

From the Principal's Desk

August 15, 2019

Quick Links

[School Site](#)

[School Calendar](#)



Holy Spirit School
Inspiring Minds / Igniting Hearts
2019 / 2020

"What you do for the least among you, you do for Jesus"

Excited to welcome our new faculty!

Every day we are just a bit closer to the start of the new year!

Today we had the pleasure of officially welcoming our new faculty; they are excited to be here and looking forward to meeting your children.

All of the renovation work in bathrooms and library is close to completion and hallways are getting a fabulous new coat of wax.

The entire faculty and staff will be together on Monday - bring on the new year!

Child Protection Compliance

With regard to Child Protection Compliance, I cannot stress enough the importance of parents and guardians being compliant. Without having participated in both the background check process and the Virtus seminar you cannot volunteer for school functions where the children are present.

NOTE: THIS ALSO INCLUDES RECESS DUTY AS WE NO LONGER HAVE ANY TYPE OF WAIVER FOR THIS.

If you have not completed the requirements to be Child Protection Compliant, I highly encourage you to begin now. Check the school website under the *Current Families Resources* tab for the pertinent information as the Diocese rolled out a new procedure for volunteers this Summer.

If you are unsure if you are compliant, you may email Mrs. Laclede and she can check for you (llaclede@holyspiritflames.org).

-Maureen Ashby

Principal

Schedule for Grades 1-8

Monday, August 26th:

- First Day of School
- 11:30 am dismissal
- Morning Care Opens (please enter via Exit 11)
- Extended Day Opens (please pick up in the cafeteria)

Tuesday, August 27th - Thursday, August 29th:

- Regular 3:15 pm dismissal
- NO hot lunches served; all students must have a bag lunch

Friday, August 30th:

- 9:00 am Mass
 - 11:30 am dismissal
 - NO afternoon Extended Day
-

Schedule for Kindergarten

Monday, August 26th:

- 8:30 am Parent only meeting

Tuesday, August 27th:

- First day for kindergarten students
- Morning Care available (drop off via Exit 11)

- 11:30 am dismissal
- NO afternoon Extended Day

Wednesday, August 28th and Thursday, August 29th:

- Full days - regular 3:15pm dismissal
- Morning Care available (drop off via Exit 11)
- NO hot lunches served - all students must have a bag lunch
- Extended Day available (pick up via Exit 11)

Friday, August 30th:

- 9:00 am Mass
- 11:30 am dismissal
- NO afternoon Extended Day

Schedule for PreKindergarten

Monday, August 26th:

- 9:30 am Parent only meeting

Tuesday, August 27th:

- Parent and student orientation
- 9:00 - 9:45 am Students with last name A-L
- 10:00 - 10:45 am Students with last name M-Z

Wednesday, August 28th:

- First day for Prekindergarten
- Morning Care available (drop off via Exit 11)
- 11:30 am dismissal for ALL students
- No afternoon Extended Day available

Thursday, August 29th:

- Full day with regular 3:15 pm dismissal
- Morning Care available
- NO hot lunches served - all students must have a bag lunch
- Afternoon Extended Day available (pickup via Exit 11)

Friday, August 30th:

- 9:00 am Mass
 - 11:30 am dismissal
 - NO afternoon Extended Day
-



NEW FAMILY ICE CREAM SOCIAL

Wednesday, August 21st
7:00pm

The PTO cordially invites all new Holy Spirit families (parents and children) to an ice cream social. Come and meet some of our current families and PTO Executive Board members, and get a little "leg up" before the start of the school year. There will be a used uniform sale that night for new families.

Used Uniform Sale

**open to ALL Holy Spirit Families*

FRIDAY, AUGUST 23
1:00- 3:00 PM
(DURING
OPEN HOUSE)

All items \$5. Cash and check accepted.



Headphone/Earbuds

All Holy Spirit students will need a personal set of headphones/earbuds throughout the year for use in the computer lab and with the Chromebooks and iPads.

For health purposes we are requesting that all students provide their own headphones/earbuds.

Parents may choose the device based on comfort for your child.

Please though do not purchase overly expensive equipment. Earphones/earbuds should be brought the first day of school in a clear plastic Ziploc bag with the student's name clearly written on the bag.

*Note that the better choice for the younger students is headphones as the earbuds do not tend to fit correctly and fall out.

We are striving for 100% family participation!

~SAVE THE DATE~

BACK TO THE 80S

Dinner & Dance

HOLY SPIRIT AUCTION 2019



NOVEMBER 2, 2019



Dear Families,

Big changes are coming to the Box Tops for Education Program, and you're the first to know!

