – 1

Recess Duty: Sign up for recess duty opportunities is now available through:
<https://app.connect1.io/volunteers/ta43kmlw3>.

Ongoing Fundraisers:

Mabels Labels https://mabelslabels.com/en_US/fundraising/support/

BoxTops Download App, scan your receipt; Referral code: **A7RD91XB**

Connect1:

Parents, please update your child's grade in Connect1 so the PTO can finish setting up homerooms. Also, please match all names with the school registration information and use the nicknames block for your students' nicknames. If you signed up last year you still must update your child's grade. All Pre-K should be listed at Pre-K4. If you need more assistance with Connect 1 you can either contact Tom Fields at PTOPSSC@holyspiritflames.org or visit <https://app.connect1.io/volunteers/gmgujg6pp>

ARE YOU READY?

**For Boosterthon?!!
Coming Soon!
October 17 - October 25th**

PTO Board 2022 - 2023

President - Christine Ploschke - PTOPresident@holyspiritflames.org

Vice President - **Vacant** - PTOVP@holyspiritflames.org

Treasurer - Danielle Hetzler - PTOTreasurer@holyspiritflames.org

Secretary - Lee Conroy - PTOSecretary@holyspiritflames.org

Volunteer Coordinator - Mary Sonnen - PTOVPMembership@holyspiritflames.org

Fundraising Coordinator - Toni O'Neill - PTOVDevelopment@holyspiritflames.org

Homeroom Parent Coordinator - Valerie Overstreet - PTOHomeroomCoordinator@holyspiritflames.org

Volunteering

Please remember that you must be fully compliant with the Child Protection policies of the Diocese in order to perform recess duty and to volunteer in activities where students are present.

Parish Happenings!

Family Oktoberfest is Coming!

Brotwurst, Knockwurst, Frankfurters, Hamburgers, Sauerkraut, German Potato Salad, Big Soft Pretzels, German Desserts, Sodas, Assorted Beers*
 *Charge for Beer only, Food Complimentary



DJ Deacon Malcom's Polka Music
7:15 pm - Family Movie
Saturday, October 22, 2022
6 to 9 pm
Holy Spirit School Gym

 HOLY Spirit CATHOLIC CHURCH

Come as you are.

YOU ARE WELCOME HERE

Make authentic connections with other women | Learn more about God

Join us for **Keeping in Balance** where we'll explore Biblical ideas for managing life's pace and pressure while living with calm and steadiness. Your lifestyle of health and holiness awaits.



Holy Spirit Parish Center
 Monday mornings, 9:45-11 am
 OR Thursday evenings, 7-8:30 pm
holyspiritchurch.us/www

Questions? Contact Dawn at
www@holyspiritchurch.us

 walking with purpose
www.walkingwithpurpose.com

Community Happenings!

2022 BISHOP IRETON CHEER CLINIC



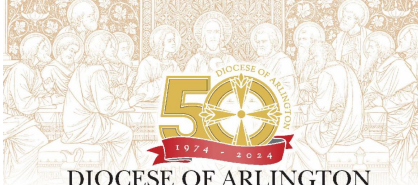
Spend an unforgettable day learning cheerleading and performing with the 2016 - 2022 Christian Cheerleaders of America National Grand Champion BISHOP IRETON CHEERLEADERS!

WHO: Girls 11-18th Grade (No experience necessary!)
WHEN: Saturday, October 8, 2022 9:00AM - 3:30PM (Game starts at 1:00PM)
 The Clinic concludes with a halftime performance during the Varsity Football Game
WHERE: Bishop Ireton High School Gym, 201 Cambridge Road, Alexandria, VA, 22314
COST: \$60 - Cost includes t-shirt, hair bow, lunch & performance at halftime with the Varsity Cheerleaders!! Bring your friends and your cameras!! Don't miss out on this amazing experience!!
REGISTER: Register and pay online at www.bishopireton.org/cheerclinic or fill out the form below & mail to:
 Bishop Ireton Cheer Clinic
 201 Cambridge Rd.,
 Alexandria, VA 22314
ATTN: CHEERLEADING CLINIC
 Questions? Please email: bccheerclinic@hotmail.com
COME JOIN US FOR THE FUN!

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Name: _____
 School & Grade: _____
 Phone #: _____ Parent email: _____
 Emergency Contact: _____ Phone #: _____
 Insurance Company & ID#: _____
 Please list any food allergies: _____
 T-shirt Size: YS AS Referring Cheerleader: Sam Guillaran
 If you wish to pay by check, please make payable to Bishop Ireton High School and write "Cheer Clinic" in the memo line.

Spots are limited - so don't delay and sign up today!



DIOCESE OF ARLINGTON

1974-2024




EUCCHARISTIC SYMPOSIUM

with **Most Reverend Charles J. Chaput, O.F.M. Cap.**
Archbishop Emeritus of Philadelphia
SATURDAY, OCTOBER 22
CATHEDRAL OF SAINT THOMAS MORE
 3901 Cathedral Lane, Arlington, VA 22203


9:00 - 9:45 a.m. HOLY MASS IN CATHEDRAL
 Celebrant: BISHOP BURBIDGE | Homilist: ARCHBISHOP CHAPUT
 Coffee Break in Burke Hall
 10:30 a.m. REFLECTION BY ARCHBISHOP CHAPUT
 11:30 a.m. - 12:15 p.m. ADORATION AND BENEDICTION
 Dismissal

LIMITED SEATING CAPACITY. Please respond as soon as possible via the link below
arlingtondiocese.org/eucharistic-symposium



YEAR ONE: REMEMBER
"Do this in remembrance of me."
 Remembering the past with gratitude
FOCUS: THE REAL PRESENCE OF JESUS IN THE EUCHARIST AND THE MEANING OF THE MASS

Learn more at
JUBILEE.ARLINGTONDIOCESE.ORG



FAMILY FOLDER

The following flyers may be found in the folder labeled "September 29, 2022" on the website. For your convenience, some flyers are repeated.



School Flyers:

1. 8th Grade Luncheons with Youth Ministry flyer
2. Parents with STEM Careers flyer
3. Partners in Faith (October) newsletter

Parish Flyers:

1. Walking With Purpose flyer
2. Oktoberfest flyer

Community Flyers:

1. Diocese of Arlington - Eucharistic Symposium flyer
2. BI Cheer Clinic flyer