



**Saturday, September 7**  
**6:45 AM - 11:45 AM**

**INOVA Blood Donor Services**  
**Holy Spirit School**

**Make your lifesaving appointment today!**

**Contact:**

- Dick Cecka (703) 978-8435  
or [giveblood@holyspiritchurch.us](mailto:giveblood@holyspiritchurch.us)
- Chris Cecka (703) 250-2122  
or [cmcecka@yahoo.com](mailto:cmcecka@yahoo.com)

Photo ID required. Allow one hour for donor visit.  
Double up! Donate on ALYX.