Over the summer, you'll begin to see some participating brands change their packaging from the traditional Box Tops clip to the new Box Tops label.



SEE THIS...
CLIP IT



SEE THIS...
SCAN YOUR RECEIPT

Going forward, instead of clipping from packages and checking expiration dates, all Box Tops will be earned digitally by scanning your receipt. The Box Tops for Education team is hard at work building a NEW-and-improved, user-friendly Box Tops mobile app that will be ready this summer.

The new app will feature state-of-the-art technology that allows you to scan your store receipt, find participating products and instantly add Box Tops to our school's earnings online.

**WHEN THE NEW APP LAUNCHES, BE SURE TO
DOWNLOAD IT OR UPDATE YOUR EXISTING APP:**



As we mentioned above, some brands have already started to update their packaging in advance. Until the new app launches, if you see the new Box Tops label on packages, you can use the current Box Tops Bonus App to earn Box Tops for that product. Simply download the app, select the bonus offer for the product you've purchased and scan your receipt to earn.

If you still have traditional Box Tops clips at home, be sure to send them to school. We will still earn cash for all clipped Box Tops until they expire. Better yet, once the new app launches, you can "double dip" during the packaging transition by clipping the traditional Box Tops AND scanning your store receipt containing participating products.

Thanks for helping our school get what it needs!

**LEARN MORE ABOUT THESE CHANGES AT
[BTFE.COM/SNEAKPEEK](https://www.btfec.com/sneakpeek)**

ROBOTICS CLUB

Holy Spirit School will start a Robotics Club for the 2019-2020 school year. The club will meet in the Computer Lab after school once a week for one hour. During each of the trimesters, students will be able to sign up for eight sessions. Students will learn to build and program a working robot.

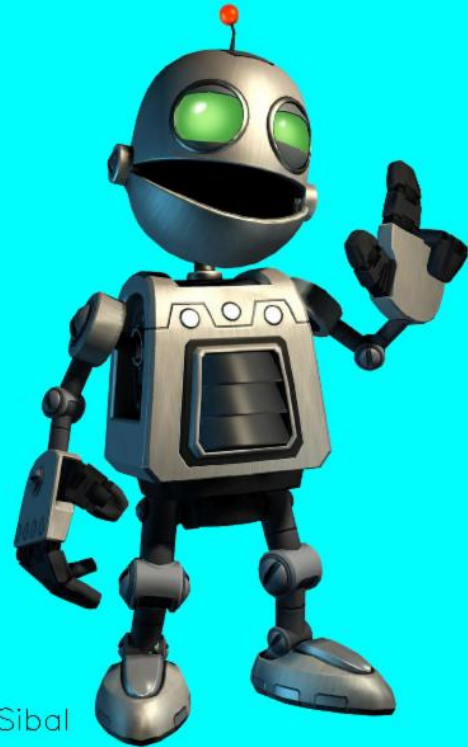
Spaces are limited to 20 students.
Cost is \$250 for 8 sessions.

Grades 3&4
Wednesday
(3:20PM-4:20PM)

Please see the school calendar for actual dates.

Grades 5-8
Tuesday
(3:20PM-4:20PM)

To sign up email Benny Sibal
bsibal@holyspiritflames.org



Holy Spirit Chess and Coding Clubs



Sponsored by the Holy Spirit PTO



Chess Club is taught by experienced Silver Knights instructors using a curriculum developed by National Masters. Each weekly session is a mix of learning and play. Playing chess is a great way to develop a child's critical thinking skills, sportsmanship, and patience — all while having fun!

Chess Club Details:

- ◆ All grades and skill levels welcome.
- ◆ Dates: Club meets every Monday that school is in session starting on 10/21 and ending on 12/16.
- ◆ Time: 3:20-4:20 PM
- ◆ Club located at Holy Spirit
- ◆ All equipment provided.
- ◆ Club will not meet on 11/11.
- ◆ A make-up day, if necessary, will be on 1/6.
- ◆ Tuition: \$120 for 8 weeks.



In **Coding Club**, design your own video games in the Game Design: Mazes and Monsters unit. Using Scratch 3 digital tools, create your own maze games, platformers, and side scrollers. Use the Silver Knights Curriculum to learn how to code and then add more excitement to your games with amazing graphics, sounds, game add-ons like leveling up, gravity variables, and scores! Level up!

