

CelebrateCalm™.com

Stop Defiance, Disrespect & Yelling

with America's Calm Coach Kirk Martin & his son, Casey

Perfect for
parents with
kids ages 2-22.

FREE
Workshop!



Kirk will demonstrate 10 ways to:

- Get your kids to listen the first time.
- Stop defiance, disrespect and yelling.
- Stop whining, tantrums and sibling fights.
- Get kids off video games/screens without a fight.
- Create stress-free mornings, homework time and bedtime.

Monday, April 1st
6:30pm – 8:30pm
School Gym

“Practical, relevant and laugh-out-loud funny”

For information, contact
PTOpresident@holyspiritflames.org
or visit holyspiritflames.org



Holy Spirit
CATHOLIC SCHOOL

Inspiring Minds | *Igniting Hearts*