Coding Club Details:

- ◆ Grades 2 & up — only 12 spots available!
- ◆ Dates: Club meets every Thursday that school is in session starting on 10/17 and ending on 12/12.
- ◆ Time: 3:20-4:20 PM
- ◆ Club located at Holy Spirit
- ◆ All computers and equipment provided.
- ◆ Club does not meet 11/28.
- ◆ A make-up day, if necessary, will be on 12/19.
- ◆ Tuition: \$180 for 8 weeks.

TO REGISTER, VISIT: www.skenrichment.com

To request scholarships or financial aid, please visit our website.

Questions? Email: Info@skenrichment.com or call: 703.574.2070




The Players Sports Academy

AFTER SCHOOL SPORTS ACADEMY



Holy Spirit School

 **Sept. 11th - Oct. 30th**
Soccer Academy

8 week sessions

3:15 pm - 4:15 pm Directly After School

Kindergarten - 4th Grade

\$120

Register Online at ThePSASports.com

Watch The
PSA Video



SCAN ME

Admin@thepsasports.com

www.ThePSASports.com

Follow us on
Facebook and
Instagram
[@PSASPORTS](https://www.instagram.com/PSASPORTS)

FROM THE NATIONAL CATHOLIC
EDUCATION ASSOCIATION

School, Supplies, Schedules and Sleep....

WHEN DID IT GET TO BE AUGUST? When did all the school supply sales start? How did the summer break slip away so quickly?

These are just a few of the sentiments you may be feeling as you look at the calendar and realize that depending on what part of the country you live in, the school year seems to be starting earlier and earlier. Across the country Catholic schools, public schools and private schools are opening anywhere from the last week of July through just after the Labor Day holiday in September. That means that parents need to start planning now on how to get their kids and their families back into the routine of school schedules and ready for a positive start to the 2019-2020 school year.

There are such a wide range of emotions for both parents and kids surrounding the start of a new school year - everything from relief to depression, fear to excitement, anxiety to the thrill of the unknown - and that applies to teachers also! But there are some great

strategies for families to use in getting their students ready for success and sharing a positive attitude about the return to school. NCEA would like to share some of these ideas with you for different age levels of students that may be anticipating the start of school just around the corner - kindergarten, elementary, middle school and high school.

These first three suggestions are common for every age group:

1. Two weeks before the start of school - begin to adjust sleep schedules to match what it will be once school starts.
2. Begin to disconnect electronic devices and set limits for online usage. Make sure phones are not in your students' bedrooms throughout the night. Charge them in your room or a central, open location.
3. Re-establish the home routine - times to check in with parents, food for snacks, location of book bags each evening, homework time and keeping track of the calendar of their events.



Kindergarten Students:

1. School supply list purchased together and set up a homework space for your newest student.
2. Shared reading routines and expectations can be set for evening shared time.
3. Visit the school and walk through the process of what the before and after school routine will be; how to ask to go to the bathroom and what to expect during the day from the teacher and classmates.

Elementary School

1. Create a homework/study space with their new school supplies.
2. Evening reading routine of favorite stories/authors based on your child's interests.
3. Re-establish house routines: where things go when you come home from school - paperwork that needs parent attention to a common location for backpacks and after school snacks.

Middle School

1. With your child, organize school supplies, a study space and talk about what goal or goals he or she might have set for this school year.
2. Check the uniform supplies and review the school dress code together.
3. Reacquaint family and students with the family activity calendar by setting up a once a week family meeting night to talk about the upcoming week of activities, commitments and events.

High School

1. Set goals for this school year (academic, activity and social) - how will you define success?
2. Re-establish house routines, rules and scheduling for family and kid's activities.
3. What academic/faith-based extras do you want to be part of your experience this year? Service hours, mission trips, college applications, college visits, extra-curricular events, internships - have you planned ahead for time, finances and academic impact?

These are what most experts consider the most important strategies to implement for a smooth start to the new school year. There are three faith foundational concepts to also consider for this school year: praying together as a family and Mass attendance, sharing your love, pride and dreams for your students and being positive about their school opportunities and experiences. With a little planning prior to the first day, it could create a great start to an exciting new school year - although some tweaks to the family schedule and re-establishing school routines should be a conscious effort before the first day sneaks up on you.

Contributed By Kitty Quinn

Office of Catholic Schools, Diocese of Columbus



2019 © NCEA PARENT NEWS is published monthly by the National Catholic Educational Association, 1005 N. Glebe Road, Suite 525, Arlington, VA 22201. www.NCEA.org.

(Downloadable version below in Family Folder Flyers section)

Holy Spirit NVJCYO

Information and registration:
HolySpiritChurch.us/Youth

Fall Sports

Cross Country

Tennis

Grades 3-8

"Sports contribute to the love of life, teaches sacrifice, respect and responsibility, leading to the full development of every human person."

-St. John Paul II



Assistant Coaches Needed!
Interested in coaching?
Contact CYO@holyspirtchurch.us

St. Lucy, pray for us!

Children's Summer Blue Bag Food Collection

to benefit the St. Lucy Food Project

Hungry children are home for the summer and are not able to get the usual free lunches at school. Demand for food increases in the summer; The St. Lucy Food Pantry network must respond.

Pick up your blue food bag in the church narthex beginning August 10th and fill it with non-perishable food items.

**Blue Bag Food Collection
August 17 & 18 | All Masses
Holy Spirit Church**

The St. Lucy Project is in need of the following items:

1 Peanut Butter and 2 Jellies
Canned Chicken and Tuna
Canned Ravioli
Breakfast Cereal (can be used for all meals)
Children's Snacks
Granola Bars
Pudding
Non-Perishable Juices
Shelf Stable Chocolate Milk
Apple Sauce
Raisins

It costs 86 cents a lb. to transport food to the poor in over 50 locations. Check Donations are gratefully appreciated. Please mail a check in the pre-addressed envelope provided with the blue bag (or bring it to the truck with your bag). Please make checks payable to "CCDA" with "The St. Lucy Food Project" in the memo of the check. Thank you!

For more information about the drive, please contact
Vince Cannava, Holy Spirit Food Ministry, 571-442-4673 (cell)





Saturday, September 7
6:45 AM - 11:45 AM

INOVA Blood Donor Services
Holy Spirit School

Make your lifesaving appointment today!

Contact:

• Dick Cecka (703) 978-8435
or giveblood@holyspirtchurch.us

• Chris Cecka (703) 250-2122
or cmcecka@yahoo.com

Photo ID required. Allow one hour for donor visit.
Double up! Donate on ALYX.


**HOLY
SPIRIT**
Catholic Church

Rain or
shine!

Parish Picnic & Open House

Free!
All Are
Welcome

Rain or shine!

Please bring a
dish to share:

A-R: Salads/Sides
S-Z: Desserts

Picnic Food &
Activities Include:
Burgers & Hot Dogs,
Soda, Cotton Candy,
Snow Cones,
Moonbounce,
Inflatable Obstacle
Course, Face Painting,
Scouts Obstacle
Courses
and more!

Side Dish Potluck



Sunday, September 8

1-4pm

Front Lawn

Don't
forget
your
lawn
chairs

**HOLY
SPIRIT**
Catholic Church

Many volunteers needed, youth and adult.
Click on the gold "Volunteer" button on the home page
of the website: www.holyspintchurch.us





Short and Sweet

The Offices of Youth Ministry and Religious Education would like to invite all parents of youth in grades 6-12 to come and learn more about our vibrant and growing programs. This is an opportunity for you to meet the Directors of Youth Ministry and Religious Education, other parents and to learn more about what Holy Spirit has to offer your children. This evening is for all parents. Want to know what your kids are so excited about? Come see for yourself! Please, come and join us!

Coffee and Desserts

Wednesday, September 11 in the School Building
7:30-9:00p.m.

Please RSVP to:
youthministry@holyspiritchurch.us
by Tuesday, Sept 10



Celebrate!

PRIESTHOOD SUNDAY

Sign up for a day to intentionally pray for
our parish priests!

Let's fill their year with our prayers!

Your name will appear in a calendar
that will be given to our priests on Sept. 29th,
Priesthood Sunday. Sign up at:

HolySpiritChurch.us

(select the gold "volunteer" button)

Religious Education and Youth Ministry are joining forces to




We are looking for people to be part of the mission
Do you like working with teens?



Sign up at www.holyspiritchurch.us/conquerteensforchrist

Adult Volleyball Nights
Competitive Pick-up Games
Monday Nights
(March 11th - October 28th)
7:30-9:00 pm
School Gym
18 and older



Family Folder Flyers

The following flyers can be found on the website in the folder labeled "August 15, 2019 "(or [CLICK HERE](#)). For your convenience, some flyers are repeated.

School Flyers:

1. Welcome Back Letter 2019
2. 2019/2020 School Supply List
3. NCEA Parent Newsletter
4. Robotics Club
5. Silverknights Chess and Coding Clubs
6. Players Soccer Academy

Parish Flyers:

1. St. Lucy Food Project
2. Parish Picnic & Open House
3. Priesthood Sunday
4. Adult Volleyball Nights
5. Blood Drive
6. CYO Sports Sign-ups
7. Short and Sweet flyer
8. Conquer flyer

Community Flyers:
